

KIM Inspire Annual Report and **Accounts 2019/20**



**"Everything about my life
has improved"**

www.kim-inspire.org.uk



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At KIM Inspire we believe that mental wellbeing means feeling good about yourself and the world around you and being able to get on with life the way you want to.

KIM Inspire is an award winning charity providing professional, high quality mental health support. The charity was established in 2002 to offer a gender specific service to women who were struggling with their mental health after experiencing domestic abuse.

We now offer group activities in hospital and in the community for young people, women and men suffering from enduring mental illness and more common mental health problems. Our work helps people to improve their mental health through engagement with a wide range of different activities across North East Wales.

Our Services

For the individuals we work with, many daily tasks are very daunting i.e. going to the supermarket or taking public transport, resulting in a lack of social interaction, loss of self-belief and poor personal care all of which further reinforces loneliness and despair. The impact of childhood abuse is also prevalent and the effects of this trauma reach far into adulthood. We also work with individuals whose physical ill health impacts on their mental wellbeing.

KIM 4 Her Sociable, informative and builds self-reliance. Through a combination of new places, new people and inspiring opportunities, individuals learn about themselves, their responses and their place in their community

KIM 4 Him Our men's recovery programme is designed to empower men to recognise and develop their strengths and abilities. Supporting men to improve their wellbeing through activity and engagement.

KIM eVOLution Volunteers are at the centre of everything we do from sitting on the Board of Trustees to supporting and developing our groups and activities. We believe that social inclusion and community participation are pivotal to mental health recovery.

KIM Betweeners Empowers young people to build resilience, boost confidence and manage difficult emotions. Involvement and engagement with our activities increases the capacity to thrive and succeed in life!

KIM in the Community One of KIM's main aims is to bring together the community as a whole. We offer a selection of activities to the local community such as the KIM Community Choir, Community Gardening, Cooking groups fundraising events and our pop café. The benefits of these activities include improved social interaction, greater community resilience and better wellness outcomes for all.

Our Vision

"Enable women, men and young people to improve their mental health and fulfil their potential by making positive changes to their lives"

Our Mission Statement

"KIM supports people to improve mental health, coping strategies, social networks and opportunities for training, volunteering, employment and community integration"

KIM sessions are friendly, fun and always focused on progression and individual development. Our group-led activities are proven and innovative.

We recognize that certain key capabilities make our work unique. Our evaluations show that volunteers, students, staff and visitors find KIM to be a special organisation. Our staff are passionate and enthusiastic, and create an environment which is welcoming and accessible. We operate as flexibly and responsively as possible and ensure that everyone involved with KIM is treated equally.

We aim to involve our clients and volunteers in all the activities we undertake, and through consultation ensure everyone is appropriately involved in decision making. We also actively encourage our clients and volunteers to become members of KIM, to attend Annual General Meetings and to become Trustees.

We also offer and encourage activities involving the wider local community offering social integration opportunities for our clients and others whilst reducing mental health stigma.

"KIM sessions are friendly, fun and always focused on progression and individual development"

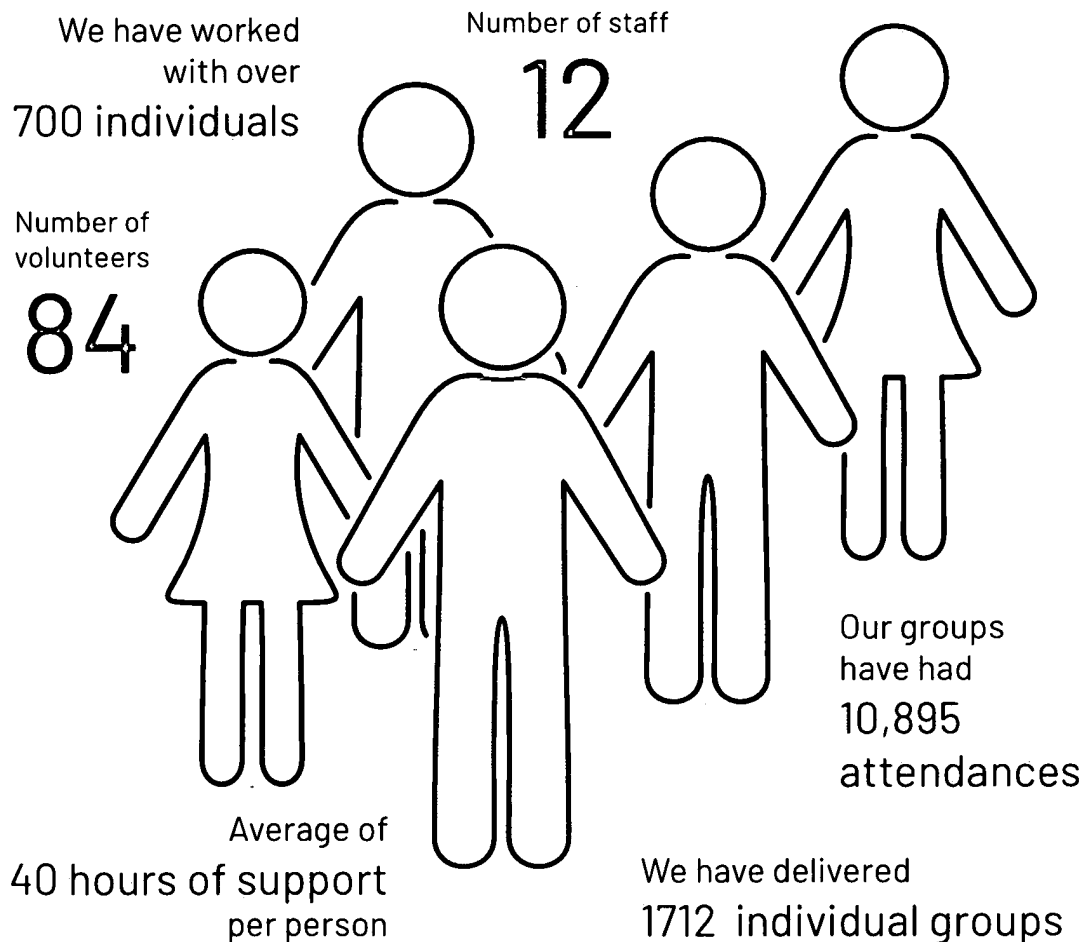


KIM's Awards

We are proud to have been recognised for our work over the past few years.

- **2015** - Care Council of Wales first ever 10 year award for most developed previous winner (we won our first accolade in 2007 for community development)
- **2015** - Lloyds Bank Foundation Valuing Volunteers category for Wales winner (finalists in UK category)
- **2015** - North Wales Police Commissioners Community Award, Third Sector category
- **2016** - GlaxoSmith Kline Impact Awards, finalist
- **2016** - Admin Officer won North Wales Training Customer of the Year award
- **2017** - Social work awards 2017 - British Association of Social Workers Cymru – Practice Teacher Award – Annie Donovan and British Association of Social Workers Cymru – Team Award – Annie Donovan, Andy Matthews, Amy Gray
- **2018** - Radio 2 'All in the Mind' national winner

Our year at a glance



Welcome

Here we are again celebrating the continuing growth of KIM Inspire...

