

**REGISTERED NUMBER: 04627731 (England and Wales)**

**ABBREVIATED UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 JANUARY 2010**  
**FOR**  
**365 COACHING LIMITED**



**365 COACHING LIMITED**

**CONTENTS OF THE ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 JANUARY 2010**

	<b>Page</b>
<b>Company Information</b>	<b>1</b>
<b>Abbreviated Balance Sheet</b>	<b>2</b>
<b>Notes to the Abbreviated Accounts</b>	<b>3</b>

**365 COACHING LIMITED**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 JANUARY 2010**

**DIRECTORS:** S McAdam  
D Robertson

**SECRETARY:** S McAdam

**REGISTERED OFFICE:** 96 Park Road  
Chiswick  
London  
W4 3HL

**REGISTERED NUMBER:** 04627731 (England and Wales)

**ACCOUNTANTS:** RICHARD IAN & CO  
Chartered Accountants  
Unit 3 Portal West  
6 Portal Way  
Acton  
London  
W3 6RU

**365 COACHING LIMITED**  
**ABBREVIATED BALANCE SHEET**  
**31 JANUARY 2010**

	Notes	2010 £	2009 £
<b>FIXED ASSETS</b>			
Tangible assets	2	1,438	1,691
<b>CURRENT ASSETS</b>			
Debtors		260	-
Cash at bank		8,920	9,432
		9,180	9,432
<b>CREDITORS</b>			
Amounts falling due within one year		6,961	8,976
<b>NET CURRENT ASSETS</b>		2,219	456
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		3,657	2,147
<b>CAPITAL AND RESERVES</b>			
Called up share capital	3	1	1
Profit and loss account		3,656	2,146
<b>SHAREHOLDERS' FUNDS</b>		3,657	2,147

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2010

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2010 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 30 July 2010 and were signed on its behalf by



S McAdam - Director

**365 COACHING LIMITED**

**NOTES TO THE ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 31 JANUARY 2010**

**1 ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

**Turnover**

Turnover represents net invoiced sales of services, excluding value added tax

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Plant and machinery etc - 15% on reducing balance

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

**2 TANGIBLE FIXED ASSETS**

	Total £
<b>COST</b>	
At 1 February 2009	
and 31 January 2010	4,668
<b>DEPRECIATION</b>	
At 1 February 2009	2,977
Charge for year	253
At 31 January 2010	3,230
<b>NET BOOK VALUE</b>	
At 31 January 2010	1,438
At 31 January 2009	1,691

**3 CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid				
Number	Class	Nominal value £1	2010 £	2009 £
1	Ordinary	£1	1	1

**4 ULTIMATE PARENT COMPANY**

The ultimate controlling party is Mr S McAdam by virtue of his shareholding