In accordance with Section 854 of the Companies Act 2006

AR01 **Annual Return** BLUEPRINT 2000

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	A fee is payable with this form Please see 'How to pay' on the last page You can use the WebFiling service to f Please go to www.companiesh-	ile this for-					
√	What this form is for You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at least once every year What this form is You cannot use this notice of changes to officers, registered company type or information is relating to the comp.	*ACP5JP9X* ik 20/11/2010 MPANIES HOUSE					
Part 1	Company details						
	The section must be completed by all companies	→ Filling in this form Please complete in typescript or in bold black capitals					
		All fields are mandatory unless specified or indicated by *					
A1	Company details						
Company number	0 4 7 5 3 3 6 8	Company name change If your company has recently					
Company name in full							
A2	Return date						
Date of this return 9	Please give the annual return made up date. The return date must not be a future date. The annual return must be delivered within 28 days of the date given below. 5 5 5 5 5 5 5 5 5	Oate of this return Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date					
A3	Principal business activity						
	Please show the trade classification code number(s) for the principal activity or activities.	Principal business activity You must provide a trade classification code (SIC code) or a					
Classification code 1		description of your company's main business in this section					
Classification code 2		A full list of the trade classification codes are available on our website					
Classification code 3	<u> </u>	www.companieshouse.gov.uk					
Classification code 4	If you cannot determine a code, please give a brief description of your business activity below						
Principal activity description	Training Consulting						
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	AR	01										
	Ann	ual f	≀etu	rn								
A4	Con	ıpar	y ty	/pe [©]	<u> </u>							
	Please confirm your company type by ticking the appropriate box below (only one box must be ticked) Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60					type, please ch certificate of in website	re of your company					
					_		•	_		ee exempt under section 60 ire capital		
										re capital share capital		
A5	Pog						ess					
							<u> </u>	_			⊘ Change of re	nuctored office
Building name/number	ADA	M F	IOU	SE,	7-10						 This must agre 	e with the address
Street	ADA	M S	TRE	ET								the Companies House late of this return
												d office address has
Post town	LON	1DO	N								changed, you s	hould complete form
County/Region							AD01 and submit it together with this annual return					
Postcode	W	С	7	Н	\	9	s	-[F			
A6	Sing	le a	lter	nati	ve i	nsp	ecti	0	n loca	ation (SAIL) of the		
	com	pan	y re	core	ds (ii	fap	plica	bl	e) 🔨			
Building name/number											9 SAIL address	
Street											that is held on	e with the address the Companies House late of this return
Post town							·		•		should comple	has changed, you te form AD02 and
County/Region								_		CONTRACTOR OF THE STATE OF THE	submit it toget return	ther with this annual
Postcode								7				
A7	Loca	itio	n of	con	npar	ny r	ecoi	rd	50		'	
A7	Plea	se tro	k the	app	ropria					which records are kept at the SAIL		ompany records
	add			c tion er of n		ers					the registered	office address, do not boxes in this section
			-	r of c							Certain record	s must be kept by
	H			rs'se rs'in			tracts	5				y while other records by certain company
	H	_		rofs							types where a	
			_	s of r								are not kept at the
					_					wn shares	SAIL address, i at the register	they must be available ed office
	╚					_	o rede ipany		iption o	or purchase of own share out of		ompany records have
			•				hold		S .		moved from th	ne registered office
		Re	port	to m	embe	rs of				nvestigation by public company into		in Section A6 since I return, you must
	_			ts in i			n -L-		- المحام	seed to public company		AD03 and submit it this annual return
	H									osed to public company egister of charges England and Wale	+ -	and chinact recent
		or	Nort	hern	Irelar	nd						
		Instruments creating charges and register of charges Scotland				<u> </u>						

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Part 2	Officers of the company						
	This section should include details of the company at the date to which this annual return is made up → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1	Continuation pages Please use a continuation page if you need to enter more officer details.					
Secretary							
B1	Secretary's details •						
	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	 Secretary appointments You may not use this form to appoint a secretary To do this, 					
Title*		please complete form APO3 and submit it together with this annual					
Full forename(s)		return					
Surname		Corporate details Please use Section C1-C4 to enter					
D 2	Sagratary's corrige address (1)	Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03 Former name(s) Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes					
B2	Secretary's service address ®						
Building name/numbe Street	T C C C C C C C C C C C C C C C C C C C	Service address If you have previously notified Companies House that the service address is at 'The Company's Registered Office', please state 'The					
Post town		Company's Registered Office' in the address.					
County/Region		This information will appear on the public record					
Postcode		public record					