During this year we have delivered our service to over 700 people through a variety of groups and settings and the need for our support is obviously not reducing. Although we have individual development as our aim and there are many people who have developed beyond our services, gained confidence and determination to achieve more than they hoped for, with the increase in service options we are continually reaching a wider audience.

KIM 4 Her has continued to offer its unique style of mental health support to women of North East Wales and the men's project is going from strength to strength in Flintshire with a successful pilot in Wrexham followed by achieving funding to establish a full project in addition to the one flourishing in Flintshire.

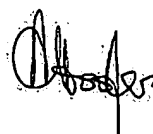
We have also seen growth during the year within the young people's project with various groups giving young people the opportunity to be supported as they learn and grow.

Our Welsh language and culture courses and qualifications also demonstrate how a small local organisation can promote the issues that are important to its people and communities. It is wonderful to see how KIM has integrated so easily into localities and is supporting better mental health on so many different levels.

Our connections with learning have been strengthened through our work this year with students and academics, particularly the input KIM has had in social work education and social care research through Glyndwr and Swansea Universities. We are encouraged by our involvement which challenges our own thinking

and also contributes to future development of mental health services on the national stage.

So, at the end of another productive and successful year we are able to celebrate as a whole organisation, everyone playing their part towards a common goal. We have seen people develop and flourish, we have been involved in exciting new projects and we have been engaged in our communities. We look to the future with confidence and gratitude that we have been able to be involved in people's lives and that involvement has been so positive.



Anne Hooper
Chair

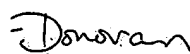
In 2019 I celebrated 15 years with KIM, and I am so proud and grateful to have spent so long as part of this amazing organisation.

This year saw so many of our brilliant volunteers demonstrating huge amounts of personal resilience and dedication to support KIM's projects.

Our Friday pop up café, the garden, the choir, drama, fundraising events and of course all our great weekly activities that are a life line for so many; are all the result of everyone's hard work.

We have welcomed new staff to our busy team, settled into our new office in Ty Pawb in Wrexham and we have seen more community groups using our Holywell Hub for different meetings and clubs. It's great to have been so involved and welcomed in our local community.

We have achieved many of our long and short term aims and everything is heading in a great direction, many thanks to everybody.



Annie Donovan
Chief Executive Officer

KIM 4 Her

"KIM helps me gain knowledge about how to deal with mental illness, it inspires me to start something new and to make new memories. I have developed my confidence, my self-worth feels rejuvenated, new doors have been opened and I am now preparing for a new life"

KIM 4 Her promotes positive change and supports community participation for women to improve their mental health.

What we did

We took a supportive, empathic and non-judgemental approach, with just the right amount of challenge mixed in to promote change. This year the activities have been focused on the following personal development areas:

- self-awareness and self-esteem
- empathy
- interpersonal relations
- critical and creative thinking
- decision-making
- problem solving
- assertiveness
- coping with emotion
- stress
- positive health

We listened to what women told us would help them including:

- confidence building
- assertiveness training
- increased resilience
- creative workshops
- accessible sports
- community integration



Women taking part in an art project in St Asaph Cathedral

Some of the courses we offered (including accredited courses) were:

Welsh Language and Culture Levels 1 and 2; Food Safety Level 2; Improving Self Confidence and Self Esteem Level 1; First Aid; Coaching for Life Skills.

Where we worked and how

We worked in community buildings across North East Wales, connecting people to resources on their doorstep.

We made connections with community groups and organisations, inviting them to talk to KIM and inspire others to join activities in their communities

We worked in partnership with the local authorities, contributing to the Flintshire Wellbeing Brochure and participating in the 'Safer Places' audit around Wrexham town centre with Wrexham Council.

We participated in St Asaph Cathedral 'Journeys Project'- in collaboration with cathedral activities coordinator Lorna Kernahan and local artist Juliet Staines

KIM has also been working with the creative department of Ty Pawb, and the local artists and artisan shops located in Ty Pawb.

"Staff have been amazing through this whole situation and I can't thank you enough. I don't know what would have happened to me otherwise."

"A tremendous group of strong and supportive women"

"I've built my confidence"

"I don't feel alone anymore"

"Staff and volunteers listen"

"Challenging myself, overcoming my mood and depression and how it affected me"

Achievements

340 women's groups delivered across Flintshire and Wrexham.

From our work:

- 93.3% women confirmed an increase in confidence levels
- 85% engage better with their friends and wider communities
- 82% report feeling free from worry
- 72% feel like they have education and employment opportunities
- 73% confirm an improvement in mood.
- 50 Women achieved an accreditation from Addysg Oedolion Cymru/Adult Learning Wales
- Two women have used their new found confidence and skills to secure full-time employment



KIM 4 Him

Last year KIM 4 Him supported 134 men over 2 counties.

A ground breaking project designed specifically for men established in Flintshire in 2014. We help reduce the barriers to men seeking support through 1-1 mentoring and team based group work.

What we did

The men have continued to co-produce new groups including 'mancraft' and 'inner geek'. The titles of these groups were claimed by the men, for the men, giving them a sense of ownership and empowerment. These additional groups focus on the hobbies and interests of the men to serve two key purposes: 1 – to increase confidence and skills, 2 – to provide experience and pathways to volunteering.

The men that attend KIM 4 Him have been keen to advocate for men's mental health issues. An image from the service won the Glyndwr University 'Visualising Research' competition in 2019. The image of a man depicting 2 sides of his mental health along with a personal narrative was displayed in two photography competitions. The image was also displayed and drew comments and an award from the Wales School of Social Care Research Annual Conference in Cardiff.

The men have also taken part in an academic research project helping design the questions, information



Men from the group during photography training

booklet, and taking part in the data collection phase.

Where we worked

The men's service has continued to grow in Flintshire with funding from The Big Lottery. KIM 4 Him is now in the second of the four years of funding. The strengths-based approach that focusses on masculinity has proven to improve anxiety, confidence, social skills and learning for all men.

KIM 4 Him has now expanded into the county of Wrexham as The Henry Smith Charity funded the men's service for 3 years from October 2019 after a pilot project funded by The Big Lottery ended.

We filled the Wrexham Men's Co-ordinator post in January 2020.



From a group, turning photos into hand drawn images

"Being amongst other men with mental and physical issues has given me a sense of empathy that I am not alone. I have more of a perspective on my issues and I am more willing to help others"

"It's fun and interactive"

"Motivation to do things helps my mood"

"I like getting out of the house"

"I've met loads of new people and enjoyed the cooking and the gardening"

Achievements

From our work:

- 166 men's groups delivered across Flintshire and Wrexham.
- 100% men confirmed an increase in confidence levels
- 100% engage better with their friends and wider communities
- 100% report feeling free from worry
- 67% feel like they have education and employment opportunities
- 100% confirm an improvement in mood.

