

**Registered Number 04842647**

**ENHANCE WELLBEING LTD**

**Abbreviated Accounts**

**30 September 2016**

**Abbreviated Balance Sheet as at 30 September 2016**

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		<i>£</i>	<i>£</i>
<b>Fixed assets</b>			
Tangible assets	2	4,317	4,590
		<u>4,317</u>	<u>4,590</u>
<b>Current assets</b>			
Stocks		400	400
Debtors	3	28,360	23,718
Cash at bank and in hand		19,313	17,166
		<u>48,073</u>	<u>41,284</u>
<b>Creditors: amounts falling due within one year</b>		<u>(51,265)</u>	<u>(38,801)</u>
<b>Net current assets (liabilities)</b>		<u>(3,192)</u>	<u>2,483</u>
<b>Total assets less current liabilities</b>		<u>1,125</u>	<u>7,073</u>
<b>Total net assets (liabilities)</b>		<u>1,125</u>	<u>7,073</u>
<b>Capital and reserves</b>			
Called up share capital	4	1,000	1,000
Profit and loss account		125	6,073
<b>Shareholders' funds</b>		<u>1,125</u>	<u>7,073</u>

- For the year ending 30 September 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 29 November 2016

And signed on their behalf by:

**Mr M Butterworth, Director**

Notes to the Abbreviated Accounts for the period ended 30 September 2016

1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective January 2015.

**Turnover policy**

Turnover represents the value, net of value added tax and discounts, of goods and services provided to customers.

**Tangible assets depreciation policy**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant and machinery - 25% reducing balance

**Other accounting policies**

Stocks

Stock is valued at the lower of cost and net realisable value.

2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 October 2015	30,491
Additions	1,166
Disposals	-
Revaluations	-
Transfers	-
At 30 September 2016	<u>31,657</u>
<b>Depreciation</b>	
At 1 October 2015	25,901
Charge for the year	1,439
On disposals	-
At 30 September 2016	<u>27,340</u>
<b>Net book values</b>	
At 30 September 2016	<u>4,317</u>
At 30 September 2015	<u>4,590</u>

3 Debtors

	2016 £	2015 £
Debtors include the following amounts due after more than one year	18,901	18,901

#### 4 **Called Up Share Capital**

Allotted, called up and fully paid:

	<i>2016</i>	<i>2015</i>
	<i>£</i>	<i>£</i>
500 A Ordinary shares of £1 each	500	500
500 B Ordinary shares of £1 each	500	500

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