

BLUEPRINT

2000

166001/150

363a

Please complete in typescript,
or in bold black capitals.

Annual Return

CHFP010

Company Number

4663223

Company Name in full

HEALTH CLUB GROUP PLC

Date of this return

The information in this return is made up
to

Day	Month	Year
3	1	0 1 2 0 0 7

Date of next return

If you wish to make your next return to a
date earlier than the anniversary of this
return please show the date here.
Companies House will then send a form at
the appropriate time.

Day	Month	Year

Registered Office

Show here the address at the date of
this return.

THE QUADRANT, 118 LONDON ROAD

Any change of
registered office **must**
be notified on form
287.

Post town

KINGSTON UPON THAMES

County / Region

SURREY

UK Postcode

KT2 6QJ

Principal business activities

Show trade classification code number(s)
for the principal activity or activities.

7415

If the code number cannot be determined,
give a brief description of principal
activity.

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ**DX 33050 Cardiff**

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 EdinburghFRIDAY
TH

A12

COMPANIES HOUSE

254

A37

COMPANIES HOUSE

260

Register of members

If the register of members is not kept at the registered office, state here where it is kept.

THE QUADRANT, 118 LONDON ROAD

Post town KINGSTON UPON THAMES

County / Region SURREY UK Postcode KT2 6QJ

Register of Debenture holders

If there is a register of debenture holders, or a duplicate of any such register or part of it, which is not kept at the registered office, state where it is kept.

Post town

County / Region UK Postcode

Company type

Public limited company

Private company limited by shares

Private company limited by guarantee without share capital

Private company limited by shares exempt under section 30

Private company limited by guarantee exempt under section 30

Private unlimited company with share capital

Private unlimited company without share capital

X

Please tick the appropriate box

Company Secretary

Details of a new company secretary must be notified on form 288a.

(Please photocopy this area to provide details of joint secretaries).

Name

* Style / Title

Forename(s)

Surname

M & N SECRETARIES LIMITED

* Voluntary details.

If a partnership give the names and addresses of the partners or the name of the partnership and office address.

Address

THE QUADRANT, 118 LONDON ROAD

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town KINGSTON UPON THAMES

County / Region SURREY UK Postcode KT2 6QJ

Country

BLUEPRINT

2000

Directors*Please list directors in alphabetical order.***Details of new directors must be notified on form 288a**

Directors In the case of a director that is a corporate or a Scottish firm, the name is the corporate or firm name.

Name

* Style / Title

Day Month Year

Date of birth

0 6 0 2 1 9 7 3

Forename(s)

JEAN PHILIPPE

Surname

BARADE

Address

20 SOUTHAMPTON STREET

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town

LONDON

County / Region

UK Postcode

WC2E 7QH

Country

Nationality

FRENCH

Business occupation

Investment Professional

* Voluntary details.

Name

* Style / Title

Day Month Year

Date of birth

2 8 0 8 1 9 5 8

Forename(s)

PATRICK ADAM CHARLES

Surname

FOX

Address

43 RAVESCOURT ROAD

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town

LONDON

County / Region

UK Postcode

W6 0UJ

Country

Nationality

BRITISH

Business occupation

VENTURE CAPITALIST

Directors*Please list directors in alphabetical order.***Details of new directors must be notified on form 288a**

Directors In the case of a director that is a corporate or a Scottish firm, the name is the corporate or firm name.

Name * Style / Title

Day Month Year
Date of birth 2 8 0 6 1 9 6 2

Forename(s) ANTHONY MARTIN

Surname ROBINSON

Address

7 OAKFIELD ROAD ✓

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town HARPENDEN

County / Region HERTFORDSHIRE UK Postcode AL5 2NF

Country Nationality BRITISH

Business occupation DIRECTOR

* Voluntary details.

Name * Style / Title

Day Month Year
Date of birth

Forename(s)

Surname

Address

Usual residential address must be given. In the case of a corporation, give the registered or principal office address.

Post town

County / Region UK Postcode

Country Nationality

Business occupation

Issued share capital

Enter details of all the shares in issue at the date of this return.

Class
(e.g. Ordinary/Preference)**Number of shares issued****Aggregate Nominal Value**

(i.e. Number of shares issued multiplied by nominal value per share, or total amount of stock)

Ordinary	500,000	£50,000.00
Totals	500,000	50,000.00

List of past and present shareholders

(use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

There were no changes in the period

☒

on paper

in another format

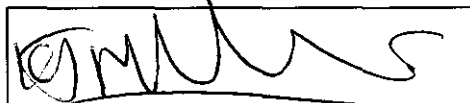
A list of changes is enclosed

☐☐

A full list of shareholders is enclosed

☒☐**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

Signed**Date**

31.01.2007

† Please delete as appropriate.

† a director / secretary

Signed on behalf of
SECRETARIES LIMITED

When you have signed the return send it with the fee to the Registrar of Companies.

Cheques should be made payable to **Companies House.**This return includes continuation sheets.

(enter number)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

Tel

BLUEPRINT

2000

DX number DX exchange

List of past and present shareholders

Schedule to form 363a

CHFP010

Company Number 4663223

Company Name in full HEALTH CLUB GROUP PLC

- Changes to shareholders particulars or details of the amount of stock or shares transferred must be completed each year
- You must provide a "full list" of all the company shareholders on:
 - The company's first annual return following the incorporation;
 - Every third annual return after a full list has been provided
- List the company shareholders in alphabetical order or provide an index
- List joint shareholders consecutively

Shareholders' details	Shares or amount of stock transferred (if appropriate)		
	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name BRIDGEPORT CAPITAL NOMINEES LIMITED Address 371 ILFORD LANE , ILFORD , ESSEX UK postcode IG1 2SJ	£0.10 Ordinary Shares Held 10		
Name HEALTH CLUB HOLDINGS LIMITED Address THE QUADRANT, 118 LONDON ROAD, KINGSTON UPON THAMES, SURREY UK postcode KT2 6QJ	£0.10 Ordinary Shares Held 499,990		
Name Address UK postcode			