Registered Number 04683471

POSITIVE LIFESTYLES (PORTHCAWL) LIMITED

Abbreviated Accounts

31 March 2013

POSITIVE LIFESTYLES (PORTHCAWL) LIMITED **Registered Number 04683471**

Abbreviated Balance Sheet as at 31 March 2013

	Notes	*2013*	*2012*
		£	£
Called up share capital not paid		1	1
Fixed assets			
Tangible assets	2	28,895	490
		28,895	490
Current assets			
Debtors		4,500	-
Cash at bank and in hand		76,347	50,588
		80,847	50,588
Prepayments and accrued income		1,628	-
Creditors: amounts falling due within one year		(23,715)	(26,611)
Net current assets (liabilities)		58,760	23,977
Total assets less current liabilities		87,656	24,468
Total net assets (liabilities)		87,656	24,468
Capital and reserves			
Called up share capital		1	1
Profit and loss account		87,655	24,467
Shareholders' funds		87,656	24,468

- For the year ending 31 March 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 31 January 2014

And signed on their behalf by:
Mark Waters, Director

Notes to the Abbreviated Accounts for the period ended 31 March 2013

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 April 2012	500
Additions	34,867
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2013	35,367
Depreciation	
At 1 April 2012	10
Charge for the year	6,462
On disposals	-
At 31 March 2013	6,472
Net book values	
At 31 March 2013	28,895
At 31 March 2012	490