Corporate secretary

C1	Corporate secretary's details •	
Corporate body/firm name	Please use this section to list all the corporate secretaries of the company	Ocorporate secretary appointments You cannot use this form to appoint a corporate secretary To do this, please complete form APO4 and submit it together with this annual
Building name/number		return Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only	
C3	EEA companies ®	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk
Where the company/ firm is registered •		This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)
Registration number		Directive (SOFTS) Face)
C4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		
If applicable, the registration number		

Director

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please			
Title*		complete form APO1 and submit it together with this annual return			
Full forename(s)	AMANDA CONSTANCE	Corporate details Please use Section E1-E4 to enter			
Surname	MURRAY	corporate director details			
Former name(s) •		Director details All details must agree with those previously notified to Companies			
Country/State of residence	ENGLAND	House If you have made changes since the last annual return and have not notified us, please			
Nationality	BRITISH	complete form CH01			
Date of birth	2 7 7 Z Y 9 7 Z	Please provide any previous names			
Business occupation (if any)	Trainer, Consultant	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.			
D2	Director's service address				
Building name/number	38	Service address If you have previously notified			
Street	NETHDALE ROAD	Companies House that the service address is at 'The Company's			
	SHOOTERS HILL	Registered Office', please state 'The Company's Registered Office' in the			
Post town	LONDON	address			
County/Region		This information will appear on the public record			
Postcode	S E 1 8 3 P A				
Country	ENGLAND				

Director

D1	Director's details •	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please
Title*		complete form AP01 and submit it together with this annual return
Full forename(s)		Corporate details Please use Section E1-E4 to enter
Surname		corporate director details
Former name(s) •		Director details All details must agree with those previously notified to Companies House If you have made changes
Country/State of residence		since the last annual return and have not notified us, please
Nationality		complete form CH01
Date of birth	d d m m y y y	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do
(п ану)		not need to give former names unless previously used for business purposes
D2	Director's service address	
Building name/numbe	r	Service address If you have previously notified
Street		Companies House that the service address is at 'The Company's
		Registered Office', please state 'The Company's Registered Office' in the
Post town		address
County/Region		This information will appear on the public record
Postcode		
Country		

Corporate director

E1	Corporate director's details •				
Corporate body/firm	Please use this section to list all the corporate director's of the company	O Corporate director appointments You cannot use this form to appoint a corporate director To do this, please complete form APO2 and submit it together with this annual			
		return Corporate director details			
Building name/number		All details must agree with those previously notified to Companies			
Street		House If you have made changes since the last annual return and have not notified us, please complete			
Post town		form CH02			
County/Region		This information will appear on the public record			
Postcode		•			
Country					
E2	Location of the registry of the corporate body or firm				
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only				
E3	EEA companies •				
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance			
Where the company/ firm is registered €		www.companieshouse.gov.uk This is the register mentioned in Article 3 of the First Company Law			
Registration number		Directive (68/151/EEC)			
E4	Non-EEA companies				
_	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in			
Legal form of the corporate body or firm		that register			
Governing law					
If applicable, where the company/firm is registered •					
If applicable, the registration number					

Part 3	Statement of capital o							
	Does your company have share capital? → Yes Complete the sections below and the following Part 4 → No Go to Part 5 (Signature). This should reflect the company's capital status at the made up dat this annual return							
F1 .	hare capital i	n pound sterling ((£)					
		each class of shares he y complete Section F1	ld in pound sterling and then go to Section F 4	1				
Class of shares (E.g. Ordinary/Preference etc.))	Amount paid up on each share ②	Amount (if any) unpaid on each share 2	Number of sha	res 0	Aggregate nominal value Q		
Ordinary	-1- 12-12-12-12-1	£1 00	Nil	1		£ 1 00		
						£		
						£		
						£		
			Tota	ls 1		£ 1 00		
F2	Share capital i	in other currencie	S					
Please complete the ta Please complete a sepa	ble below to show arate table for each	any class of shares hel h currency	d in other currencies.					
Currency								
Class of shares (E.g. Ordinary/Preference etc)	Amount paid up on each share	Amount (if any) unpaid on each share 🔮	Number of sha	ires 🕶	Aggregate nominal value		
			Tota	ls				
Currency								
Class of shares (E.g. Ordinary/Preference etc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	ares 0	Aggregate nominal value		
				1-				
			Tota	115				
F3	Totals							
	issued share capital Please list total					aggregate nominal value e list total aggregate values ii ent currencies separately For		
Total number of shares	1					ple £100 + €100 + \$10 etc		
Total aggregate nominal value 🕏	£1 00							
Including both the nomi share premium Total number of issued		 Number of shares iss nominal value of each 	h share	Continuation Pa Please use a State page if necessary		pital continuation		

F4	Statement of capital (Voting rights)						
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2						
Class of share	Ordinary						
Voting rights	The shares have attached to them full voting, dividend and capital distribution (including on winding up) rights, they do not confer any rights of redemption						
Class of share							
Voting rights							
Class of share							
Voting rights							
Class of share							
Voting rights							

Part 4	Shareholders	
	Does your company have share capital? → Yes Complete the sections below → No Go to Part 5 (Signature)	This should reflect the shareholder details at the made up date of this annual return
G 1	Traded public companies 🛚	
	Please tick the box if your company was a traded public company at any time during the period of this return	● Traded company definition A traded company means a company of whose shares are admitted to trading on a regulated market
G2	List of past and present shareholders	
	Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns	
	Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns	
	Please tick the appropriate box below	
	A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3, or	
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4	
	A list of shareholder changes is enclosed → For private or non-traded public companies, please complete Section G3 → For traded public companies, please complete Section G4	
	☐ There were πo shareholder changes in this period → Go to Part 5 (Signature)	
	Please tick the appropriate box below to indicate the format of your shareholder details	
	☐ The list of shareholders is enclosed on paper ☐ The list of shareholders is enclosed in another format	

G3

Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary

	Shares or stock currently held	Shares or stock transferred (if appropriate)			
Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
Ordinary	1		1 1		
			1 1		
			1 1		
		_	1 1		
			1 1		
			1 1		
			1 1		
			1 1		
			1 1		
			1 1		
			1 1		
			1 1		
			1 1		
		Class of share Number of shares or amount of stock	Class of share Number of shares or amount of stock Number of stock		

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Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

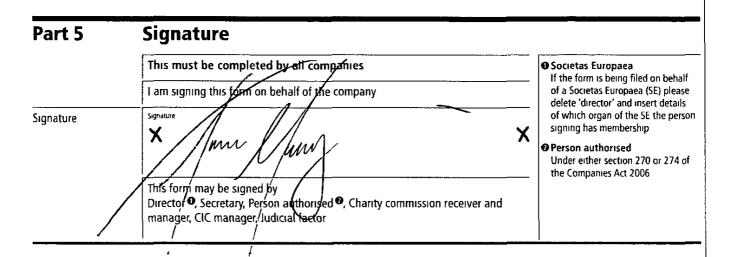
- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'Traded public companies – list of past and present shareholders' continuation page if necessary

		Shares or stock currently held	Shares or stock transferred (if appropriate)			
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
Name				1 1		
Address				1 1		
				1 1		
Name				1 1		
Address				l l		
				1 1		
Name				1 1		
Address				, ,		
				, ,		
Name				, ,		
Address				1 1		
				, ,		



	information
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You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name					
Company name	 	 			
				-	
Address					
		 	•		
Post town				•	
County/Region					
Postcode					
Country					
DX					•
Telephone	 				

✓ Checklist

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- You have completed your principal business activity
 You have not used this form to make changes to the registered office address
- You have not used this form to make changes to secretary and director details.
- You have fully completed the Statement of capital (if applicable)
- ☐ You have signed the form
- You have enclosed the correct fee

Important information

Please note that all information on this form will appear on the public record

£ How to pay

A fee of £30 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House'

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland

The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Belfast, Northern Ireland, BT1 3BS DX 481 N R Belfast 1

Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquines@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk