



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **NATURES FLOW LIMITED**

*Company Number:* **05124839**

*Date of this return:* **11/05/2013**

*SIC codes:* **74901**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **68 LAWRENCE ROAD  
SOUTHSEA  
HAMPSHIRE  
PO5 1NY**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MRS IVY ELIZABETH**

*Surname:* **CASEY**

*Former names:*

*Service Address:* **68 LAWRENCE ROAD  
SOUTHSEA  
HAMPSHIRE  
PO5 1NY**

*Company Director*    ***1***

*Type:*                                **Person**  
*Full forename(s):*                **BARRY JOHN**

*Surname:*                                **YOUNG**

*Former names:*

*Service Address:*                        **68 LAWRENCE ROAD  
SOUTHSEA  
HAMPSHIRE  
PO5 1NY**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **17/11/1955**                                *Nationality:*    **BRITISH**  
*Occupation:*    **ENVIRONMENTAL AUDITOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>
<i>Prescribed particulars</i>			
<b>ORDINARY VOTING SHARES</b>			

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

## Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 11/05/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1 ORDINARY shares held as at the date of this return**  
*Name:* **IVY ELIZABETH CASEY**

*Shareholding 2* : **99 ORDINARY shares held as at the date of this return**  
*Name:* **BARRY JOHN YOUNG**

## Authorisation

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.