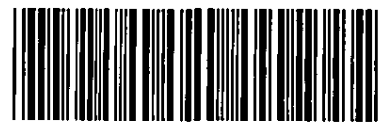


COMPANY REGISTRATION NUMBER 5020670

HELPING HANDS HCS LTD
ABBREVIATED ACCOUNTS
31st JANUARY 2009

TUESDAY



ARJDWDV1

A22

06/10/2009

154

COMPANIES HOUSE

BRODERICKS
Chartered Accountants
1 Heslington Court
Heslington
York
YO10 5EX

HELPING HANDS HCS LTD

ABBREVIATED ACCOUNTS

YEAR ENDED 31st JANUARY 2009

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HELPING HANDS HCS LTD

ABBREVIATED BALANCE SHEET

31st JANUARY 2009

	Note	2009 £	£	2008 £	£
FIXED ASSETS	2				
Tangible assets			1,723		1,723
CURRENT ASSETS					
Debtors		37,996		22,579	
Cash at bank and in hand		<u>1,910</u>		<u>-</u>	
		39,906		22,579	
CREDITORS: Amounts falling due within one year		<u>40,862</u>		<u>29,031</u>	
NET CURRENT LIABILITIES			<u>(956)</u>		<u>(6,452)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>767</u>		<u>(4,729)</u>
CAPITAL AND RESERVES					
Called-up equity share capital	3		1		1
Profit and loss account			<u>766</u>		<u>(4,730)</u>
SHAREHOLDERS' FUNDS/(DEFICIT)			<u>767</u>		<u>(4,729)</u>

The director is satisfied that the company is entitled to exemption from the provisions of the Companies Act 1985 (the Act) relating to the audit of the financial statements for the year by virtue of section 249A(1), and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The director acknowledges her responsibility for:

- (i) ensuring that the company keeps proper accounting records which comply with section 221 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 226, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part VII of the Companies Act 1985.

These abbreviated accounts were approved and signed by the director and authorised for issue on Friday, 25 September 2009.


 MRS D CHESTER

The notes on pages 2 to 3 form part of these abbreviated accounts.

HELPING HANDS HCS LTD

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31st JANUARY 2009

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year.

Fixed assets

All fixed assets are initially recorded at cost.

Depreciation

Depreciation is calculated so as to write off the cost of an asset over the useful economic life of that asset as follows:

Equipment	-	25% straight line
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HELPING HANDS HCS LTD

NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31st JANUARY 2009

1. ACCOUNTING POLICIES *(continued)*

Pension costs

The company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the company. The annual contributions payable are charged to the profit and loss account.

2. FIXED ASSETS

	Tangible Assets £
COST	
At 1st February 2008 and 31st January 2009	<u>2,925</u>
DEPRECIATION	
At 1st February 2008	<u>1,202</u>
At 31st January 2009	<u>1,202</u>
NET BOOK VALUE	
At 31st January 2009	<u>1,723</u>
At 31st January 2008	<u>1,723</u>

3. SHARE CAPITAL

Authorised share capital:

	2009 £	2008 £
1 Ordinary shares of £1 each	<u>1</u>	<u>1</u>

Allotted, called up and fully paid:

	2009 No	£	2008 No	£
Ordinary shares of £1 each	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>