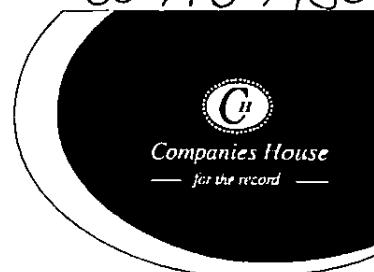


009109/30

Company Name  
**PILATES BY PHILIPPA LIMITED**

# 363s Annual Return



Company Type  
**Private Company Limited By Shares**  
 Company Number  
**4896313**  
 Information extracted from  
 Companies House records on  
**4th September 2007**

- > Please check the details printed in the "Current details" column
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column
- > Please complete in black ink and

## Section 1: Company details

THURSDAY



A56 \*ACBM3T4J\* 365  
 20/09/2007  
 COMPANIES HOUSE

Ref 4896313/09/28

|  | Current details  | Amended details  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
|--|--|--|-------------|------|-------------------------------|------|--------------------------------|------|---------------------------------|--|----------|-------------|-------|----------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| > Registered Office Address<br><i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column</i>     | <b>26 Wilford Lane</b><br><b>West Bridgford</b><br><b>Nottingham</b><br><b>Nottinghamshire NG2 7QX</b>   | Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| > Register of Members<br><i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column</i>           | <b>Address where the Register is held</b><br><br><b>At Registered Office</b>   | Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| > Register of Debenture Holders<br><i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column</i> | <b>Not Applicable</b>  | Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| > Principal Business Activities<br><i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column</i> | <table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>8514</td> <td>Other human health activities</td> </tr> <tr> <td>9304</td> <td>Physical well-being activities</td> </tr> <tr> <td>9305</td> <td>Other service activities n.e.c.</td> </tr> </tbody> </table> | SIC Code   | Description | 8514 | Other human health activities | 9304 | Physical well-being activities | 9305 | Other service activities n.e.c. | <table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>_____</td> <td><u>PILATES INSTRUCTION</u></td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </tbody> </table> | SIC CODE | Description | _____ | <u>PILATES INSTRUCTION</u> | _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| SIC Code   | Description  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| 8514   | Other human health activities  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| 9304   | Physical well-being activities   |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| 9305   | Other service activities n.e.c.  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| SIC CODE   | Description  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| _____  | <u>PILATES INSTRUCTION</u>   |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| _____  | _____  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| _____  | _____  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| _____  | _____  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| _____  | _____  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| _____  | _____  |  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |
| > Please enter additional principal activity code(s) in "Amended details" column<br>See notes for guidance for list of activity codes                          |  | _____<br>_____<br>_____  |             |      |                               |      |                                |      |                                 |  |          |             |       |                            |       |       |       |       |       |       |       |       |       |       |

## Section 2: Details of Officers of the Company

|   | Current details  | Amended details  |
|---|--|--|
| <b>&gt; Company Secretary</b><br><i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column</i><br><br><i>Particulars of a new Company Secretary must be notified on form 288a</i> | <b>Name</b><br><b>Patricia Pauline KEERY</b><br><br><b>Address</b><br><b>Castleton</b><br><b>Church Lane South Muskham</b><br><b>Newark</b><br><b>Nottinghamshire</b><br><b>NG23 6EQ</b>   | <b>Name</b><br><br><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985<br><b>Address</b><br><br><br><br><b>UK Postcode</b> _ _ _ _ _<br><b>Date of change</b> _ _ / _ _ / _ _ _ _<br><b>Date Patricia Pauline KEERY</b><br><b>ceased to be secretary (if applicable)</b><br>_ _ / _ _ / _ _ _ _  |
| <b>&gt; Director</b><br><i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column</i><br><br><i>Particulars of a new Director must be notified on form 288a</i>                   | <b>Name</b><br><b>Philippa Jane BURNETT</b><br><br><b>Address</b><br><b>Trent Cottage Off Peets Drive</b><br><b>North Muskham</b><br><b>Newark</b><br><b>Nottinghamshire</b><br><b>NG23 6HG</b><br><br><b>Date of birth</b> 06/09/1963<br><br><b>Nationality</b> British<br><br><b>Occupation</b> Pilates Instructor | <b>Name</b><br><br><input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985<br><b>Address</b><br><br><br><br><b>UK Postcode</b> _ _ _ _ _<br><b>Date of birth</b> _ _ / _ _ / _ _ _ _<br><b>Nationality</b> _____<br><b>Occupation</b> _____<br><b>Date of change</b> _ _ / _ _ / _ _ _ _<br><b>Date Philippa Jane BURNETT</b><br><b>ceased to be director (if applicable)</b><br>_ _ / _ _ / _ _ _ _ |

