



Companies House
for the record

287

Change in situation or address of Registered Office

Please complete in typescript,
or in bold black capitals.

CHWP000

Company Number 04663223

Company Name in full HEALTH CLUB GROUP plc

New situation of registered office

NOTE:

The change in the situation of the registered office does not take effect until the Registrar has registered this notice.

For 14 days beginning with the date that a change of registered office is registered, a person may validly serve any document on the company at its previous registered office.

PO Box numbers only are not acceptable.

Address 100 ALDERSGATE STREET

Post town LONDON

County / Region

Postcode EC1A 4LX

Signed

[Signature]

Date

23.6.2004

† Please delete as appropriate.

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public.

† a director / secretary / administrator / administrative receiver / liquidator / receiver manager / receiver

Company Secretary, Holmes Place Holdings Limited, 100 Aldersgate Street

London EC1A 4LX

Tel 0207 7786 7300

DX number

DX exchange



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COMPANIES HOUSE

0695
24/06/04

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ

for companies registered in England and Wales

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 33050 Cardiff

DX 235 Edinburgh

or LP - 4 Edinburgh 2

10/03