

ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2014

FOR

INNER BODY LIMITED

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FOR THE YEAR ENDED 31 MARCH 2014**

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INNER BODY LIMITED

**COMPANY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2014**

DIRECTOR: A M Goodfellow

REGISTERED OFFICE: 52 Great Eastern Street
London
EC2A 3EP

REGISTERED NUMBER: 04708375 (England and Wales)

ACCOUNTANTS: Oppenheim Scroxtton
52 Great Eastern Street
London
EC2A 3EP

ABBREVIATED BALANCE SHEET
31 MARCH 2014

	Notes	2014 £	£	2013 £	£
FIXED ASSETS					
Tangible assets	2		1,163		1,552
CURRENT ASSETS					
Debtors		945		945	
Cash at bank and in hand		9,688		9,656	
		<u>10,633</u>		<u>10,601</u>	
CREDITORS					
Amounts falling due within one year		9,390		10,328	
NET CURRENT ASSETS			<u>1,243</u>		<u>273</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>2,406</u>		<u>1,825</u>
CAPITAL AND RESERVES					
Called up share capital	3		2		2
Profit and loss account			2,404		1,823
SHAREHOLDERS' FUNDS			<u>2,406</u>		<u>1,825</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2014 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 11 December 2014 and were signed by:

A M Goodfellow - Director

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2014**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2013	
and 31 March 2014	<u>4,893</u>
DEPRECIATION	
At 1 April 2013	3,341
Charge for year	<u>389</u>
At 31 March 2014	<u>3,730</u>
NET BOOK VALUE	
At 31 March 2014	<u><u>1,163</u></u>
At 31 March 2013	<u><u>1,552</u></u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2014 £	2013 £
2	Ordinary	£1	<u><u>2</u></u>	<u><u>2</u></u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.