Hospital Support

We continued our work in Heddfan, encouraging patients to think about the benefits of accessing support in their communities upon discharge.

KIM continued to work in the Heddfan psychiatric unit of Wrexham Maelor Hospital. We were involved in supporting patients through encouraging positive interaction and activities. We gave information about KIM groups helping to bridge the gaps in services and link to community provision. This was vital for patients to ensure a smooth transition from inpatient to living back in the community and continued support.

In the psychiatric unit KIM offers a range of activities ranging from arts and crafts, shared reading sessions, gardening, activities in the activities hall, yoga and Tai Chi. All the activities increase wellbeing and help reduce anxiety and encourages flexible and creative thoughts.

R's Story

The reasons for me finding myself in the Heddfan unit are a blur. There were more people than I had seen in literally years and I was terrified of everyone. I had no confidence and didn't know what to do or what was expected of me.

I met Sian during a group and she was so friendly and positive. It was organised that I would attend KIM once home again. The support worker cajoled me out of the house each week, though I never wanted to go anywhere. Too terrified to speak; which chair to sit on; generally taking up space that could be better used by someone else. Never feeling safe and that I might be left



KIM Choir singing in the Heddfan Unit December 2019

stranded somewhere.

Being creative has always been my go to and I found myself tentatively speaking and joining in. After a long time I began to look forward. KIM is a link to the outside world and humanity. There is always a non-judgemental, positive attitude and feeling of acceptance.

I still look out of the window and feel like the only person on the planet but having groups to join and tasks to do alongside others has made such a difference.

KIMBetweeners

Especially for young people who want to be better able to manage their own emotions and wellbeing. We offer 1-1 support and a whole range of activity groups that are safe and friendly.

Last year KIM Betweeners supported over 80 Young people.

What we did

The youth project supported young people in many ways and in different settings; social and activity groups both in the community and schools, 121 coaching sessions, confidence building trips and outings, personal safeguarding training, work placements, and volunteering opportunities.

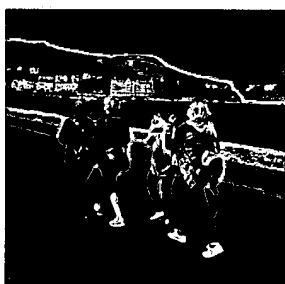
Where we worked and how

Each of the different ways of engaging have brought about positive outcomes for young people this year:

Young people regularly attending a weekly groups said the sessions were good stress relief, taking away the chaos of school especially during exam periods. One said they even experienced less headaches.

All agreed that attending had increased their confidence outside the group, at home, at school and beyond. One person declared that the activities they engaged in had helped them to 'figure out life better'!

We have worked collaboratively with CAMHS, Mold Alyn High School and Holywell High School.



"It makes me feel a lot better about myself"

"It has motivated me to decrease my social isolation"

"Being a KIM Betweenener puts your mind at rest; I go away feeling calm and relaxed"

One young person whose emotional regulation fell apart following the death of her grandfather needed a small number of 121 sessions. She said she was applying all she had learned in these sessions to everything, not just her grief and that she felt like a different person; much happier in herself, even than before the bereavement.

Achievements

This year also saw an increase in the number of young people wanting to volunteer in some way. The confidence of the young people as a result of being part of our project prompting some to lead activities or even plan them, others to volunteer at events to promote and represent the project. Five young people even completed their accredited training in 2019 and a further 4 young people started in early 2020 (sadly curtailed by the pandemic for the time being).

KIM Volunteering

Our volunteers have told us that the best route to learning to care for yourself is to care for others. By giving time and support to people who are struggling with their mental health or by helping in the community, our volunteers have found their own mental health has improved enormously. We welcome people from all walks of life to join our brilliant team of volunteers; support others, fundraise, help with catering, office work and much more.

We offer opportunities for self-development, accredited training, work experience and a great way to socialise. Over this period, our volunteering project was funded by Steve Morgan Foundation and Volunteering Wales Grants.

We tailor our volunteer roles to the individual and allow people to 'play to their strengths' whilst simultaneously developing new skills that will offer new challenges. We believe our strengths-based approach and flexibility has been fundamental to our volunteering opportunities.

M's Story

We were delighted when a client showed an interest in our garden as we could see M had great potential as a volunteer and he readily admitted that the routine and being outdoors helps to improve his mental health immensely. M completed the accredited volunteer training in the summer of 2019 and following this, he took ownership of organising a regular community gardening group as the group leader and facilitator, with staff support.

KIM has now secured funding for M to enrol on a City and Guilds horticultural



Composter and living wall built by volunteers from old pallets

'The garden looks absolutely beautiful, the hard work of our team of gardeners led by M has transformed it and realised its potential. The café volunteers loved using home grown lettuce in salads last year and fresh courgettes in a pasta sauce. Amazing!'

'The feeling of doing something good makes me think of things I can do for the ladies. If they have 2 hours of enjoyment, it makes me feel good'



Volunteers took part in an audit of 'Safer Places' in Wrexham Town Centre community group.

course, a long held ambition that his volunteering with KIM has given him the confidence to progress.

During the reporting period those in the gardening group have made strong connections with other members of the community, have increased their knowledge and skills and feel a real sense of value and purpose. The garden space has transformed, several members of the community have passed comment on how lovely the space now looks, and the added benefit is that the garden produce is used in Cwtch Cafe, our weekly pop-up cafe.

Last year KIM was supported by 84 volunteers who:

- Supported mental health groups
- Started a volunteer-led community drama group
- Supported with admin tasks
- Supported the social enterprise cafes

Achievements

- 49 volunteers completed accredited training across both counties, in:
 - Mental Health and Wellbeing
 - Welsh Language and Culture
 - Community Development
- Additional training in this period included Diversity and Difference (Equal Opportunities), Food Hygiene, Allergens and First Aid.

- Started a volunteer-led gardening group, making huge improvements to the community garden
- Improved their IT Skills and shared blog posts about their activity at KIM and beyond.

"Being part of KIM and attending the Hub keeps me in a routine and keeps my mental health stable. The social connections I have made have been really important, we are a really good team. Being outside and achieving such change and improvement helps me a lot. It means I try other things in my life that I had previously left, like cooking"

"Laughing, learning and achieving"

"Volunteering with KIM has increased my self-confidence and given me a real sense of purpose and achievement. I have made wonderful new friends and made the most of opportunities to challenge myself and learn new skills"

Community Activities

We welcome everyone to come along and join in with our community activities.

These include our Cwtch Pop-Up Café every Friday, the Holywell and District Men's Shed and KIM Community Choir all at the Hub. Other events are regularly posted on our website at www.kim-inspire.org.uk and Facebook page at www.facebook.com/kiminspire.



Facilities for hire

Part of our income generation strategy for the charity is to hire out rooms at the Hub.

We have a fantastic selection of recently redecorated rooms from one to one meeting rooms and hot desking space to meeting rooms which accommodate up to 60 people, which we can hire out to outside organisations. We can offer light refreshments to a sit down meal prepared in our in-house commercial catering kitchen. The Hub has full disability access, WIFI and parking, plus a fantastic garden which can be used for outside activities.

