

REGISTERED COMPANY NUMBER 4421138 (England and Wales)  
REGISTERED CHARITY NUMBER. 1094458

**Report of the Trustees and  
Financial Statements For The Year Ended 31 December 2009  
for  
St Martin's Centre for Health & Healing**

W H Parker  
174 High Street  
Harborne  
Birmingham  
B17 9PP

THURSDAY



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COMPANIES HOUSE

**St Martin's Centre for Health & Healing**

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for the Year Ended 31 December 2009**

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## **St Martin's Centre for Health & Healing**

### **Report of the Trustees for the Year Ended 31 December 2009**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006 present their report with the financial statements of the charity for the year ended 31 December 2009. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

4421138 (England and Wales)

##### **Registered Charity number**

1094458

##### **Registered office**

St Martin in the Bull Ring  
Edgbaston Street  
Birmingham  
B5 5BB

##### **Trustees**

|                  |                  |                     |
|------------------|------------------|---------------------|
| Dr N Deuchar     | Co-opted         |                     |
| V G Dickens      | Co-opted         |                     |
| S A Ferris       | Co-opted         |                     |
| Dr M Forrest     | Co-opted         | - appointed 29 3 10 |
| B A W Foster     | Co-opted         | - resigned 8 6 09   |
| Revd A R Fraser  | Co-opted         |                     |
| Revd N W Johnson | Co-opted         |                     |
| Canon S W Jones  | Appointed by PCC |                     |
| S Jones          | Appointed by PCC |                     |
| C M Marshall     | Appointed by PCC |                     |
| M C Rushen       | Appointed by PCC |                     |
| M J Woodward     | Appointed by PCC |                     |

##### **Company Secretary**

I Thompson

##### **Independent Examiner**

Richard J Sarjeant  
F C A , F C C A  
W H Parker  
174 High Street  
Harborne  
Birmingham  
B17 9PP

##### **Solicitors**

Cobbetts LLP  
One Colmore Square  
Birmingham  
B4 6AJ

##### **Bankers**

Lloyds TSB Bank Plc  
New Street  
Birmingham  
B2 4QZ

CAF Bank Ltd  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4 JQ

CCLA Investment Management Ltd  
80 Cheapside  
London  
EC2V 6DZ

**Report of the Trustees  
for the Year Ended 31 December 2009**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charitable company was incorporated on 19 April 2002 and its governing instrument is the company's Memorandum and Articles of Association as amended on 28 July 2008

**Recruitment and appointment of new trustees**

The body of trustees who are also directors for the purposes of company law comprises five trustees appointed by the Parochial Church Council of St Martin in the Bull Ring and up to ten persons co-opted for a fixed period of two years by the trustees for the time being. The chair of trustees is nominated by the Rector of St Martin's

**Induction and training of new trustees**

The board ensures that all members are aware of their responsibilities as trustees

All trustees are issued with the appropriate literature issued by the charity commission detailing the responsibilities of trustees on their appointment

Our training is something we will be continuing in the coming year

**Organisational structure**

The day to day management of the charity is delegated to the chief executive Mr Rob Jones

**Related parties**

The charity works closely with the Parochial Church Council of St Martin's in the Bull Ring on all matters relating to the operation of its services. Transactions with the PCC are disclosed in the notes to the accounts

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error

## **St Martin's Centre for Health & Healing**

### **Report of the Trustees for the Year Ended 31 December 2009**

#### **OBJECTIVES AND ACTIVITIES**

The principle activity of the company in the year was that of promoting for the benefit of the public good physical, mental spiritual and emotional health in accordance with Christian principles

With Lottery funding coming to an end in March 2009, the prospects for continuing at previous levels of operation looked problematic. However the successful negotiation of an NHS contract and increased income from various charitable sources has safeguarded the vital work undertaken

The Help Desk has continued to provide vital advice, support and help to many very needy people within the city centre of Birmingham. In total over 9530 interventions were given with an increasing number of in depth longer term work being carried out with specific clients. Outreach work has been carried out with staff and volunteers going onto the streets to seek those sleeping rough offering help wherever they can

In October 2009 the Help Desk in St Martin in the Bull Ring was relocated within the church to a more appropriate location. The new site has improved the efficiency of the service and provides an increased level of privacy for clients, discussing confidential issues

The staff team remained at full strength for the year with a coordinator and two supervisor's post's being supported by sessional supervisors and 42 volunteers. In April, Rachael Parish the Co-ordinator left and Graham Stubbs a part time supervisor was recruited into this post. Jacky Atkin was recruited as a second fulltime Supervisor in August

