



Companies House  
for the record

# 288b

Please complete in typescript,  
or in bold black capitals.

CHWP000

## Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

04663223

Company Name in full

Health Club Group plc

Date of termination of appointment

Day	Month	Year
09	01	2006

as director



as secretary



Please mark the appropriate box. If terminating  
appointment as a director and secretary mark  
both boxes.

NAME

\*Style / Title

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

Michael Robert

Surname

Davy

†Date of Birth

Day	Month	Year
11	01	1961

A serving director, secretary etc must sign the form below.

Signed

*Laurel Riple*

Date

09.01.2006

\* Voluntary details.

† Directors only.

\*\* Delete as appropriate

(\*\* serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact  
information in the box opposite but  
if you do, it will help Companies  
House to contact you if there is a  
query on the form. The contact  
information that you give will be  
visible to searchers of the public  
record.

Company Secretary, Holmes Place Health & Fitness Holdings Limited

100 Aldersgate Street, London EC1A 4LX

Tel 020 7786 7300

DX number

DX exchange

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh  
or LP - 4 Edinburgh

