100627/30

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In accordance with Section 854 of the Companies Act 2006

ARO1 Annual Return

A fee is payable with this form

Please see 'How to pay' on the

last page



What this form is for What this form is NOT for You may use this form to confirm You cannot use this form to give that the company information is notice of changes to the company correct as at the date of this return officers, registered office address, You must file an Annual Return at company type or information 14/05/2010 least once every year relating to the company records **COMPANIES HOUSE** Part 1 Company details Filling in this form The section must be completed by all companies Please complete in typescript or in bold black capitals All fields are mandatory unless specified or indicated by 1 **A1** Company details 2 Company name change Company number If your company has recently changed its name, please provide Company name in full COASTAL ENERGY LIMITED the company name as at the date of this return A2 Return date O Date of this return Please give the annual return made up date. The return date must not be a future Your company's return date date The annual return must be delivered within 28 days of the date given below is usually the anniversary of incorporation or the anniversary Date of this return 9 of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date А3 Principal business activity Please show the trade classification code number(s) for the principal O Principal business activity You must provide a trade activity or activities 9 classification code (SIC code) or a description of your company's main Classification code 1 business in this section Classification code 2 A full list of the trade classification codes are available on our website Classification code 3 www.companieshouse.gov.uk Classification code 4 If you cannot determine a code, please give a brief description of your business activity below Principal activity description

	AR01 Annual Return	
A4	Commonton 9	
A4	Please confirm your company type by ticking the appropriate box below (only one box must be ticked) Public limited company Private company limited by shares Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital	O Company type If you are unsure of your company type, please check your latest certificate of incorporation or our website www.companieshouse.gov.uk
A5	Registered office address ®	
Building name/number Street	20 LANSDOWN	Change of registered office This must agree with the address that is held on the Companies House record at the date of this return
Post town	STROUD	If the registered office address has changed, you should complete form
County/Region	GLOUCESTERSHIRE	AD01 and submit it together with this annual return
Postcode	G L 5 1 B G	
A6	Single alternative inspection location (SAIL) of the company records (if applicable) Output Description:	
Building name/number Street Post town County/Region Postcode	SWAN HOUSE BOND'S MILL BRISTOL ROAD STONEHOUSE GLOUCESTERSHIRE G L 1 0 3 R F	SAIL address This must agree with the address that is held on the Companies House record at the date of this return If the address has changed, you should complete form ADO2 and submit it together with this annual return
A7	Location of company records o	
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6 Register of members Register of directors Directors' service contracts Directors' indemnities Register of secretaries Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of capital by private company Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales or Northern Ireland Instruments creating charges and register of charges Scotland	If the company records are held at the registered office address, do not tick any of the boxes in this section. Certain records must be kept by every company while other records are only kept by certain company types where appropriate. If the records are not kept at the SAIL address, they must be available at the registered office. If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this annual return.

CHFP000 10/09 Version 2 0

Part 2	Officers of the company				
	This section should include details of the company at the date to which this annual return is made up → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1	Continuation pages Please use a continuation page if you need to enter more officer details			
Secretary	7 For a corporate director, go to section E1				
B1	Secretary's details •				
_	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	• Secretary appointments You may not use this form to appoint a secretary To do this,			
Title*		please complete form AP03 and submit it together with this annual			
Full forename(s)		return			
Surname		Corporate details Please use Section C1-C4 to enter			
Former name(s) •	Converte mile comuse address (A)	corporate secretary details Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03 Former name(s) Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes			
B2	Secretary's service address •				
Building name/numbe	r	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office , please state The Company's Registered Office' in the			
Post town		address			
County/Region		This information will appear on the public record			
Postcode		public record			
Country		-			

Corporate secretary

C1	Corporate secretary's details •					
	Please use this section to list all the corporate secretaries of the company	O Corporate secretary appointments You cannot use this form to appoint				
Corporate body/firm name		a corporate secretary To do this, please complete form AP04 and submit it together with this annual return				
Building name/number		Corporate secretary details				
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have				
Post town		not notified us, please complete form CH04				
County/Region		This information will appear on the				
Postcode		public record				
Country						
C2	Location of the registry of the corporate body or firm					
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only					
C3	EEA companies ®					
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	DEEA A full list of countries of the EEA can be found in our guidance				
Where the company/ firm is registered ®		www.companieshouse.gov.uk This is the register mentioned in Article 3 of the First Company Law				
Registration number		Directive (68/151/EEC)				
C4	Non-EEA companies					
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in				
Legal form of the corporate body or firm		that register				
Governing law						
If applicable, where the company/firm is registered •						
If applicable, the registration number						