The counselling service continues to be very effective in offering professional confidential counselling sessions to 1432 clients. The issues in counselling continue to cover a wide range of needs and we have been fortunate to have a wide range of counselling skills to meet the demand. The service is managed by a full time coordinator and a part time assistant as well as 36 volunteer counsellors

In May 2009 the Counselling Services was approached by Pan Birmingham Primary Care Trust to explore the possibility of the Service being involved in a Nationwide initiative called IAPT (Improving Access to Psychological Services) to create a new workforce of Cognitive Behavioural Therapists. A contract was awarded by The Birmingham and Solihull Mental Health Foundation Trust in August 2009 to provide placements for an 18 month period to 21 Trainee IAPT workers

In July Rob Jones was appointed Director. His initial tasks were to negotiate the IAPT contract, prepare the organisation for this new venture, and provide leadership and management support to the team of paid staff and volunteers, whilst continue to raise funds from a variety of sources

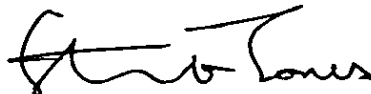
#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Board policy for holding reserves is 3 months of average expenditure

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

#### **ON BEHALF OF THE BOARD**



Canon S W Jones - Trustee

16 September 2010

**Independent Examiner's Report to the Trustees of  
St Martin's Centre for Health & Healing**

I report on the accounts for the year ended 31 December 2009 set out on pages five to fourteen

**Respective responsibilities of trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is required

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under Section 43 of the 1993 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 43(7)(b) of the 1993 Act), and
- to state whether particular matters have come to my attention

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006, and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities

have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Richard J Sarjeant  
F C A , F C C A  
W H Parker  
174 High Street  
Harborne  
Birmingham  
B17 9PP

16 September 2010

**St Martin's Centre for Health & Healing**

**Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
for the Year Ended 31 December 2009**

|  |       | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 31 12 09<br>Total<br>funds<br>£ | 31 12 08<br>Total<br>funds<br>£ |
|--|-------|----------------------------|--------------------------|---------------------------------|---------------------------------|
|  | Notes |                            |                          |                                 |                                 |
| <b>INCOMING RESOURCES</b>                      |       |                            |                          |                                 |                                 |
| <b>Incoming resources from generated funds</b> |       |                            |                          |                                 |                                 |
| Voluntary income                               | 2     | 50,205                     | 145,912                  | 196,117                         | 138,238                         |
| Activities for generating funds                | 3     | 5,410                      | -                        | 5,410                           | 3,853                           |
| Investment income                              | 4     | 1,324                      | -                        | 1,324                           | 8,255                           |
| <b>Total incoming resources</b>                |       | <b>56,939</b>              | <b>145,912</b>           | <b>202,851</b>                  | <b>150,346</b>                  |
| <b>RESOURCES EXPENDED</b>                      |       |                            |                          |                                 |                                 |
| <b>Costs of generating funds</b>               |       |                            |                          |                                 |                                 |
| Costs of generating voluntary income           | 5     | 17,101                     | 38                       | 17,139                          | 5,912                           |
| <b>Charitable activities</b>                   |       |                            |                          |                                 |                                 |
| Charitable activities                          | 6     | 76,816                     | 123,892                  | 200,708                         | 190,613                         |
| <b>Governance costs</b>                        | 8     | <b>2,630</b>               | <b>341</b>               | <b>2,971</b>                    | <b>2,640</b>                    |
| <b>Total resources expended</b>                |       | <b>96,547</b>              | <b>124,271</b>           | <b>220,818</b>                  | <b>199,165</b>                  |
| <b>NET INCOME/(EXPENDITURE) FOR THE YEAR</b>   |       |                            |                          |                                 |                                 |
|  |       | <b>(39,608)</b>            | <b>21,641</b>            | <b>(17,967)</b>                 | <b>(48,819)</b>                 |
| <b>RECONCILIATION OF FUNDS</b>                 |       |                            |                          |                                 |                                 |
| <b>Total funds brought forward</b>             |       | <b>128,190</b>             | <b>340</b>               | <b>128,530</b>                  | <b>177,349</b>                  |
| <b>TOTAL FUNDS CARRIED FORWARD</b>             |       | <b>88,582</b>              | <b>21,981</b>            | <b>110,563</b>                  | <b>128,530</b>                  |

