Companies House
— for the record —

AR01 (ef)

Annual Return

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Company Name:	**R & L MILL LIMITED**
Company Number:	**04849273**
Date of this return:	**29/07/2010**
SIC codes:	**5233** **5242** **5244**
Company Type:	**Private company limited by shares**
Situation of Registered Office:	**151 NORTHFIELD AVENUE** **LONDON** **W13 9QT**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **REBECCA**

Surname: **COATES**

Former names:

Service Address: **15 NIAGARA AVENUE**
LONDON
W5 4UD

Company Director 1

Type: **Person**

Full forename(s): **MS LYNNE**

Surname: **WEST**

Former names:

Service Address: **15 NIAGARA AVENUE**
LONDON
W5 4UD

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **25/07/1960** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	**ORDINARY**	*Number allotted*	**2**
		Aggregate nominal value	**2**
Currency	**GBP**	*Amount paid per share*	**0**
		Amount unpaid per share	**0**

Prescribed particulars

THE ORDINARY CLASS SHARES HAVE FULL VOTING RIGHTS.

Statement of Capital (Totals)

Currency	**GBP**	*Total number of shares*	**2**
		Total aggregate nominal value	**2**

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 29/07/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : **2 ORDINARY shares held as at 2010-07-29**

Name: **LYNNE WEST**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.