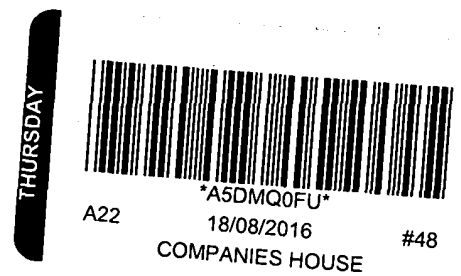


Registration number 04933728

**A.F.M. Complementary Therapies Ltd**  
**Directors' report and financial statements**  
**for the year ended 5 April 2016**



## **A.F.M. Complementary Therapies Ltd**

### **Company information**

Directors	Anne Mansbridge
Secretary	Mr R Morris
Company number	04933728
Registered office	Unit 20 Hopewell Business Centre 105 Hopewell Drive Chatham Kent ME5 7DX
Accountants	Walderslade Accounting Services Ltd Unit 20 Hopewell Business Centre 105 Hopewell Drive Chatham Kent ME5 7DX
Business address	53 Marshall Grove South Lanarkshire Hamilton ML3 8NL

## **A.F.M. Complementary Therapies Ltd**

### **Contents**

	<b>Page</b>
Directors' report	<b>1</b>
Accountants' report	<b>2</b>
Profit and loss account	<b>3</b>
Balance sheet	<b>4 - 5</b>
Notes to the financial statements	<b>6 - 9</b>

**A.F.M. Complementary Therapies Ltd**

**Directors' report  
for the year ended 5 April 2016**

The directors present their report and the financial statements for the year ended 5 April 2016.

**Principal activity**

The principal activity of the company is a complementary therapists.

**Directors**

The directors who served during the year are as stated below:

Anne Mansbridge

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

This report was approved by the Board on 15 August 2016 and signed on its behalf by



**Mr R Morris**  
**Secretary**

**A.F.M. Complementary Therapies Ltd**

**Accountants' report on the unaudited financial statements to the directors of  
A.F.M. Complementary Therapies Ltd**

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 5 April 2016 set out on pages 3 to 9 and you consider that the company is exempt from an audit. In accordance with your instructions we have compiled these unaudited financial statements, in order to assist you to fulfil your statutory responsibilities, from the accounting records and information supplied to us.



**Walderslade Accounting Services Ltd**  
**Chartered Secretaries**  
**Unit 20**  
**Hopewell Business Centre**  
**105 Hopewell Drive**  
**Chatham**  
**Kent ME5 7DX**

Date: 15/8/2016

**A.F.M. Complementary Therapies Ltd**

**Profit and loss account  
for the year ended 5 April 2016**

		<b>2016</b>	<b>2015</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>Turnover</b>	<b>2</b>	15,608	15,955
Cost of sales		<u>(887)</u>	<u>(803)</u>
<b>Gross profit</b>		14,721	15,152
Administrative expenses		<u>(14,297)</u>	<u>(15,242)</u>
<b>Profit/(loss) on ordinary activities before taxation</b>		424	(90)
Tax on profit/(loss) on ordinary activities <b>5</b>		<u>-</u>	<u>150</u>
<b>Profit for the year</b>		424	60
Retained profit brought forward		11,584	12,524
Reserve Movements		<u>(1,100)</u>	<u>(1,000)</u>
<b>Retained profit carried forward</b>		<u><u>10,908</u></u>	<u><u>11,584</u></u>

**The notes on pages 6 to 9 form an integral part of these financial statements.**

**A.F.M. Complementary Therapies Ltd**

**Balance sheet  
as at 5 April 2016**

		<b>2016</b>		<b>2015</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed assets</b>					
Intangible assets	7		8,400		9,450
<b>Current assets</b>					
Cash at bank and in hand		3,110		2,736	
		<u>3,110</u>		<u>2,736</u>	
<b>Creditors: amounts falling due within one year</b>	9	<u>(600)</u>		<u>(600)</u>	
<b>Net current assets</b>			<u>2,510</u>		<u>2,136</u>
<b>Total assets less current liabilities</b>			10,910		11,586
<b>Net assets</b>			<u>10,910</u>		<u>11,586</u>
<b>Capital and reserves</b>					
Called up share capital	10		2		2
Profit and loss account			10,908		11,584
<b>Shareholders' funds</b>			<u>10,910</u>		<u>11,586</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

**The notes on pages 6 to 9 form an integral part of these financial statements.**

**A.F.M. Complementary Therapies Ltd**

**Balance sheet (continued)**

**Directors' statements required by Sections 475(2) and (3)  
for the year ended 5 April 2016**

For the year ended 5 April 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

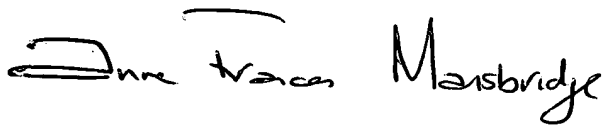
- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

These accounts were approved by the directors on 15 August 2016, and are signed on their behalf by:

**Anne Mansbridge**  
**Director**

**Registration number 04933728**

  
13 August 2016.

**The notes on pages 6 to 9 form an integral part of these financial statements.**

## **A.F.M. Complementary Therapies Ltd**

### **Notes to the financial statements for the year ended 5 April 2016**

#### **1. Accounting policies**

##### **1.1. Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

##### **1.2. Turnover**

Turnover represents the total invoice value, excluding value added tax, of sales made during the year.

##### **1.3. Goodwill**

Acquired goodwill is written off in equal annual instalments over its estimated useful economic life of 20 years.

##### **1.4. Deferred taxation**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more, tax, with the following exceptions:

Provision is made for tax on gains arising from the revaluation (and similar fair value adjustments) of fixed assets, and gains on disposal of fixed assets that have been rolled over into replacement assets, only to the extent that, at the balance sheet date, there is a binding agreement to dispose of the assets concerned. However, no provision is made where, on the basis of all available evidence at the balance sheet date, it is more likely than not that the taxable gain will be rolled over into replacement assets and charged to tax only where the replacement assets are sold;

Provision is made for deferred tax that would arise on remittance of the retained earnings of overseas subsidiaries, associates and joint ventures only to the extent that, at the balance sheet date, dividends have been accrued as receivable;

Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted.

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date.

#### **2. Turnover**

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK.

# **A.F.M. Complementary Therapies Ltd**

## **Notes to the financial statements for the year ended 5 April 2016**

..... continued

<b>3. Operating profit/(loss)</b>	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
Operating profit/(loss) is stated after charging:		
Depreciation and other amounts written off intangible assets	<u>1,050</u>	<u>1,050</u>
<b>4. Directors' remuneration</b>		
	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
Remuneration and other benefits	<u>10,682</u>	<u>10,165</u>
<b>5. Tax on profit/(loss) on ordinary activities</b>		
<b>Analysis of charge in period</b>	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
<b>Current tax</b>		
Adjustments in respect of previous periods	<u>-</u>	<u>(150)</u>
<b>6. Dividends</b>		
<b>Dividends paid and proposed on equity shares</b>		
	<b>2016</b>	<b>2015</b>
	<b>£</b>	<b>£</b>
Paid during the year:		
Equity dividends on Ordinary shares	<u>1,100</u>	<u>1,000</u>
	<u>1,100</u>	<u>1,000</u>

**A.F.M. Complementary Therapies Ltd**

**Notes to the financial statements  
for the year ended 5 April 2016**

..... continued

**7. Intangible fixed assets**

	<b>Goodwill £</b>	<b>Total £</b>
<b>Cost</b>		
At 6 April 2015	21,000	21,000
At 5 April 2016	21,000	21,000
<b>Amortisation</b>		
At 6 April 2015	11,550	11,550
Charge for year	1,050	1,050
At 5 April 2016	12,600	12,600
<b>Net book values</b>		
At 5 April 2016	8,400	8,400
At 5 April 2015	9,450	9,450

**8. Tangible fixed assets**

	<b>Fixtures, fittings and equipment £</b>	<b>Total £</b>
<b>Cost</b>		
At 6 April 2015	1,468	1,468
At 5 April 2016	1,468	1,468
<b>Depreciation</b>		
At 6 April 2015	1,468	1,468
At 5 April 2016	1,468	1,468
At 5 April 2016	-	-
At 5 April 2015	-	-

**9. Creditors: amounts falling due  
within one year**

	<b>2016 £</b>	<b>2015 £</b>
Accruals and deferred income	600	600

**A.F.M. Complementary Therapies Ltd**

**Notes to the financial statements  
for the year ended 5 April 2016**

..... continued

<b>10. Share capital</b>	<b>2016 £</b>	<b>2015 £</b>
<b>Authorised</b>		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
<b>Allotted, called up and fully paid</b>		
2 Ordinary shares of £1 each	<u>2</u>	<u>2</u>
<b>Equity Shares</b>		
2 Ordinary shares of £1 each	<u>2</u>	<u>2</u>