



Please complete in typescript,
or in bold black capitals.
CHFP041

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number 4533216

Company Name in full HEALTHY & ESSENTIAL LIMITED

Date of appointment Day Month Year 2 5 0 8 2 0 0 6
Date of Birth Day Month Year 0 2 0 7 1 9 6 6

Appointment form Appointment as director ☒ as secretary ☐ Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME *Style / Title DR *Honours etc.

Forename(s) MARK

Surname RANDLE

Previous Forename(s) Previous Surname(s)

++ Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

++ Usual residential address 23 THE PARKS

Post town CHESTER LE STREET Postcode DH3 3QX

County / Region COUNTY DURHAM Country ENGLAND

Nationality BRITISH Business occupation DIRECTOR

Other directorships (additional space overleaf) DERMASALVE SCIENCES PLC (Company Number: 4989302)

I consent to act as **director / secretary of the above named company

Consent signature Date 25/08/06

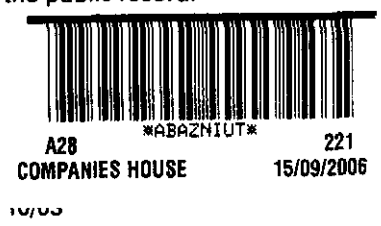
*Voluntary details.
† Directors only.
**Delete as appropriate.

A director, secretary etc must sign the form below.

Signed P. Farguhar Date 25/08/06

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Harrison Clark LLP
5 Deansway, Worcester,
WR1 2JG Tel 01905 612001
DX number 716260 DX exchange Worcester 1



When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX 235 Edinburgh
for companies registered in Scotland or LP - 4 Edinburgh 2

Company Number 4533216

†Directors only.

†Other directorships

DERMASALVE LIMITED (Company Number: 4806145)

PN4H LIMITED (Company Number: 5701825)

NOTES

Show the full forenames. NOT INITIALS. If the director or secretary is a Corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname, and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.