

Please complete in typescript, or in bold black capitals.

AUX39Q16

COMPANIES HOUSE

Form April 2002

0572

14/11/03

288a

DX 33050 Cardiff

DX 235 Edinburgh

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHFP000		of particulars (use Form 288c))						
	Company Number	4928085						
Соі	mpany Name in full	ALCHEM HEALTHCARE LTD						
		Day Month Year Day Month Year						
	Date of appointment	1 5 1 0 2 0 0 3 Birth 0 4 0 7 1 9 6 1						
	Appointment as director	as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.						
Notes on completion appear on reverse.	NAME *Style / Title	MR *Honours etc						
	Forename(s)	MARK JOHN						
	Surname	PENDOWER						
	Previous Forename(s)	Previous Surname(s)						
tt Tick this box if the address shown is a	^{††} Usual residential address	89 TATTENHAM WAY						
service address for the beneficiary of a Confidentiality Order	Post town	TADWORTH Postcode KTZO SNE						
granted under the provisions of section 723B of the Companies Act 1985	County / Region	SURREY Country UK						
	†Nationality	BRITISH TBusiness occupation CHARTEREN SURVEYO						
(ac	†Other directorships dditional space overleaf)	SEE ATTACHED I consent to act as ** director / secretary of the above named company						
	Consent signature	Date 15/10/03						
* Voluntary details. † Directors only. **Delete as appropriate Signed You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the		A director, secretary etc must sign the form below.						
		Date 15/10/03						
		(***a directory//secretary / administrator / administrative receiver / receiver manager / receiver) -						
form. The contact	information that you	Tel						
		DX number DX exchange						
A20 COMPANIES I	#A65UNDC5# 0194 10USE 25/11/03	When you have completed and signed the form please send it to the Registrar of Companies at:						

Companies House, Crown Way, Cardiff, CF14 3UZ

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in England and Wales

for companies registered in Scotland

	Company Number	-	 		
Directors only.	†Other directorships		 		
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NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

MARK JOHN PENDOWER

DIRECTORSHIPS @ October 2003

Company	Resigned			
Oak Green Estates Ltd				
Cedarmarsh Ltd				
Leisure Express (UK) Ltd (formerly Greenwich Falcon Ltd)	Nov 02			
Spreadsheet Solutions L d				
Greenwich Estates Ltd				
Investment Property Forum Ltd	June 01			
CH Workspace Ltd	Sept 03			
Central & Western Ltd	March 00			
First & Last Cornwall Ltd	March 00			
Cambridge Capital Forecasting Ltd	Company Struck off			
	13/12/99			