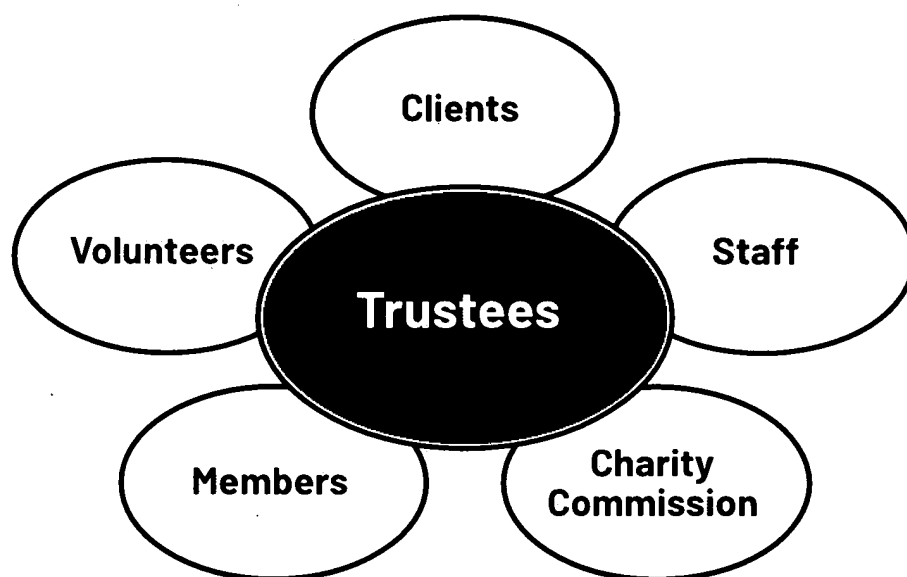
Many external organisations use the Hub either regularly or for one off events and meetings and we value the links we have with partner organisations who utilise the Hub.



KIM offered Welsh Language and Culture courses (Levels 1&2) which has seen more than 50 clients, volunteers and community members receive an accreditation. This popular course, designed and delivered by KIM, explores the history and mythology of Wales and provides an opportunity to learn the language through fun, interactive sessions. Part of the course involves a visit to a place of special historic interest such as Erddig and Conwy Castle (pictured above).

During the year we completed the 'Cooking for Community' Active Inclusion project in Flintshire, with 61 participants engaging. The project focused on helping people to move closer to employment by improving their self-confidence and improve their knowledge around catering and associated skills. The project was successful and achieved its target of helping people's employability skills and confidence through education and training, with 3 people moving into employment during the project. A new Active Inclusion project commenced in February called 'Symyd Ymlaen', which involves KIM again working with people from the wider community. The work will focus on helping people improve their skills; improve their mental health, build confidence and social and practical skills to improve their employability prospects through education, training and volunteering.

How we are governed



Our Structure

KIM Inspire is a company limited by guarantee (incorporated 19 June 2002, registered number 4464874) and is a registered charity in England and Wales (charity number 1104186). The charity's constitution is its Articles of Association.

Our Trustees

The directors of the company are also known as Trustees.

The Board of Trustees seeks to ensure that KIMs beneficiary groups are reflected through the diversity of the board. KIM has sought to identify existing and previous individuals who have received KIMs support who would be willing to become members of the Board and use their own experience to assist the charity.

We try to maintain a broad skill mix on the board. The board's skills are

recorded, reviewed and monitored with gaps in skills identified. Potential new trustees are invited and encouraged to join the board based on the overall skill set and rotation of members.

Subsidiary

The charity has a wholly owned subsidiary as at 31 March 2020, KIM Inspire Social Enterprises Ltd which is registered in England and Wales (incorporated 1 February 2011, registered number 07908511) as a company limited by shares. We raise some of the funds needed to run KIM Inspire through the trading activities of this subsidiary.

Organisational structure

The Board of Trustees is responsible for the strategic direction and policy of the charity. At present, the Board has five members from a variety of professional backgrounds. The Board meets on a two monthly basis to discuss current

and future work, financial and funding issues and other relevant general matters. Under the requirements of the Memorandum and Articles of Association, one third of the trustees are subject to retirement by rotation at each Annual General Meeting, after which they may be re-elected, if the resulting vacancy is not filled.

Induction and training of new trustees

All new trustees are invited and encouraged to attend training to familiarise themselves with the charity and the context within which it operates, and cover:

1. The obligations of Board of Trustees members.
2. The main documents which set out the operational framework for the charity including the Memorandum and Articles.
3. Resourcing and the current financial position as set out in the latest published accounts.
4. Future plans and objectives.

A Trustee Induction Pack is also available drawing information from the various Charity Commission publications signposted through the Commissions guide "The Essential Trustee". This is distributed to all new trustees along with the Memorandum and Articles, the latest financial statements and any other documentation considered relevant to enable members to best fulfil their role as trustee.

Potential trustees are invited to attend 3 trustee meetings, following which they are interviewed by two members of the existing board to ensure suitability for the position. If successful, the individual is co-opted onto the Trustee board until the next Annual General Meeting.

Strategic Partnerships, national policy and direction

KIM is guided by both local and national policy and works to a model of utilising community resources to encourage social integration and co-production in order to provide our service. The Social Services and Well-Being Act (Wales) 2014 has highlighted this approach as the way forward. We also endeavour to address the inequality and stigma for people who have mental illness in line with the Welsh Governments' 10-year strategy 'Together for Mental Health' implemented in 2012 and the Mental Health (Wales) Measure, 2010.

Representatives of the charity participate in mental health and voluntary sector network meetings. The charity has close links with local organisations such as Flintshire County Council, the Betsi Cadwaldr University Health Board, the Community Mental Health teams, the Drug and Alcohol Teams, the Glyndwr and Swansea Universities.

Such partnerships prove invaluable to the charity in establishing improved links and referral processes within the community and in identifying relevant policy developments, up to date research and prospective projects and funding.

In preparing this report, the Trustees have had regard to the Charity Commission's guidance on public benefit.

Our people

Our volunteers and employees are truly remarkable, and we're committed to helping them succeed in every aspect of their roles.

Staff Team

The paid staff of KIM comprises:

- Chief Executive Officer (full time)
- Director of Operations (full time)
- Director of Finance (part time)
- Volunteer and Womens Service Manager (full time)
- Womens Community Co-Ordinator Flintshire (full time)
- Womens Community Co-Ordinator Wrexham (full time)
- Youth Service Manager (part time);
- Mens Community Co-Ordinator Wrexham (full time)
- Group Support Worker Womens Service (full time)
- Group Support Worker Mens Service (full time)
- Admin Officer (part time)
- Volunteer Co-Ordinator (full-time)

Volunteer Team

The Volunteer Co-Ordinator recruits, trains and supports our volunteers to be involved in all aspects of KIM's work. Our volunteers get involved in: gardening, as cafe assistants, cooking, administration, group support and group facilitation. Volunteering roles at KIM are shaped to suit individuals, their interests and skills. We fully support people, from any background and experience, to be involved as a volunteer. The Volunteer team for the year included 84 volunteers.



