



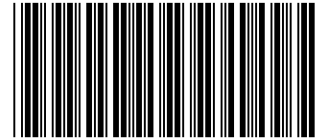
Companies House
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Annual Return

Company Name: **HEALTH CLUB GROUP PLC**

Company Number: **04663223**



Received for filing in Electronic Format on the: **13/02/2006**

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Company Details

Period Ending: **31/01/2006**

Company Type: **PUBLIC LIMITED COMPANY**

Principal Business Activities:

SIC Codes
7415

Registered Office:
Address:

**100 ALDERSGATE STREET
LONDON
EC1A 4LX**

Register of
Members Address:

At Registered Office

Register of Debenture
Holders Address:

Not Applicable

Details of Officers of the Company

Company Secretary:

Name: **FRANCES BINGHAM**

Address: **157 ABBEVILLE ROAD
LONDON SW4 9JJ**

Director 1:

Name: **MICHAEL IAN BURKE**
Date of Birth: **21/06/1956**
Nationality: **BRITISH**
Occupation: **CHIEF EXECUTIVE**

Address: **24 TALBOT ROAD
HIGHGATE
LONDON N6 4QR**

Director 2:

Name: **KEVIN BRIAN CONNOLLY** *Address:* **THE OLD TEA SHOP**
Date of Birth: **23/08/1960** **CHURCH STREET**
Nationality: **IRISH** **WELFORD ON AVON**
Occupation: **FINANCE DIRECTOR** **WARWICKSHIRE CV37 8EJ**

Director 3:

Name: **ALEXANDRE FREDERIC** *Address:* **9 BRYNMAER ROAD**
AKIRA EMERY **LONDON SW11 4EN**
Date of Birth: **07/08/1969**
Nationality: **FRENCH**
Occupation: **INVESTMENT**
MANAGEMENT

Director 4:

Name: **ALLAN BRIAN HENRY** *Address:* **52 NORTH GATE**
FISHER **PRINCE ALBERT ROAD**
Date of Birth: **31/08/1957** **LONDON NW8 7EH**
Nationality: **BRITISH**
Occupation: **DIRECTOR**

Director 5:

Name: **PATRICK ADAM CHARLES** *Address:* **43 RAVENSCOURT ROAD**
FOX **LONDON W6 0UJ**
Date of Birth: **28/08/1958**
Nationality: **BRITISH**
Occupation: **VENTURE CAPITALIST**

Director 6:

Name: **MICHAEL CHARLES** *Address:* **20 SOUTHAMPTON STREET**
GARLAND **LONDON WC2E 7QH**
Date of Birth: **09/04/1957**
Nationality: **BRITISH**
Occupation: **ACCOUNTANT**

Director 7:

Name: **GUY PATRICK WELDON** *Address:* **43 RUDALL CRESCENT**
Date of Birth: **27/04/1967** **LONDON NW3 1RR**
Nationality: **BRITISH**
Occupation: **FUND MANAGER**

Share Capital

Issued Share Capital Details:

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
ORDINARY	500000	GBP50000
TOTALS	500000	GBP50000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 31/01/2006, or that had ceased to be shareholders since the made up date of the previous Annual Return.

Shareholding 1:

10 ORDINARY Shares held as at 31/01/2006

Name: **BRIDGEPOINT CAPITAL NOMINEES LIMITED**

Address: **371 ILFORD LANE
ILFORD
ESSEX IG1 2SJ**

Shareholding 2:

499990 ORDINARY Shares held as at 31/01/2006

Name: **HEALTH CLUB HOLDINGS LIMITED**

Address: **100 ALDERSGATE STREET
LONDON EC1A 4LX**

Authorisation

Authoriser Designation: **SECRETARY** *Date Authorised:* **13/02/2006** *Authenticated:* **Yes (E/W)**