AR01
Annual Return

Director

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please			
Title*	DR _	complete form APO1 and submit it together with this annual return			
Full forename(s)	Brian Morrison	Corporate details			
Surname	Count	Please use Section E1-E4 to enter corporate director details			
Former name(s) ⊙		Director details All details must agree with those previously notified to Companies			
Country/State of residence	UK	House If you have made changes since the last annual return and have not notified us, please			
Nationality	British	complete form CH01			
Date of birth		Former name(s)Please provide any previous names			
Business occupation (if any)	Director	which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes			
D2	Director's service address €	-			
Building name/numbe	The Company's Registered Office	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office' please state 'The			
Post town		Company's Registered Office' in the address			
County/Region		This information will appear on the			
Postcode		parite record			
Country					

Director

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please			
Title*	MR	complete form APO1 and submit it together with this annual return			
Full forename(s)	David John	Corporate details			
Surname	Hanstock	Please use Section E1-E4 to enter corporate director details			
Former name(s) •		Director details All details must agree with those previously notified to Companies			
Country/State of residence	UK	House If you have made changes since the last annual return and have not notified us, please			
Nationality	British	complete form CH01			
Date of birth	6 5 6	Please provide any previous names			
Business occupation (if any)	Company Director	which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes			
D2	Director's service address €				
Building name/number	The Company's Registered Office	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office in the			
Post town		address			
County/Region		This information will appear on the public record			
Postcode		Pagine 1999			
Country					

Director

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Director appointments You cannot use this form to appoint a director To do this, please			
Title*	MR	complete form AP01 and submit it together with this annual return			
Full forename(s)	Peter Nigel	Corporate details			
Surname	Whitton	Please use Section E1-E4 to enter corporate director details			
Former name(s) 9		Director details All details must agree with those previously notified to Companies			
Country/State of residence	UK	House If you have made changes since the last annual return and have not notified us, please			
Nationality	British	complete form CH01			
Date of birth	4 8 7 0 1 9 4 4	Please provide any previous names			
Business occupation (if any)	Company Director	which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes			
D2	Director's service address€				
Building name/number	The Company's Registered Office	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office in the			
Post town		address			
County/Region		This information will appear on the public record			
Postcode		Pas			
Country					

Corporate director

E1	Corporate director's details •				
Company had the	Please use this section to list all the corporate director's of the company	O Corporate director appointments You cannot use this form to appoint a corporate director To do this, please complete form APO2 and			
Corporate body/firm name		submit it together with this annual return			
Building name/number		Corporate director details All details must agree with those			
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete			
Post town		form CH02 This information will appear on the			
County/Region		public record			
Postcode					
Country					
E2	Location of the registry of the corporate body or firm				
_	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only				
E3	EEA companies ®				
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk			
Where the company/ firm is registered €		This is the register mentioned in Article 3 of the First Company Law			
Registration number		Directive (68/151/EEC)			
E4	Non-EEA companies				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered you must also provide its number in			
Legal form of the corporate body or firm		that register			
Governing law					
If applicable, where the company/firm is registered •					
If applicable, the registration number					

Part 3	Statement of capital o					
Does your company have share capital? → Yes Complete the sections below and the following Pa → No Go to Part 5 (Signature)				1	This should reflect the company's capital status at the made up date of this annual return	
F1	Share capital in pound sterling (£)					
		ach class of shares held complete Section F1 an	in pound sterling and then go to Section F4			
Class of shares (E.g. Ordinary/Preference etc.			Number of share	es O	Aggregate nominal value •	
Ordinary		1 00	0 00	100		£ 100 00
Ordinary		2095 07	0 00	568		£ 1,190,000 00
						£
						£
			Totals	668		£ 1,190,100 00
F2	Share capital in	other currencies				
Please complete the ta Please complete a sepa		ny class of shares held i currency	n other currencies			
Currency						
Class of shares (E g Ordinary/Preference etc)		Amount paid up on each share 9	Amount (if any) unpaid on each share	Number of share	es 0	Aggregate nominal value •
			Totals			
						
