

Registered number
04573035

Yours 4 A Day Ltd

Abbreviated Accounts

31 October 2015

Yours 4 A Day Ltd**Registered number:** 04573035**Abbreviated Balance Sheet****as at 31 October 2015**

	Notes	2015 £	2014 £
Fixed assets			
Intangible assets	2	10,150	11,600
Tangible assets	3	1,747	2,097
		<u>11,897</u>	<u>13,697</u>
Current assets			
Debtors		62,788	60,476
Cash at bank and in hand		1,072	1,379
		<u>63,860</u>	<u>61,855</u>
Creditors: amounts falling due within one year		(55,659)	(56,999)
Net current assets		<u>8,201</u>	<u>4,856</u>
Total assets less current liabilities		<u>20,098</u>	<u>18,553</u>
Creditors: amounts falling due after more than one year		(5,472)	(8,601)
Net assets		<u>14,626</u>	<u>9,952</u>
Capital and reserves			
Called up share capital	4	297	297
Profit and loss account		14,329	9,655
Shareholder's funds		<u>14,626</u>	<u>9,952</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Jennifer Gadsby

Director

Approved by the board on 19 November 2015

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computers & Office Equipment	25% reducing balance
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The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

Cost

Amortisation

Net book value

3 Tangible fixed assets	£
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Cost

At 1 November 2014	14,746
Additions	233
At 31 October 2015	14,979

Depreciation

At 1 November 2014	12,649
Charge for the year	583
At 31 October 2015	<u>13,232</u>

Net book value

At 31 October 2015	<u>1,747</u>
At 31 October 2014	<u>2,097</u>

4 Share capital	Nominal value	2015 Number	2015 £	2014 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	297	<u>297</u>	<u>297</u>

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