



*Companies House*  
— for the record —

**363a<sup>(ef)</sup>**

**Annual Return**



**XNU0F722**

*Received for filing in Electronic Format on the:* **03/02/2009**

*Company Name:* **HEALTH CLUB GROUP PLC**

*Company Number:* **04663223**

---

### *Company Details*

*Period Ending:* **31/01/2009**

*Company Type:* **PUBLIC LIMITED COMPANY**

*Principal Business Activities:*

*SIC codes:*

**7415**

*Registered Office  
Address:*

**THE QUADRANT 118  
LONDON ROAD  
KINGSTON UPON  
THAMES  
SURREY  
KT2 6QJ**

*Register of  
Members Address:*

**THE QUADRANT 118  
LONDON ROAD  
KINGSTON UPON  
THAMES  
SURREY  
KT2 6QJ**

*Register of Debenture  
Holders Address:*

## *Details of Officers of the Company*

### *Company Secretary 1:*

*Name:* **M & N SECRETARIES  
LIMITED**

*Address:* **THE QUADRANT 118 LONDON ROAD  
KINGSTON UPON THAMES  
SURREY  
KT2 6QJ**

---

### *Director 1 :*

*Name:* **PATRICK ADAM CHARLES  
FOX**

*Address:* **43 RAVESCOURT ROAD  
LONDON  
W6 0UJ**

*Date of Birth:* **28/08/1958**    *Nationality:* **British**

*Occupation:* **VENTURE CAPITALIST**

---

### *Director 2 :*

*Name:* **PAMELA ANN SCHOLES**

*Address:* **74 ARTILLERY MANSIONS  
75 VICTORIA STREET  
LONDON  
SW1 0HZ**

*Date of Birth:* **16/04/1957**    *Nationality:* **British**

*Occupation:* **BUSINESS CONSULTANT**

## Share Capital

### *Issued Share Capital Details:*

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
<b>ORDINARY</b>	<b>500000</b>	<b>GBP50000</b>
<i>TOTALS</i>		
	<b>500000</b>	<b>GBP50000</b>

---

### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 31/01/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

#### *Shareholding 1:*

**10 ORDINARY Shares held as at 31/01/2009**

*Name:* **BRIDGEPOINT CAPITAL NOMINEES LIMITED**

*Address:*

---

#### *Shareholding 2:*

**499990 ORDINARY Shares held as at 31/01/2009**

*Name:* **HEALTH CLUB HOLDINGS LIMITED**

*Address:*

## *Authorisation*

*Authoriser Designation:* **secretary**

*Date Authorised:* **03/02/2009**

*Authenticated:* **Yes (E/W)**