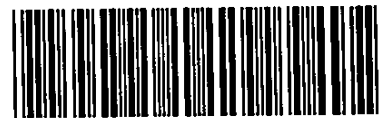


Registration number 04701325

Holistic Solutions and Consultancy Limited
Director's report and unaudited financial statements
for the year ended 31 March 2011

TUESDAY



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11/10/2011
COMPANIES HOUSE

Holistic Solutions and Consultancy Limited

Company information

Director	Mrs H Robinson
Secretary	Mr A Robinson
Company number	04701325
Registered office	3 Hurlands Puttenham Heath Road Puttenham Guildford GU3 1AP
Accountants	Leftley Rowe and Company The Heights 59 - 65 Lowlands Road Harrow Middlesex HA1 3AW
Bankers	National Westminster Bank 520 High Road Wembley Middlesex HA9 7BZ

Holistic Solutions and Consultancy Limited

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Holistic Solutions and Consultancy Limited

**Director's report
for the year ended 31 March 2011**

The director presents her report and the financial statements for the year ended 31 March 2011

Principal activity

The principal activity of the company was that of providing complementary therapies for health and well being

Results and dividends

The loss for the year, after taxation, amounted to £409

Director

The director who served during the year is as stated below

Mrs H Robinson

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

This report was approved by the Board on 10 August 2011 and signed on its behalf by



**Mrs H. Robinson
Director**

Holistic Solutions and Consultancy Limited

**Chartered Accountants' report to the Director on the
unaudited financial statements of Holistic Solutions and Consultancy Limited**

In accordance with the terms of our engagement, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company which comprise the profit and loss account, the balance sheet and the related notes from the accounting records and information and explanations you have given to us

This report is made to the company's director in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the company's director that we have done so and state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's director for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England and Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the balance sheet for the year ended 31 March 2011 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



**Leftley Rowe and Company
Chartered Accountants and
Registered Auditors**

10 August 2011

**The Heights
59 - 65 Lowlands Road
Harrow
Middlesex
HA1 3AW**

Holistic Solutions and Consultancy Limited

Profit and loss account for the year ended 31 March 2011

		Continuing operations	
		2011	2010
	Notes	£	£
Turnover	2	1,258	1,491
Administrative expenses		<u>(1,667)</u>	<u>(1,426)</u>
(Loss)/profit on ordinary activities before taxation		(409)	65
Tax on (loss)/profit on ordinary activities	3	<u>-</u>	<u>-</u>
(Loss)/profit for the year	8	<u>(409)</u>	<u>65</u>

There are no recognised gains or losses other than the profit or loss for the above two financial years

The notes on pages 6 to 9 form an integral part of these financial statements.

Holistic Solutions and Consultancy Limited

Balance sheet as at 31 March 2011

		2011		2010	
	Notes	£	£	£	£
Current assets					
Cash at bank and in hand		911		674	
Creditors: amounts falling due within one year	6	<u>(14,053)</u>		<u>(13,407)</u>	
Net current liabilities			<u>(13,142)</u>		<u>(12,733)</u>
Deficiency of assets			<u>(13,142)</u>		<u>(12,733)</u>
Capital and reserves					
Called up share capital	7		100		100
Profit and loss account	8		<u>(13,242)</u>		<u>(12,833)</u>
Shareholders' funds	9		<u>(13,142)</u>		<u>(12,733)</u>

The director's statements required by Sections 475(2) and (3) are shown on the following page which forms part of this balance sheet

The notes on pages 6 to 9 form an integral part of these financial statements.

Holistic Solutions and Consultancy Limited

Balance sheet (continued)

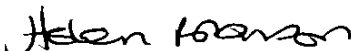
**Director's statements required by Sections 475(2) and (3)
for the year ended 31 March 2011**

In approving these financial statements as director of the company I hereby confirm

- (a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006;
- (b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the year ended 31 March 2011 , and
- (c) that I acknowledge my responsibilities for
 - (1) ensuring that the company keeps accounting records which comply with Section 386 , and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 393 and which otherwise comply with the provisions of the Companies Act 2006 relating to financial statements, so far as applicable to the company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board on 10 August 2011 and signed on its behalf by



Mrs H. Robinson
Director

Registration number 04701325

The notes on pages 6 to 9 form an integral part of these financial statements.

Holistic Solutions and Consultancy Limited

Notes to the financial statements for the year ended 31 March 2011

1. Accounting policies

1.1. Accounting convention

The financial statements are prepared under the historical cost convention and comply with financial reporting standards of the Accounting Standards Board

The company has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small company

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year

1.3. Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more, tax

Deferred tax assets are recognised only to the extent that the director considers that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date.

1.4. Going concern

These financial statements are prepared under the going concern basis as the director has confirmed that she will support the day to day running of the business for the foreseeable future or for at least twelve months from the date of signing these financial statements. On this basis, the director considers that it is appropriate to prepare the financial statements on the going concern basis

2. Turnover

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK

Holistic Solutions and Consultancy Limited

Notes to the financial statements for the year ended 31 March 2011

continued

3. Tax on (loss)/profit on ordinary activities

Analysis of charge in period	2011 £	2010 £
Current tax		
UK corporation tax	-	-
Total current tax charge	-	-

Factors affecting tax charge for period

The tax assessed for the period is higher than the small companies' rate of corporation tax in the UK (21%). The differences are explained below

	2011 £	2010 £
(Loss)/profit on ordinary activities before taxation	(409)	65
(Loss)/profit on ordinary activities multiplied by small companies' rate of corporation tax in the UK of 21% (31 March 2010 21%)	(86)	14
Effects of:		
Utilisation of tax losses	-	(14)
Losses for the period carried forward	86	-
Current tax charge for period	-	-

Holistic Solutions and Consultancy Limited

Notes to the financial statements for the year ended 31 March 2011

continued

4. Tangible fixed assets	Fixtures, fittings and equipment £	Total £
Cost		
At 1 April 2010	745	745
At 31 March 2011	745	745
Depreciation		
At 1 April 2010	745	745
At 31 March 2011	745	745
Net book values		
At 31 March 2011	-	-
At 31 March 2010	-	-
5. Debtors		
At the balance sheet date there is an unrecognised deferred tax asset of £2,781 (2010 £2,695) at the small companies' rate of corporation tax of 21%. The director does not consider it appropriate to recognise this asset due to uncertainty over future profit levels		
6. Creditors: amounts falling due within one year	2011 £	2010 £
Director's account	13,367	12,767
Accruals and deferred income	686	640
	14,053	13,407
7. Share capital	2011 £	2010 £
Authorised		
1,000 Ordinary shares of £1 each	1,000	1,000
Allotted, called up and fully paid		
100 Ordinary shares of £1 each	100	100

Holstic Solutions and Consultancy Limited

**Notes to the financial statements
for the year ended 31 March 2011**

continued

8. Equity Reserves	Profit and loss account £	Total £
At 1 April 2010	(12,833)	(12,833)
Loss for the year	(409)	(409)
At 31 March 2011	<u>(13,242)</u>	<u>(13,242)</u>

9. Reconciliation of movements in shareholders' funds	2011 £	2010 £
(Loss)/profit for the year	(409)	65
Opening shareholders' funds	<u>(12,733)</u>	<u>(12,798)</u>
Closing shareholders' funds	<u>(13,142)</u>	<u>(12,733)</u>

10. Related party transactions

Mrs H Robinson has lent the company money to assist with working capital requirements As at 31 March 2011 her director's loan balance was £13,367 (2010 £12,767)

11. Controlling interest

In the director's opinion the company is ultimately controlled by Mrs H Robinson