Currency				Number of shar		<u></u>
Class of shares (E.g. Ordinary/Preference etc)	Amount paid up on each share 🕏	Amount (if any) unpaid on each share	Number of shar	es u	Aggregate nominal value •
<u> </u>				<u> </u>		<u> </u>
F3	Totals					
	Please give the tota issued share capita				Total aggregate nominal value Please list total aggregate values in different currencies separately For	
Total number of shares						e £100 + €100 + \$10 etc
Total aggregate nominal value 9						
Including both the nominal value and any share premium Total number of issued shares in this class		Number of shares issued nominal value of each shares.	nare Plea	ntinuation Pagi ase use a Statem je if necessary		tal continuation

F4	Statement of capital (Voting rights)				
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2	_			
Class of share	Ordinary				
Voting rights	Each Share is entitled to one vote at General Meetings				
Class of share					
Voting rights					
Class of share					
Voting rights					
Class of share					
Voting rights					

Part 4	Shareholders	
	Does your company have share capital? → Yes Complete the sections below → No Go to Part 5 (Signature)	This should reflect the shareholder details at the made up date of this annual return
G1	Traded public companies ®	
	Please tick the box if your company was a traded public company at any time during the period of this return	● Traded company definition A traded company means a compar any of whose shares are admitted to trading on a regulated market
G2	List of past and present shareholders	
	Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns	
	Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns	
	Please tick the appropriate box below	
	A full list of shareholders for a private or non-traded public company is enclosed. Please complete Section G3 , or	
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4	
	 A list of shareholder changes is enclosed → For private or non-traded public companies, please complete Section G3 → For traded public companies, please complete Section G4 	
	 There were no shareholder changes in this period → Go to Part 5 (Signature) 	
	Please tick the appropriate box below to indicate the format of your	
	shareholder details The list of shareholders is enclosed on paper	
	The list of shareholders is enclosed in another format	

G3

Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary

		page infecessary		
		Shares or stock currently held		red (if appropriate)
Shareholder s Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
PROGRESSIVE ENERGY LTD	ORDINARY	668		/ /
				1 1
				1 1
				1 1
			<u> </u>	1 1
				l l
				1 1
				1 1
				1 1
				1 1
				1 1
				1 1
				1 1
<u> </u>	I	1	I	ļ.

G4

Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders
Please use a 'Traded public
companies – list of past and present
shareholders' continuation page if
necessary

'		Shares or stock currently held	Shares or stock transferred (if appropriate)			
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
Name				1 1		
Address				1 1		
				1 1		
Name				/ /		
Address				<i>I I</i>		
				1 1		
Name				1 1		
Address				1 1		
				1 1		
Name				1 1		
Address				1 1		
				1 1		

Part 5	Signature		
	This must be completed by all companies	• Societas Europaea If the form is being filed on behalf	
Signature	I am signing this form on behalf of the company Signature X	of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2006	
	This form may be signed by Director •, Secretary, Person authorised •, Charity commission receiver and manager, CIC manager, Judicial factor		

You do nyou do it on the for visible to Contact name

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name				
Company name				
	 -			
Address				
Past town		 		
County/Region			 	
Postcode				
Country				
DX	 			
Telephone		 		

✓ Checklist

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- The company name and number match the information held on the public Register
- You have completed your principal business activity
 You have not used this form to make changes to the registered office address
- You have not used this form to make changes to secretary and director details
- You have fully completed the Statement of capital (if applicable)
- You have signed the form
- ☐ You have enclosed the correct fee

Important information

Please note that all information on this form will appear on the public record

How to pay

A fee of £30 is payable to Companies House in respect of an Annual Return

Make cheques or postal orders payable to 'Companies House'

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1

or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland

The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Belfast, Northern Ireland, BT1 3BS DX 481 N R Belfast 1

7 Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk