



Companies House

— for the record —

287

Please complete in typescript,
or in bold black capitals.

CHFP000

Change in situation or address of Registered Office

Company Number

4699401

Company Name in full

FITNESS FIRST HOLDINGS LTD

New situation of registered office

NOTE:

The change in the situation of the registered office does not take effect until the Registrar has registered this notice.

For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.

PO Box numbers only are not acceptable.

Address

58, FLEETS LANE,

FLEETSBRIDGE

Post town

POOLE

County / Region

DORSET

Postcode

BH15 3BT

Signed

Sadd

Date

22 July 2003

† Please delete as appropriate.

† a director / secretary / administrator / administrative receiver / liquidator / receiver manager / receiver

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

MRS. S. CADD

FITNESS FIRST, 58, FLEETS LANE, POOLE

BH15 3BT. Tel 0202 845906

DX number

DX exchange



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COMPANIES HOUSE

0015
23/07/03

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

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