In accordance with Section 167 of the Companies Act 2006

AP01

Appointment of director



You can use the WebFiling service to file this form online Please go to www companieshouse gov uk

What this form is for You may use this form to appoint an individual as a director

X What this form is NOT for You cannot use the form to a corporate director To do t please use form AP02 'Appc of corporate director



COMPANIES HOUSE

1	Company details		
Company number	4 7 1 4 3 8 0	Filling in this form Please complete in typescript or in	
Company name in full	Total Health Group Limited	bold black capitals	
		All fields are mandatory unless specified or indicated by *	
2	Date of director's appointment	· · · · · · · · · · · · · · · · · · ·	
Date of appointment	^d 0 ^d 6 ^m 1 ^m 2 ^y 2 ^y 0 ^y 1 ^y 2		
3	New director's details	Former name(s)	
Title *	Mr	Please provide any previous names which have been used for business purposes in the past 20 years Married woman do not need to give former names unless previously used for business purposes	
Full forename(s)	Warwick John		
Surname	Ley		
Former name(s)		Continue in section 6 if required	
Country/State of residence 2	United Kingdom Country/State of res This is in respect of ye regidential address or		
Nationality	British	residential address as stated in Section 4a	
Date of birth	d 0 d 8 m 0 m 1 y 1 y 9 y 7 y 2	Business occupation If you have a business occupation, please enter here. If you do not, please leave blank.	
Business occupation (if any) (if any)			
4	New director's service address ⊙		
	Please complete your service address below You must also complete your usual residential address in Section 4a	Service address This is the address that will appear on the public record. This does not have to be your usual residential address.	
Building name/number	The Company's Registered Office		
Street		Please state 'The Company's	
		Registered Office' if your service address is recorded in the company's	
Post town		register of directors as the company's registered office	
County/Region		If you provide your residential	
Postcode		address here it will appear on the public record	
Country			

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Signatures	
I consent to act as director of the above named company	Societas Europaea If the form is being filed on behalf
× Muh y	of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2006
Signature X	
This form may be signed and authorised by Director ①, Secretary, Person authorised ②, Administrator, Administrative Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor	
Additional former names (continued from Section 3)	···
	Additional former names Use this space to enter any additional names
	Signature X Signature X This form may be signed and authorised by Director ①, Secretary, Person authorised ②, Administrator, Administrative Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor

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Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses	
Conlact name Reza Newton	☑ Where to send	
Company name DLA Piper UK LLP	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below	
Address Victoria Square House	For companies registered in England and Wales	
Victoria Square	The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ	
Birmingham	DX 33050 Cardiff	
Post town	For companies registered in Scotland	
County/Region	The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,	
Postcode B 2 4 D L	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1	
Country	or LP - 4 Edinburgh 2 (Legal Post)	
DX DX 13022 BIRMINGHAM 1	For companies registered in Northern Ireland	
Telephone 08700 111 111	The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street,	
✓ Checklist	Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1	
We may return forms completed incorrectly or with information missing	Section 243 exemption If you are applying for, or have been granted a section	
Please make sure you have remembered the following The company name and number match the	243 exemption, please post this whole form to the different postal address below The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE	
information held on the public Register You have provided a business occupation if you		
have one	Further information	
You have provided a correct date of birth You have completed the date of appointment You have completed the nationality box in Section 3	For further information please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk	
You have provided both the service address and the usual residential address	This form is available in an	
Addresses must be a physical location. They cannot	alternative format Please visit the	
be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number	forms page on the website at	
You have included all former names used for business purposes over the last 20 years	www companieshouse gov.uk	
You have enclosed a relevant section 243 application if applying for this at the same time as		
completing this form The new director has signed the form		
You have provided an authorising signature		
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