

COMPANY REGISTRATION NUMBER 4450378

ACTIVE LIVES LIMITED
ABBREVIATED ACCOUNTS
31ST MAY 2009

WEDNESDAY



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LD5

24/02/2010

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COMPANIES HOUSE

AMIN PATEL & SHAH

Accountants

334 - 336 Goswell Road

London

EC1V 7RP

ACTIVE LIVES LIMITED
ABBREVIATED ACCOUNTS
YEAR ENDED 31ST MAY 2009

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ACTIVE LIVES LIMITED
ABBREVIATED BALANCE SHEET

31ST MAY 2009

	Note	2009	2008
		£	£
FIXED ASSETS	2		
Tangible assets		248,861	223,030
CURRENT ASSETS			
Debtors		135	335
Cash at bank and in hand		<u>8,558</u>	<u>576</u>
		8,693	911
CREDITORS: Amounts falling due within one year		<u>43,980</u>	<u>55,011</u>
NET CURRENT LIABILITIES		<u>(35,287)</u>	<u>(54,100)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		213,574	168,930
CREDITORS: Amounts falling due after more than one year		<u>86,505</u>	<u>75,887</u>
		<u>127,069</u>	<u>93,043</u>

The Balance sheet continues on the following page
The notes on pages 3 to 4 form part of these abbreviated accounts

ACTIVE LIVES LIMITED**ABBREVIATED BALANCE SHEET** *(continued)***31ST MAY 2009**

	Note	2009 £	2008 £
CAPITAL AND RESERVES			
Called-up equity share capital	3	100	100
Profit and loss account		<u>126,969</u>	<u>92,943</u>
SHAREHOLDERS' FUNDS		<u>127,069</u>	<u>93,043</u>

The director is satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476(1) of the Act

The director acknowledges his responsibility for

- (i) ensuring that the company keeps proper accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These abbreviated accounts were approved and signed by the director and authorised for issue on 4/3/10


MR S G DAJI

ACTIVE LIVES LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
YEAR ENDED 31ST MAY 2009

1. ACCOUNTING POLICIES**Basis of accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with applicable UK accounting standards

Cash flow statement

The director has taken advantage of the exemption in Financial Reporting Standard No 1 (Revised 1996) from including a cash flow statement in the financial statements on the grounds that the company is small

Turnover

The turnover shown in the profit and loss account represents amounts invoiced during the year

Fixed assets

All fixed assets are initially recorded at cost

Depreciation

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

Fixtures & Fittings	- 25% Reducing balance
Motor Vehicles	- 25% Reducing balance

2. FIXED ASSETS

	Tangible Assets £
COST	
At 1st June 2008	244,709
Additions	<u>40,825</u>
At 31st May 2009	<u>285,534</u>
DEPRECIATION	
At 1st June 2008	21,679
Charge for year	<u>14,994</u>
At 31st May 2009	<u>36,673</u>
NET BOOK VALUE	
At 31st May 2009	<u>248,861</u>
At 31st May 2008	<u>223,030</u>

ACTIVE LIVES LIMITED
NOTES TO THE ABBREVIATED ACCOUNTS
YEAR ENDED 31ST MAY 2009

3 SHARE CAPITAL

Authorised share capital:

	2009	2008
	£	£
1,000 Ordinary shares of £1 each	<u>1,000</u>	<u>1,000</u>

Allotted, called up and fully paid:

	2009		2008	
	No	£	No	£
Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>