**Issued share capital details**

> Please fill in the details of total share capital by class (eg ordinary, preference etc) that has been issued to the company's shareholders

Class of Share

ORDINARY

Number of shares issued

100

Aggregate Nominal Value of issued shares

\$100

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

> Please fill in the total number of issued shares and their total nominal value

Number of shares issued

Aggregate Nominal Value of issued shares

**List of past and present members** (Tick appropriate box)

> Please complete the required information on the attached schedules or in another format agreed by Companies House

- ☒ There were no changes during the period  
☐ A list of changes is enclosed  
☐ A full list of members is enclosed

The last full list of members was received on: 11/09/2006

**> REMEMBER:**

**Changes** to shareholder particulars or details of shares transferred to be **completed each year**  
 A full list of shareholders is required with the first and every third Annual Return thereafter  
 List shareholders in alphabetical order or provide an index  
 List joint shareholders consecutively

**Section 4: Details of New Shareholders and Transfers (A) (ii)**

- > Please fill in details of any persons or corporate bodies who have become shareholders since the last annual return
- > Please fill in details of any persons or corporate bodies that have transferred shares since the last annual return
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company
- > Please copy this page if there is not enough space to enter all the company's current shareholders

| Shareholders details  | Class and number of shares or amount of stock held | Class and number of shares or amount of stock transferred (If appropriate) | Date of registration of transfer (If appropriate) |
|---|--|--|---|
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |  |  |   |
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |  |  |   |
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |  |  |   |
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |  |  |   |

**Section 4B: Details of Former Shareholders**

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred
- > Please copy this page if there is not enough space to enter all the company's former shareholders

| Former shareholders details   | Class and number of shares or amount of stock transferred | Date of registration of transfer |
|---|---|----------------------------------|
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |   |                                  |
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |   |                                  |
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |   |                                  |
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |   |                                  |
| Name<br>_____<br>Address<br>_____<br>_____<br>_____<br>UK Postcode    _ _ _ _ _ |   |                                  |

**363s Annual Return Declaration**

- > When you have checked all the sections of this form, please complete this page and sign the declaration below
- > If you want to change the made up date of this annual return, please complete 2 below

**1. Declaration**

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below) I enclose the filing fee of £30

Signature

P. Burnett  
(Director / Secretary)

Date

11, 09, 2007

*This date must not be earlier than the return date at 2 below*

**What to do now**

Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below

**2. Date of this return**

- ☒ This AR is made up to 11/9/2007 If you are making this return up to an earlier date, please give the date here

\_\_ / \_\_ / \_\_\_\_

*Note The form must be delivered to CH within 28 days of this date*

**3. Date of next return**

- ☐ If you wish to change your next return to a date earlier than **11th September 2008** please give the new date here

\_\_ / \_\_ / \_\_\_\_

**4. Where to send this form**

- ☒ Please return this form to

Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ

OR

For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

**Have you enclosed the filing fee with the company number written on the reverse of the cheque?**

**Contact Address**

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

Contact Name

J.H. TREASE 210

Telephone number inc code

0115 9818830

Address

26 WILFORD WANE  
WEST BRIDGTFORD  
NOTTINGHAM

DX number if applicable

\_\_\_\_\_

DX exchange

Postcode

NG2 7DY