



Companies House
— for the record —

AR01 (ef)

Annual Return



XZVB8H5W

Received for filing in Electronic Format on the: **01/02/2010**

Company Name: **HEALTH CLUB GROUP PLC**

Company Number: **04663223**

Date of this return: **31/01/2010**

SIC codes: **7415**

Company Type: **Public limited company**

Situation of Registered Office: **THE QUADRANT 118 LONDON ROAD
KINGSTON UPON THAMES
SURREY
UNITED KINGDOM
KT2 6QJ**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

**C/O CAPITA REGISTRARS LIMITED NORTHERN HOUSE,
WOODSOME PARK
FENAY BRIDGE
HUDDERSFIELD
UNITED KINGDOM
HD8 0GA**

The following records have moved to the single alternative inspection location:

ERROR: Missing translation data in XML Image Template
Register of debenture holders (section 743)

Officers of the company

Service Address:

Company Secretary 1

Type: **Corporate**

Name: **M & N SECRETARIES LIMITED**

Registered or principal address: **THE QUADRANT 118 LONDON ROAD
KINGSTON UPON THAMES
SURREY
UNITED KINGDOM
KT2 6QJ**

European Economic Area (EEA) Company

Register Location: **UNITED KINGDOM**

Registration Number: **3775091**

Consented to Act: **Y** *Date authorised:* *Authenticated:* **ERRO**

Company Director 1

Type: **Person**

Full forename(s): **PATRICK ADAM CHARLES**

Surname: **FOX**

Former names:

Service Address: **30 WARWICK STREET
LONDON
UNITED KINGDOM
W1B 5AL**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **28/08/1958** *Nationality:* **BRITISH**

Occupation: **VENTURE CAPITALIST**

Company Director **2**

Type: **Person**
Full forename(s): **PAMELA ANN**
Surname: **SCHOLES**
Former names:
Service Address: **74 ARTILLERY MANSIONS**
 75 VICTORIA STREET
 LONDON
 UNITED KINGDOM
 SW1H 0HZ

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **16/04/1957** *Nationality:* **BRITISH**
Occupation: **BUSINESS CONSULTANT**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	500000
		<i>Aggregate nominal value</i>	50000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.10
		<i>Amount unpaid per share</i>	0.00
<i>Prescribed particulars</i>	THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	500000
		<i>Total aggregate nominal value</i>	50000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 31/01/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

10 ORDINARY Shares held as at 31/01/2010

Name: **BRIDGEPOINT CAPITAL NOMINEES LIMITED**

Address:

Shareholding : 2

499990 ORDINARY Shares held as at 31/01/2010

Name:

HEALTH CLUB HOLDINGS LIMITED

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.