

Company Registration number 04826631

PRO-ACTIVE PEAK PERFORMANCE LIMITED

Abbreviated Accounts

For the year ended 31 March 2011

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PRO-ACTIVE PEAK PERFORMANCE LIMITED

Financial statements for the year ended 31 March 2011

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PRO-ACTIVE PEAK PERFORMANCE LIMITED

Abbreviated balance sheet as at 31 March 2011


	<u>Notes</u>	<u>2011</u> £	<u>2010</u> £
Fixed assets			
Tangible assets	2	1,555	1,301
Current assets			
Debtors		-	1,175
Cash at bank and in hand		<u>176,592</u>	<u>177,922</u>
		<u>176,592</u>	<u>179,097</u>
Creditors amounts falling due within one year		<u>(51,798)</u>	<u>(76,309)</u>
Net current assets		<u>124,794</u>	<u>102,788</u>
Total assets less current liabilities		<u>126,349</u>	<u>104,089</u>
Capital and reserves			
Called up share capital	3	100	100
Profit and loss account		<u>126,249</u>	<u>103,989</u>
Shareholder's funds		<u>126,349</u>	<u>104,089</u>

These accounts have been prepared in accordance with the provisions available to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

For the financial year ended 31 March 2011 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and if its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

Approved by the board of directors on 26/8/11 and signed on its behalf



Peter Chambers - Director

Company Registration No 04826631

The notes on pages 2 to 2 form part of these financial statements

PRO-ACTIVE PEAK PERFORMANCE LIMITED

Notes to the abbreviated accounts for the year ended 31 March 2011

1 Accounting policies

a) Basis of accounting

The financial statements are prepared on the historical cost basis of accounting and have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The company has taken advantage of the exemption, conferred by Financial Reporting Standard 1, from presenting a cash flow statement as it qualifies as a small company

b) Turnover

Turnover represents net invoiced sales of goods and services, excluding value added tax

c) Depreciation of tangible fixed assets

Depreciation is provided on all tangible fixed assets at rates calculated to write off the full cost or valuation less estimated residual value of each asset over its estimated useful life. The principal rates in use are

Equipment, fixtures and fittings 25% reducing balance

2 Fixed assets

	<i>Tangible fixed assets</i> £
Cost	
At 1 April 2010	10,961
Additions	<u>774</u>
At 31 March 2011	<u>11,735</u>
Depreciation.	
At 1 April 2010	9,660
Provision for the year	<u>520</u>
At 31 March 2011	<u>10,180</u>
Net book value	
At 31 March 2011	<u><u>1,555</u></u>
At 31 March 2010	<u><u>1,301</u></u>

3 Called-up share capital

	<u>2011</u> £	<u>2010</u> £
Allotted, called up and fully paid Equity shares		
Ordinary shares of £1 each	<u>100</u>	<u>100</u>