Dave's Story

I first came to KIM Inspire due to a breakdown in my relationship and home life. I had gone from being a hard working Dad running my own DIY business, cooking, cleaning, reading stories to my children after their bath and taking them to school every morning; it was 24/7 none stop lifestyle. Overnight my whole world just fell apart and been flipped upside down. I found myself homeless, sitting in a room in a strange house twiddling my thumbs not knowing what to do as I have no family and all of my friends disappeared. My phone never rang or made a noise the silence was deafening after having such a busy active life.

A support worker mentioned doing some volunteering to keep me busy and stop my mind from thinking about my situation. He took me to KIM Inspire where I met lots of lovely people in similar situations and friendly helpful staff who immediately made me feel welcome. I needed to get out my energy and stress so was asked if I would like to help out in the garden which really

helped. From there I continued to come back to KIM each week which then led to me taking on the men's sheds DIY group using my skills, strengths and tools.

I was asked after two months if I would like to take part in the men's group and after a few weeks I could see there was a lot of potential for me to help the men overcome some of their thoughts and feelings about the way they have been treated in life. After 12 months of being a volunteer and facilitating these groups KIM Inspire managed to find me a full time role which started out as twenty hours a week and has since led to 35 hours. I have been at KIM for three years now, one year as a volunteer and two as an employee. I have met some amazing people and helped them through some of their toughest times. I also have the privilege of working with some of the nicest and most supportive colleagues I have met which I am still working alongside today.

Looking after our People

Safeguarding

KIM believes that no child, young person or adult should ever experience abuse of any kind. We have a responsibility to promote the welfare of all individuals and to keep them safe. We are committed to practice in a way that protects them.

We all have a responsibility to safeguard the welfare of the individuals we work with, their carers, family members and children.

It's important everyone at KIM Inspire understands their responsibilities and the steps they should take if they have any concerns for the safety of a vulnerable person.

What is safeguarding?

Safeguarding is about protecting and supporting people so that they can live

free from harm, abuse and neglect.

To do this, we have put in place processes designed to protect those people, including:

- a robust employee and volunteering recruitment process
- a comprehensive Safeguarding policy
- mandatory Safeguarding training
- incident reporting processes (including a Whistleblowing policy)
- processes to ensure compliance with external regulation.

Why is it important?

Safeguarding needs to be considered in all KIM Inspire settings and activities that may involve vulnerable people, its staff and volunteers.

We have a moral and legal responsibility to support the welfare and safety of vulnerable people.

Who is responsible for safeguarding?

We strive to proactively safeguard and promote the welfare of the individuals we work with, our staff and volunteers. We are always mindful of the fact that safeguarding issues could arise and the primary need is for all staff and volunteers to be vigilant and open-minded about these risks.

KIM Inspire's Chief Executive Officer has overarching responsibility for safeguarding across the charity and holds the position of Safeguarding Officer. In addition, there is a Deputy Safeguarding Officer and a Trustee who has safeguarding responsibilities.

In addition, all staff and volunteers are expected to read, understand and follow our Safeguarding Policy and the guidance and procedures within it.

Principal Risks & Uncertainties

The Board of Trustees has overall responsibility for risk management for KIM Inspire and its subsidiary. This includes setting the risk appetite for the charity, ensuring that there are reasonable procedures in place for the prevention and detection of major risks, including fraud risk and other irregularities, and ensuring that risk procedures are reviewed when issues arise.

All members of staff, volunteers and members of the Management Committee who may have significant contact with individuals are required to undergo appropriate DBS checks.

Risk Management

The Board of Trustees, along with all members of staff, hold an Annual Planning Meeting, to discuss KIM Inspire's current and future service provision and direction.

Risk Assessments of the charity and of specific projects and activities are carried out as appropriate. A risk register has been established, which is updated at least annually. Where appropriate, systems or procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan, which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects, including a comprehensive financial procedures policy.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, individuals and visitors to the offices and venues used by the charity.

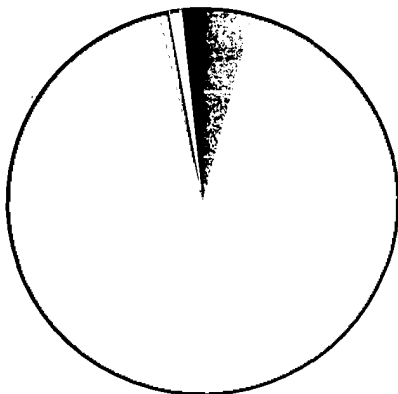
Financial Review

The result for 2019/20 was a surplus of £11,286 recording a surplus for the second year in a row. The breakdown is as follows:

	31 March 2018	31 March 2019	31 March 2020
Income	£274,015	£377,855	£423,829
Expenditure	£298,434	£371,921	£412,543
Surplus/(Deficit)	(£24,383)	£5,934	£11,286
Unrestricted funds	£71,661	£77,663	£89,017
Total Funds	£278,346	£284,280	£295,566

Funding sources

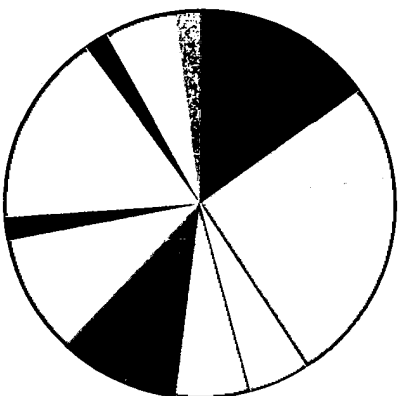
The funding sources for the charity during the year were split as follows:



Breakdown of Income 2019/20

4%	Donations
92%	Grants
1%	Student Placement Fees
1%	Overhead Contributions
1%	Other Trading Activities
1%	Investment income

Revenue Grant funding remains the most significant source of funding and is split as follows:



Breakdown of Grant Income 2019/20

15%	Flintshire County Council
8%	Betsi Cadwaldr University Health Board
18%	Steve Morgan Foundation
5%	Volunteering Wales Fund
6%	Lloyds Foundation
4%	The Henry Smith Charity
0%	Men's Sheds
6%	Active Inclusion
10%	BBC Children in Need 2018-21
2%	The Big Lottery - Awards For All
16%	The Big Lottery 2018-21
2%	Active Inclusion 2020-22
6%	The Henry Smith Charity 2019-2022
2%	The Big Lottery Community Fund

Reserves policy

KIM Inspire's reserves are generated from unrestricted sources i.e. payment for services, fundraising, room hire and donations, and are reviewed annually. The Board of Trustees have reviewed the Reserves policy. Ideally, to meet all potential financial commitments over a period of up to 6 months in the event of a loss of funding, unrestricted reserves should be £94,000. The level of unrestricted reserves at year end was below this however the Trustees have agreed and accepted that the risk is mitigated by the spread of income received and the very low likelihood that all funding would be lost at once. This year the Trustees have agreed that Designated Reserves should remain at the current levels as follows: Replacement heating system £3,500; Redundancy costs £7,000 and the Garden Wall replacement £3,000.

Investment policy and objectives

Aside from retaining a prudent amount in reserves each year, most of the charity's funds are to be spent in the short term so there are few funds for long term investment. In addition to the Bank current account, the Charity also operates an instant access deposit account with HSBC and a high interest deposit account with Santander.

Statement of responsibilities

Statement of responsibilities of the Trustees of KIM Inspire in respect of the Trustees' Annual Report and the financial statements

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

Company and charity law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the company financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing each of the charitable company financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- assess the group's and the charitable company's ability to continue as a going concern, disclosing, as

applicable, matters related to going concern

- use the going concern basis of accounting unless they either intend to liquidate the group or the charitable company or to cease operations, or have no realistic alternative but to do so.

The Trustees are responsible for keeping adequate and proper accounting records that are sufficient to show and explain the charitable company's transactions, disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that its financial statements comply with the Companies Act 2006.

They are responsible for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, and have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the group and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Reference and Administrative Details

Registered Company Number

4464874 (England and Wales)

Registered Charity Number

1104186

Registered Office

The Hub, Park Lane, Holywell
Flintshire CH8 7UR

Trustees

Dr J Pattie
Mr J Borek
Ms A Hooper
Ms L Harvey
L A Carter
Dr M Ghisoni

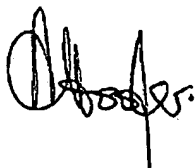
Company Secretary

Mrs W A Jones-Booth

Independent Examiner

Azets Audit Services Ltd,
Brynford House, 21 Brynford Street,
Holywell, Flintshire CH8 7RD

Approved by order of the board of trustees on 23rd September 2020
and signed on its behalf by:



Ms A Hooper - Trustee

Independent Examiner's Report to the Trustees of KIM Inspire

Independent examiner's report to the trustees of KIM Inspire ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of the ICAEW and the ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Melanie Langton-Davies ACA, FCCA
Azets Audit Services Limited,
Brynford House, 21 Brynford Street,
Holywell, Flintshire CH8 7RD

Signed:

M. Langton-Davies

Date:

24 November 2020

Statement of Financial Activities for the year ended 31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	14,509	1,097	15,606	18,388
Charitable activities					
Grants receivable	5	-	389,637	389,637	334,941
Student placement fees		4,400	-	4,400	7,800
Overhead contributions		4,080	-	4,080	4,080
Other trading activities	3	4,284	2,047	6,331	8,685
Investment income	4	3,775	-	3,775	3,961
Total		31,048	392,781	423,829	377,855
EXPENDITURE ON					
Raising funds		744	1,835	2,579	5,247
Charitable activities					
Fund raising		773	-	773	326
Staff salaries and expenses		14,211	311,784	325,995	300,178
Premises expenses		2,120	24,767	26,887	20,466
Employment services		240	2,353	2,593	2,150
Office expenses		859	12,809	13,668	10,005
Fees and expenses		301	4,538	4,839	4,375
Volunteers and beneficiaries expenses		443	34,698	35,141	29,106
Depreciation		-	68	68	68
Total		19,691	392,852	412,543	371,921
NET INCOME/(EXPENDITURE)		11,357	(71)	11,286	5,934
RECONCILIATION OF FUNDS					
Total funds brought forward		77,663	206,617	284,280	278,346
TOTAL FUNDS CARRIED FORWARD		89,020	206,546	295,566	284,280

Statement of Financial Position for the year ended 31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Tangible assets	10	-	193,049	193,049	193,117
CURRENT ASSETS					
Stocks	11	31	-	31	204
Debtors	12	13,746	-	13,746	30,465
Investments	13	1	-	1	1
Cash at bank and in hand		<u>93,809</u>	<u>67,310</u>	<u>161,119</u>	<u>119,439</u>
		107,587	67,310	174,897	150,109
CREDITORS					
Amounts falling due within one year	14	(18,570)	(53,810)	(72,380)	(58,946)
NET CURRENT ASSETS		<u>89,017</u>	<u>13,500</u>	<u>102,517</u>	<u>91,163</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>89,017</u>	<u>206,549</u>	<u>295,566</u>	<u>284,280</u>
NET ASSETS		<u>89,017</u>	<u>206,549</u>	<u>295,566</u>	<u>284,280</u>
FUNDS	15				
Unrestricted funds				89,017	77,663
Restricted funds				<u>206,549</u>	<u>206,617</u>
TOTAL FUNDS				<u>295,566</u>	<u>284,280</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

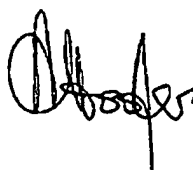
- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised on 25th November 2020 and were signed on its behalf by:



Dr J Pattie - Trustee



Ms A Hooper - Trustee

Notes to the Financial Statements for the year ended 31 March 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 4% on cost
Plant and machinery	- 25% on cost and 20% on cost
Fixtures and fittings	- 25% on cost
Computer equipment	- 25% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company pays an employer's contribution into the employees own stakeholder pension scheme. Contributions payable by the charitable company are charged to the Statement of Financial Activities in the period to which they relate.

Investments

Shares in the subsidiary company are shown at cost.

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

2. DONATIONS AND LEGACIES

	2020	2019
	£	£
Donations	<u>15,606</u>	<u>18,388</u>

3. OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Fundraising events	4,040	1,717
Tuck shop income	579	919
Catering kitchen income	<u>1,712</u>	<u>6,049</u>
	<u>6,331</u>	<u>8,685</u>

4. INVESTMENT INCOME

	2020	2019
	£	£
Rents received	3,495	3,690
Deposit account interest	<u>280</u>	<u>271</u>
	<u>3,775</u>	<u>3,961</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2020	2019
	Total activities	Total activities
	£	£
Grants receivable		
Student placement fees		
Overhead contributions		
Student placement fees	£ -	£ 4,400
KIM Inspire Enterprises Ltd		
Contributions to overheads	-	4,080
Grants	<u>389,637</u>	<u>334,941</u>
	<u>389,637</u>	<u>346,821</u>

Grants received, included in the above, are as follows:

	2020	2019
	£	£
Flintshire County Council	57,993	58,482
Betsi Cadwaldr University Health Board	30,949	31,279
Steve Morgan Foundation	69,550	61,770
Volunteering in Wales Fund	19,930	-
Lloyds Foundation	25,212	25,423
BBC Children in Need	-	23,042
The Henry Smith Charity	13,592	41,440
The Williams Family Trust	-	5,269
Mens Sheds	777	677
Active Inclusion	23,567	15,393
BBC Children in Need 2018-2021	40,159	11,692
The Big Lottery - Awards for All	7,917	2,039
The Big Lottery - 2018-2021	62,064	58,435
Active Inclusion 2020-2022	7,124	-
The Henry Smith Charity 2019-2022	22,437	-
The Big Lottery Community Fund	<u>8,366</u>	<u>-</u>
	<u>389,637</u>	<u>334,941</u>

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020 £	2019 £
Depreciation – owned assets	68	68
Other operating leases	<u>1,251</u>	<u>-</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019.

Trustees' expenses

There were trustees expenses of £227.70 paid in the year to 31 March 2020 (2019: £626.92).

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2020 <u>12</u>	2019 <u>11</u>
Full and part time employees		

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	15,582	2,806	18,388
Charitable activities			
Grants received	-	334,941	334,941
Student placement fees	7,800	-	7,800
Overhead contributions	4,080	-	4,080
Other trading activities	2,636	6,049	8,685
Investment income	<u>3,961</u>	<u>-</u>	<u>3,961</u>
Total	34,059	343,796	377,855
EXPENDITURE ON			
Raising funds	797	4,450	5,247
Charitable activities			
Fund raising	326	-	326
Staff salaries and expenses	24,560	275,618	300,178
Premises expenses	818	19,648	20,466
Employment services	230	1,920	2,150
Office expenses	-	10,005	10,005
Fees and expenses	291	4,084	4,375
Volunteers and beneficiaries expenses	<u>1,033</u>	<u>28,073</u>	<u>29,106</u>

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Depreciation	-	68	68
Total	28,055	343,866	371,921
NET INCOME/(EXPENDITURE)	6,004	(70)	5,934
RECONCILIATION OF FUNDS			
Total funds brought forward	71,661	206,685	278,346
TOTAL FUNDS CARRIED FORWARD	77,665	206,615	284,280

10. TANGIBLE FIXED ASSETS

	Freehold property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2019 and 31 March 2020	<u>201,517</u>	<u>15,220</u>	<u>10,667</u>	<u>13,599</u>	<u>241,003</u>
DEPRECIATION					
At 1 April 2019	8,400	15,220	10,667	13,599	47,886
Charge for year	<u>68</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>68</u>
At 31 March 2020	<u>8,468</u>	<u>15,220</u>	<u>10,667</u>	<u>13,599</u>	<u>47,954</u>
NET BOOK VALUE					
At 31 March 2020	<u>193,049</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>193,049</u>
At 31 March 2019	<u>193,117</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>193,117</u>

11. STOCKS

	2020 £	2019 £
Stocks	<u>31</u>	<u>204</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Other debtors	2,999	2,999
Accrued income	8,774	24,115
Prepayments	<u>1,973</u>	<u>3,351</u>
	<u>13,746</u>	<u>30,465</u>

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

13. CURRENT ASSET INVESTMENTS

	2020 £	2019 £
Shares in group undertakings	<u>1</u>	<u>1</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Social security and other taxes	182	5,781
Other creditors	54	146
Deferred income	55,310	44,450
Accrued expenses	<u>16,834</u>	<u>8,569</u>
	<u>72,380</u>	<u>58,946</u>

15. MOVEMENT IN FUNDS

	At 1/4/19 £	Net movement in funds £	At 31/3/20 £
Unrestricted funds			
General fund	77,663	11,354	89,017
Restricted funds			
Big Lottery- Capital Fund	193,177	(68)	193,049
Designated fund	<u>13,500</u>	<u>-</u>	<u>13,500</u>
	<u>206,617</u>	<u>(68)</u>	<u>206,549</u>
TOTAL FUNDS	<u>284,280</u>	<u>11,286</u>	<u>295,566</u>

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	26,968	(15,614)	11,354
KIM Inspire Social Enterprises Ltd overhead contributions	<u>4,080</u>	<u>(4,080)</u>	<u>-</u>
	31,048	(19,694)	11,354
Restricted funds			
Flintshire County Council (FCC)	57,992	(57,992)	-
Betsi Cadwaldr University Health Board	31,726	(31,726)	-
Volunteering in Wales	19,930	(19,930)	-
Lloyds Foundation	25,212	(25,212)	-
The Big Lottery - Capital Fund	-	(68)	(68)
Steve Morgan Foundation	69,550	(69,550)	-
KIM Community Choir	1,431	(1,431)	-
The Henry Smith Charity	13,592	(13,592)	-
BBC Children in Need 2018-2021	40,159	(40,159)	-
The Big Lottery - Awards for All	7,917	(7,917)	-
The Big Lottery - 2018-2021	62,065	(62,065)	-
Active Inclusion	23,568	(23,568)	-
Catering Kitchen	1,712	(1,712)	-
Active Inclusion 2020-2022	7,124	(7,124)	-
Henry Smith 2019-2022	22,437	(22,437)	-
The Big Lottery Community Fund	<u>8,366</u>	<u>(8,366)</u>	<u>-</u>
	<u>392,781</u>	<u>(392,849)</u>	<u>(68)</u>
TOTAL FUNDS	<u><u>423,829</u></u>	<u><u>(412,543)</u></u>	<u><u>11,286</u></u>

Comparatives for movement in funds

	At 1/4/18 £	Net movement in funds £	At 31/3/19 £
Unrestricted funds			
General fund	71,661	6,002	77,663
Restricted funds			
The Big Lottery - Capital Fund	193,185	(68)	193,177
Designated fund	<u>13,500</u>	<u>-</u>	<u>13,500</u>
	<u>206,685</u>	<u>(68)</u>	<u>206,617</u>
TOTAL FUNDS	<u><u>278,346</u></u>	<u><u>5,934</u></u>	<u><u>284,280</u></u>

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,979	(23,977)	6,002
KIM Inspire Social Enterprises Ltd overhead contributions	<u>4,080</u>	<u>(4,080)</u>	-
	34,059	(28,057)	6,002
Restricted funds			
Flintshire County Council (FCC)	58,481	(58,481)	-
Betsi Cadwaldr University Health Board	31,279	(31,279)	-
Lloyds Foundation	25,423	(25,423)	-
The Big Lottery - Capital Fund	-	(68)	(68)
Steve Morgan Foundation	61,769	(61,769)	-
BBC Children in Need	23,042	(23,042)	-
KIM Community Choir	2,804	(2,804)	-
The Henry Smith Charity	41,439	(41,439)	-
Mens Shed	682	(682)	-
The Williams Family Trust	5,269	(5,269)	-
BBC Children in Need 2018-2021	11,693	(11,693)	-
The Big Lottery - Awards for All	2,039	(2,039)	-
The Big Lottery - 2018-2021	58,434	(58,434)	-
Active Inclusion	15,393	(15,393)	-
Catering Kitchen	<u>6,049</u>	<u>(6,049)</u>	-
	<u>343,796</u>	<u>(343,864)</u>	<u>(68)</u>
TOTAL FUNDS	<u>377,855</u>	<u>(371,921)</u>	<u>5,934</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/18 £	Net movement in funds £	At 31/3/20 £
Unrestricted funds			
General fund	71,661	17,356	89,017
Restricted funds			
The Big Lottery - Capital Fund	193,185	(136)	193,049
Designated fund	<u>13,500</u>	-	<u>13,500</u>
	<u>206,685</u>	<u>(136)</u>	<u>206,549</u>
TOTAL FUNDS	<u>278,346</u>	<u>17,220</u>	<u>295,566</u>

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

15. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	56,947	(39,591)	17,356
KIM Inspire Social Enterprises Ltd overhead contributions	8,160	(8,160)	-
	65,107	(47,751)	17,356
Restricted funds			
Flintshire County Council (FCC)	116,473	(116,473)	-
Betsi Cadwaldr University Health Board	63,005	(63,005)	-
Volunteering in Wales	19,930	(19,930)	-
Lloyds Foundation	50,635	(50,635)	-
The Big Lottery - Capital Fund	-	(136)	(136)
Steve Morgan Foundation	131,319	(131,319)	-
BBC Children in Need	23,042	(23,042)	-
KIM Community Choir	4,235	(4,235)	-
The Henry Smith Charity	55,031	(55,031)	-
Mens Shed	682	(682)	-
The Williams Family Trust	5,269	(5,269)	-
BBC Children in Need 2018-2021	51,852	(51,852)	-
The Big Lottery - Awards for All	9,956	(9,956)	-
The Big Lottery - 2018-2021	120,499	(120,499)	-
Active Inclusion	38,961	(38,961)	-
Catering Kitchen	7,761	(7,761)	-
Active Inclusion 2020-2022	7,124	(7,124)	-
Henry Smith 2019-2022	22,437	(22,437)	-
The Big Lottery Community Fund	8,366	(8,366)	-
	736,577	(736,713)	(136)
TOTAL FUNDS	<u>801,684</u>	<u>(784,464)</u>	<u>17,220</u>

Restricted funds are funds which have been received by the charity for a particular purpose or project.

Flintshire County Council relates to the main revenue grant received for activities in Flintshire and is subject to a 3 year Service Level Agreement.

Betsi Cadwaldr University Health Board relates to a grant received towards the cost of general expenditure of the project in Flintshire and in the Adult Mental Health unit at Wrexham Maelor hospital.

Volunteering in Wales relates to a grant received towards the eVOLution project to support the training and development of volunteers.

Lloyds Foundation relates the Flintshire Community groupwork project and the associated costs of providing a Community Co-ordinator, expenses and training.

Steve Morgan Foundation relates to a grant received towards the costs of the eVOLution project.

BBC Children in Need relates to a grant received towards the costs of the Youth Project.

KIM Community Choir relates to funds received from fundraising and donations to operate the KIM Community Choir.

The Henry Smith Charity relates to a grant towards the cost of operating the women's community service in Wrexham.

Mens Sheds relates to a grant received from Tesco of £2,000 and £750 from Flintshire Community Chest towards the Holywell and District Mens Shed.

Notes to the Financial Statements for the year ended 31 March 2020 (Continued)

15. MOVEMENT IN FUNDS - continued

The Williams Family Trust relates to a grant received to purchase new IT equipment.

BBC Children in Need 2018-2021 relates to a grant received to continue and expand the Youth Project

The Big Lottery - Awards for All relates to a grant received to launch a pilot mens project in Wrexham.

The Big Lottery 2018-2021 relates to a grant received for the Mens Service in Flintshire and in the Heddfan unit of Wrexham Maelor hospital.

Active Inclusion relates to funding from the European Social Fund for an 'Include' project to move individuals closer to the job market.

Catering Kitchen relates to the income and expenditure of the catering kitchen project.

Active Inclusion 2020-2022 relates to new funding from the European Social Fund for an 'Include' project to move individuals closer to the employment market

Henry Smith Charity 2019-2022 relates to a grant toward the cost of operating the womens and mens community service in Wrexham

Big Lottery Community Fund relates to a grant towards the cost of upgrading the Hub and to make the building more environmentally friendly

The Big Lottery - Capital Fund relates to a grant received towards the cost of running the Kim4him mens services across Flintshire and within Wrexham Maelor Hospital.

Designated Fund the Trustees have agreed that Designated funds should be put in place to cover the following: Replacement heating system £3,500; Redundancy costs £7,000; and Garden wall replacement £3,000.

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2020.

17. PENSION COST

The company makes contributions to a defined contribution pension scheme for 10 (2019: 10) of its employees. The charge for the year totalled £18,314 (2019: £16,494). There were no costs prepaid or due at the year end.

18. LEGAL STATUS OF THE CHARITY

The charity is a company limited by guarantee and has no share capital.

Every member promises, if the charity is dissolved while they remain a member of within 12 months of their resignation as a member, to pay up to £1 towards the costs of dissolution and the liabilities incurred by the charity.

Detailed Statement of Financial Activities for the year ended 31 March 2020

	2020 £	2019 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	15,606	18,388
Other trading activities		
Fundraising events	4,040	1,717
Tuck shop income	579	919
Catering kitchen income	<u>1,712</u>	<u>6,049</u>
	6,331	8,685
Investment income		
Rents received	3,495	3,690
Deposit account interest	<u>280</u>	<u>271</u>
	3,775	3,961
Charitable activities		
Student placement fees	4,400	7,800
KIM Inspire Social Enterprises Ltd contributions to overheads	4,080	4,080
Grants	<u>389,637</u>	<u>334,941</u>
	<u>398,117</u>	<u>346,821</u>
Total incoming resources	423,829	377,855
EXPENDITURE		
Other trading activities		
Opening stock	204	242
Purchases	2,406	5,209
Closing stock	<u>(31)</u>	<u>(204)</u>
	2,579	5,247
Charitable activities		
Wages	300,398	276,642
Pensions	18,314	16,494
Rent	1,251	-
Rates and water	1,572	1,702
Insurance	2,135	1,903
Light and heat	3,602	3,581
Cleaning	4,399	3,791
Employment services	2,593	2,150
Consultation day	-	320
Telephone	562	323
Office stationery	725	708
Memberships	227	90
Direct project costs	9,359	7,575
IT/ Technical support	3,022	1,399
Repairs and renewals	13,928	9,489
Management costs	1,691	1,568
Fund raising events	773	326
Volunteer expenses	3,708	2,834
Staff expenses	5,844	5,189
Carried forward	<u>374,103</u>	<u>336,084</u>

Detailed Statement of Financial Activities for the year ended 31 March 2020 (Continued)

	2020 £	2019 £
Charitable activities		
Brought forward	374,103	336,084
Medicash and BUPA	534	643
Beneficiary costs	28,773	25,519
Training - staff	905	1,210
Training - volunteers	2,660	753
Freehold property	<u>68</u>	<u>68</u>
	407,043	364,277
Support costs		
Governance costs		
Accountancy and legal fees	<u>2,921</u>	<u>2,397</u>
Total resources expended	<u>412,543</u>	<u>371,921</u>
Net income	<u>11,286</u>	<u>5,934</u>

Thank you

We want to say a big thank you to all our funders, supporters, fundraisers, volunteers, partners, referrers, customers and our individuals who inspire us to do the work we do.



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