

Pro-Active Peak Performance Limited

Abbreviated Accounts
for the Year Ended 31 July 2005



Andrew M Peel m.a.a.t
Accountants & Tax Advisers
5 Prospect Close
Harrogate
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HG2 7PR

Pro-Active Peak Performance Limited
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The following reproduces the text of the accountants' report in respect of the company's annual financial statements, from which the abbreviated accounts (set out on pages 2 to 4) have been prepared.

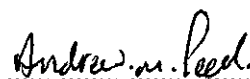
**Accountants' Report to the Directors on the Unaudited Financial
Statements of
Pro-Active Peak Performance Limited**

In order to assist you to fulfil your duties under the Companies Act 1985, we have compiled the financial statements of the company which comprise the Profit and Loss Account, the Balance Sheet, and the related notes from the accounting records and information and explanations you have given to us.

This report is made to the Company's Board of Directors, as a body, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the Company's Board of Directors that we have done so, and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's Board of Directors, as a body, for our work or for this report.

You have acknowledged on the balance sheet as at 31 July 2005 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 1985. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.


.....

Andrew M Peel m.a.a.t
Accountants & Tax Advisers

Date: 1/2/06

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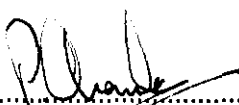
Pro-Active Peak Performance Limited
Abbreviated Balance Sheet as at 31 July 2005

		2005	2004
	Note	£	£
Fixed assets			
Tangible assets	2	2,227	1,784
Current assets			
Debtors		7,638	11,848
Cash at bank and in hand		86,856	48,174
		<u>94,494</u>	<u>60,022</u>
Creditors: Amounts falling due within one year		<u>(81,192)</u>	<u>(61,480)</u>
Net current assets/(liabilities)		13,302	(1,458)
Net assets		<u>15,529</u>	<u>326</u>
Capital and reserves			
Called up share capital	3	1	1
Profit and loss reserve		15,528	325
Equity shareholders' funds		<u>15,529</u>	<u>326</u>

For the financial year ended 31 July 2005, the company was entitled to exemption from audit under section 249A(1) of the Companies Act 1985; and no notice has been deposited under section 249B(2) requesting an audit. The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 of the Act and preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the year and of its profit or loss for the financial year in accordance with the requirements of section 226 and which otherwise comply with the Companies Act 1985, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

These accounts were approved by the Director on 1 Feb 2006


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Mr P J Chambers
Director

Pro-Active Peak Performance Limited

Notes to the abbreviated accounts for the Year Ended 31 July 2005

1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

Cash flow statement

The accounts do not include a cash flow statement because the company, as a small reporting entity, is exempt from the requirements to prepare such a statement.

Going concern

These financial statements have been prepared on a going concern basis.

Turnover

Turnover represents the invoiced value of sales of goods, net of value added tax.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Office equipment	33.33% straight line per annum
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2 Fixed assets

	Tangible assets £
Cost	
As at 1 August 2004	2,676
Additions	2,002
As at 31 July 2005	<u>4,678</u>
Depreciation	
As at 1 August 2004	892
Charge for the year	1,559
As at 31 July 2005	<u>2,451</u>
Net book value	
As at 31 July 2005	<u>2,227</u>
As at 31 July 2004	<u>1,784</u>

Pro-Active Peak Performance Limited
Notes to the abbreviated accounts for the Year Ended 31 July 2005

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3 Share capital

	2005 £	2004 £
Authorised		
100 Ordinary Share shares of £1 each	<u>100</u>	<u>100</u>
Allotted, called up and fully paid		
1 Ordinary Share shares of £1 each	<u>1</u>	<u>1</u>

4 Related parties

Controlling entity

The company is controlled by the directors who own 100 % of the called up share capital