RUNNING BARE TRADING LIMITED ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2009

REGISTRAR OF COMPANIES





L45 29/01/2010 COMPANIES HOUSE

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ABBREVIATED BALANCE SHEET

AS AT 31 MARCH 2009

		20	2009		08
	Notes	£	£	£	£
Fixed assets					404 004
Tangible assets	2		70,299		101,261
Current assets					
Stocks		114,966		80,848	
Debtors		85,563		44,157	
Cash at bank and in hand		75,772 			
		276,301		125,005	
Creditors: amounts falling due wit	thin	(176 340)		(133,896)	
one year		(176,349)		(100,000)	
Net current assets/(liabilities)			99,952		(8,891)
Total assets less current liabilities	5		170,251		92,370
Creditors: amounts falling due aff	er				
more than one year			(211,966)		(266,636)
			(41,715) ———		(174,266) ———
Capital and reserves					
Called up share capital	3		500		500
Profit and loss account	-		(42,215)		(174,766)
Shareholders' funds			(41,715)		(174,266)

ABBREVIATED BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2009

In preparing these abbreviated accounts:

- (a) The director is of the opinion that the company is entitled to the exemption from audit conferred by Section 249A(1) of the Companies Act 1985;
- (b) No notice has been deposited under Section 249B(2) of the Companies Act 1985, and
- (c) The director acknowledges his responsibilities for:
 - i) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985, and
 - (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

Approved by the Board for issue on 26 January 2010

A Stiefel Director

Company Registration No. 04943540

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2009

Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Lease & leasehold renovations	20% straight-line basis
Shop fittings & display	20% straight-line basis
Computers & website	33.3% straight-line basis
Fixtures, fittings & equipment	20% straight-line basis

1.5 Foreign currency translation

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. All differences are taken to profit and loss account.

Tangible

2 Fixed assets

	assets
	£
Cost	202,258
At 1 April 2008	
Additions	18,756
At 31 March 2009	221,014
Depreciation	100,996
At 1 April 2008	
Charge for the year	49,719
At 31 March 2009	150,715
Net book value	70 200
At 31 March 2009	70,299
At 31 March 2008	101,261
	

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2009

3	Share capital	2009 £	2008 £
	Authorised 1,000 Ordinary of £1 each	1,000	1,000
	Allotted, called up and fully paid 500 Ordinary of £1 each	500	500