

ABBREVIATED UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31 JANUARY 2011

FOR

365 COACHING LIMITED

THURSDAY



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22/09/2011

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COMPANIES HOUSE

365 COACHING LIMITED

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FOR THE YEAR ENDED 31 JANUARY 2011

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365 COACHING LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31 JANUARY 2011

DIRECTORS: S McAdam
D Robertson

SECRETARY: S McAdam

REGISTERED OFFICE: 96 Park Road
Chiswick
London
W4 3HL

REGISTERED NUMBER. 04627731 (England and Wales)

ACCOUNTANTS: RICHARD IAN & CO
Chartered Accountants
Suite 7, 2nd Floor
Elstree House
Elstree Way
Borehamwood
Hertfordshire
WD6 1SD

365 COACHING LIMITED
ABBREVIATED BALANCE SHEET
31 JANUARY 2011

	Notes	2011 £	£	2010 £	£
FIXED ASSETS					
Tangible assets	2		1,222		1,438
CURRENT ASSETS					
Debtors		-		260	
Cash at bank		12,665		8,920	
		<u>12,665</u>		<u>9,180</u>	
CREDITORS					
Amounts falling due within one year		<u>8,893</u>		<u>6,961</u>	
NET CURRENT ASSETS			<u>3,772</u>		<u>2,219</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u><u>4,994</u></u>		<u><u>3,657</u></u>
CAPITAL AND RESERVES					
Called up share capital	3		1		1
Profit and loss account			<u>4,993</u>		<u>3,656</u>
SHAREHOLDERS' FUNDS			<u><u>4,994</u></u>		<u><u>3,657</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 January 2011

The members have not required the company to obtain an audit of its financial statements for the year ended 31 January 2011 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 19 September 2011 and were signed on its behalf by



S McAdam - Director

The notes form part of these abbreviated accounts

365 COACHING LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 JANUARY 2011

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced sales of services, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Plant and machinery etc - 15% on reducing balance

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 February 2010 and 31 January 2011	4,668
DEPRECIATION	
At 1 February 2010	3,230
Charge for year	216
At 31 January 2011	3,446
NET BOOK VALUE	
At 31 January 2011	1,222
At 31 January 2010	1,438

3 CALLED UP SHARE CAPITAL

Allotted, issued and fully paid		Nominal value	2011 £	2010 £
Number	Class			
1	Ordinary	£1	1	1

4 ULTIMATE PARENT COMPANY

The ultimate controlling party is Mr S McAdam by virtue of his shareholding