

**Registered Number 04966757**

**ESSEX EXPRESS INDUSTRIAL SUPPLIES LIMITED**

**Abbreviated Accounts**

**31 January 2014**

**Abbreviated Balance Sheet as at 31 January 2014**

	<i>Notes</i>	<i>2014</i>	<i>2013</i>
		£	£
<b>Fixed assets</b>			
Tangible assets	2	642	812
		<u>642</u>	<u>812</u>
<b>Current assets</b>			
Stocks		1,000	1,000
Debtors		31,425	36,189
Cash at bank and in hand		11,905	9,880
		<u>44,330</u>	<u>47,069</u>
<b>Creditors: amounts falling due within one year</b>		<u>(25,974)</u>	<u>(26,687)</u>
<b>Net current assets (liabilities)</b>		<u>18,356</u>	<u>20,382</u>
<b>Total assets less current liabilities</b>		<u>18,998</u>	<u>21,194</u>
<b>Total net assets (liabilities)</b>		<u>18,998</u>	<u>21,194</u>
<b>Capital and reserves</b>			
Called up share capital		999	999
Profit and loss account		17,999	20,195
<b>Shareholders' funds</b>		<u>18,998</u>	<u>21,194</u>

- For the year ending 31 January 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 25 February 2014

And signed on their behalf by:

**D Henderson, Director**

**Notes to the Abbreviated Accounts for the period ended 31 January 2014****1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**2 Tangible fixed assets**

	£
<b>Cost</b>	
At 1 February 2013	3,829
Additions	584
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2014	<u>4,413</u>
<b>Depreciation</b>	
At 1 February 2013	3,017
Charge for the year	754
On disposals	-
At 31 January 2014	<u>3,771</u>
<b>Net book values</b>	
At 31 January 2014	<u><u>642</u></u>
At 31 January 2013	<u><u>812</u></u>

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