In accordance with Section 644 & 649 of the Companies Act 2006

**SH19** 

Statement of capital for reduction supported by solvency statement or court order

BLUEPRINT

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A f	ee	is	bava	ble	with	this	form.

Please see 'How to pay' on the last page.

# What this form is for You may use this form as a statement What this form is NOT fo You cannot use this form to



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1	Compa	ıy d	etail	s						<del></del> -	
Company number	0 4	6	8	1	2	3	5			→ Filling in	this form mplete in typescript or in
Company name in full	Esporta	Hea	lth C	lubs	Lim	ited			<del></del>	bold black capitals	
								All fields are mandatory unless specified or indicated by *			
2	Share c	apit	al								
	resolution. Capital contin					use a Statement of continuation page if					
								urrency (if appropriate). nd Euros in 'Currency table			necessary.
Currency	Class of s	hares				_	******	Number of shares	Aggregate no	minal value	Total aggregate amount unpaid, if any (£, €, \$, etc)
Complete a separate table for each currency	E g Ordinary/Preference etc			(£, €, \$, etc) Number of share multiplied by no		Including both the nominal					
Currency table A	•							<u> </u>	·		'
GBP	Ordinar	у 						100		£100 00	
	-					•••					
	<u>                                     </u>						Tota	als 100		£100 00	
Currency table B				***	****						
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							Tota	als			
								Total number	Total aggre	gate	Total aggregate

**Totals (including continuation** pages)

Total aggregate Total number Total aggregate amount unpaid 1 nominal value • of shares £100.00 100 £0 00

• Please list total aggregate values in different currencies separately. For example: £100 + \$100 + \$10 etc

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3	Prescribed particulars of rights attached to shares										
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in <b>Section 2</b> .	• Prescribed particulars of rights attached to shares The particulars are									
Class of share	Ordinary	a particulars of any voting rights, including rights that arise only in									
Prescribed particulars	The shares have attached to them full voting, dividend and capital distribution (including on winding up) rights, they do not confer any rights of redemption.	certain circumstances, b. particulars of any rights, as respects dividends, to participa in a distribution, c particulars of any rights, as respects capital, to participate distribution (including on wind up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder. A separate table must be used for									
Class of share		each class of share Please use a statement of capital									
Prescribed particulars		continuation page if necessary.									
Class of share											
Prescribed particulars  •											
4	Signature										
	I am signing this form on behalf of the company.	Societas Europaea.  If this form is being field on behalf									
Signature	Signature X Leaff od ,	of a Societas Europaea (SE), please									
	This form may be signed by: Director ②, Secretary, Person authorised ③, CIC manager	Person authorised Under either section 270 or 274 of the Companies Act 2006									

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## Presenter information You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record Contact name Company name Mazars LLP The Pinnacle 160 Midsummer Boulevard Milton Keynes Buckinghamshire ΜÍ Κ United Kingdom DX Telephone Checklist We may return forms completed incorrectly or

with information missing.

#### Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- You have completed the relevant sections of the statement of capital.
- You have signed the form.
- You have enclosed the correct fee.

#### Important information

Please note that all information on this form will appear on the public record.

#### How to pay

A fee of £10 is payable to Companies House to reduce the share capital by Court Order or by Solvency Statement.

Make cheques or postal orders payable to 'Companies House.'

### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

## Further information

For further information, please see the guidance notes on the website at www gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse