

NOURISH CONTRACT CATERING LIMITED

UNAUDITED

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 AUGUST 2015

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13/05/2016

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COMPANIES HOUSE

NOURISH CONTRACT CATERING LIMITED
REGISTERED NUMBER: 04953033

ABBREVIATED BALANCE SHEET
AS AT 31 AUGUST 2015

	Note	£	2015	£	£	2014	£
FIXED ASSETS							
Tangible assets	2			253,378			46,495
Investments				1			-
				<u>253,379</u>			<u>46,495</u>
CURRENT ASSETS							
Stocks		5,000				2,000	
Debtors		389,972				316,813	
Cash at bank		126,077				92,812	
		<u>521,049</u>				<u>411,625</u>	
CREDITORS: amounts falling due within one year				<u>(422,114)</u>		<u>(288,316)</u>	
NET CURRENT ASSETS				98,935			123,309
TOTAL ASSETS LESS CURRENT LIABILITIES				<u>352,314</u>			<u>169,804</u>
CREDITORS: amounts falling due after more than one year	3			<u>(111,877)</u>			<u>-</u>
NET ASSETS				<u>240,437</u>			<u>169,804</u>
CAPITAL AND RESERVES							
Called up share capital	4			100			100
Profit and loss account				<u>240,337</u>			<u>169,704</u>
SHAREHOLDERS' FUNDS				<u>240,437</u>			<u>169,804</u>

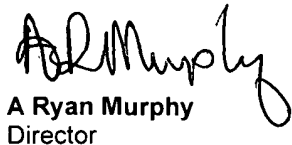
The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 31 August 2015 and of its profit for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

NOURISH CONTRACT CATERING LIMITED

**ABBREVIATED BALANCE SHEET (continued)
AS AT 31 AUGUST 2015**

The abbreviated accounts, which have been prepared in accordance with the provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, were approved and authorised for issue by the board and were signed on its behalf on 10 March 2016.



A Ryan Murphy
Director

The notes on pages 3 to 4 form part of these financial statements.

NOURISH CONTRACT CATERING LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2015

1. ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2 Turnover

Turnover comprises revenue recognised by the company in respect of goods and services supplied during the year, exclusive of Value Added Tax and trade discounts.

1.3 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	-	1% straight line
Motor vehicles	-	25% straight line
Fixtures and fittings	-	33.33% straight line
Office equipment	-	50% straight line

1.4 Investments

Investments held as fixed assets are shown at cost less provision for impairment.

2. TANGIBLE FIXED ASSETS

	£
Cost	
At 1 September 2014	84,094
Additions	239,471
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At 31 August 2015	323,565
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Depreciation	
At 1 September 2014	37,599
Charge for the year	32,588
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At 31 August 2015	70,187
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Net book value	
At 31 August 2015	253,378
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At 31 August 2014	46,495
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NOURISH CONTRACT CATERING LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 AUGUST 2015

3. CREDITORS:

Amounts falling due after more than one year

The mortgage is repayable over 10 years from November 2014 at an interest rate of 4.75%.

The mortgage is secured by a fixed charge over the company property.

4. SHARE CAPITAL

	2015 £	2014 £
Allotted, called up and fully paid		
100 Ordinary shares of £1 each	100	100
	<u>100</u>	<u>100</u>