The notes form part of these financial statements

**St Martin's Centre for Health & Healing**

**Balance Sheet  
At 31 December 2009**

|  | Notes | Unrestricted<br>funds<br>£ | Restricted<br>funds<br>£ | 31 12 09<br>Total<br>funds<br>£ | 31 12 08<br>Total<br>funds<br>£ |
|--|-------|----------------------------|--------------------------|---------------------------------|---------------------------------|
| <b>FIXED ASSETS</b>                          |       |                            |                          |                                 |                                 |
| Tangible assets                              | 12    | 3,963                      | 185                      | 4,148                           | 4,638                           |
| <b>CURRENT ASSETS</b>                        |       |                            |                          |                                 |                                 |
| Debtors                                      | 13    | 2,434                      | -                        | 2,434                           | 6,218                           |
| Cash at bank                                 |       | 96,297                     | 21,796                   | 118,093                         | 127,116                         |
|  |       | <u>98,731</u>              | <u>21,796</u>            | <u>120,527</u>                  | <u>133,334</u>                  |
| <b>CREDITORS</b>                             |       |                            |                          |                                 |                                 |
| Amounts falling due within one year          | 14    | (14,112)                   | -                        | (14,112)                        | (9,442)                         |
| <b>NET CURRENT ASSETS</b>                    |       | <u>84,619</u>              | <u>21,796</u>            | <u>106,415</u>                  | <u>123,892</u>                  |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | <u>88,582</u>              | <u>21,981</u>            | <u>110,563</u>                  | <u>128,530</u>                  |
| <b>NET ASSETS</b>                            |       | <u>88,582</u>              | <u>21,981</u>            | <u>110,563</u>                  | <u>128,530</u>                  |
| <b>FUNDS</b>                                 | 16    |                            |                          |                                 |                                 |
| Unrestricted funds                           |       |                            |                          | 88,582                          | 128,190                         |
| Restricted funds                             |       |                            |                          | 21,981                          | 340                             |
| <b>TOTAL FUNDS</b>                           |       |                            |                          | <u>110,563</u>                  | <u>128,530</u>                  |

The notes form part of these financial statements



**St Martin's Centre for Health & Healing**

**Balance Sheet - continued  
At 31 December 2009**

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2009

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2009 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the Board of Trustees on 16 September 2010 and were signed on its behalf by

A handwritten signature in black ink, appearing to read 'S Jones', is written over a horizontal line.

S Jones -Trustee

**Notes to the Financial Statements  
for the Year Ended 31 December 2009**

**1 ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The accounts have been prepared on the going concern basis which presupposes that the charity will be able to operate for the foreseeable future. It continues to be reliant on grant funding, including grants linked to service level agreements, to meet its day to day running costs. Although the charity is operating within a significant NHS service level agreement the actual document has not been signed to produce binding obligations and a commitment for future funding. It is anticipated that this will be achieved shortly thereby securing the medium term future of the charity.

**Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Incoming resources**

Grants and donations

Income from donations and grants is included in incoming resources when these are receivable.

Other income

Other income is included in the Statement of Financial Activities on an accruals basis.

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Furniture and equipment taken over from St Martin's PCC on the transfer of the activities to this charity have not been incorporated into these accounts. Other assets are stated at cost less depreciation so as to write off those assets over their anticipated useful lives.

Depreciation Rates

Equipment - 20% on the reducing balance

Computing and electrical equipment - 25% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Volunteer services**

The contributions of volunteers has been considerable but because of practical difficulties, has not been quantified in the financial statements.

**Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

**St Martin's Centre for Health & Healing**

**Notes to the Financial Statements - continued  
for the Year Ended 31 December 2009**

**2. VOLUNTARY INCOME**

|                                    | 31 12 09       | 31 12 08       |
|------------------------------------|----------------|----------------|
|                                    | £              | £              |
| Gifts                              | 3              | -              |
| Grants (see below)                 | 164,410        | 105,634        |
| Counselling - individuals          | 12,094         | 11,050         |
| Counselling - supervision          | 70             | 180            |
| Donations - individual             | 6,229          | 11,856         |
| Donations - organisations          | 2,480          | 4,175          |
| Help Desk Donation - St Martin PCC | 5,000          | 2,000          |
| Tax recoverable                    | 4,031          | 3,343          |
| Help desk individual donations     | 1,140          | -              |
| Help desk organisation donations   | 660            | -              |
|                                    | <u>196,117</u> | <u>138,238</u> |

Grants received, included in the above are as follows

|   | 31 12 09       | 31 12 08       |
|---|----------------|----------------|
|   | £              | £              |
| The Big Lottery Fund                                    | 16,019         | 68,236         |
| Birmingham City Council Health & Social Care Department | 19,463         | 13,020         |
| Church Urban Fund                                       | -              | 2,000          |
| Heart of Birmingham Primary Care Trust                  | 21,807         | 21,378         |
| Joseph Hopkins Trust                                    | -              | 700            |
| Jarman Trust  | -              | 200            |
| Hugh Kenrick Trust                                      | -              | 100            |
| Lloyds TSB Foundation                                   | 16,500         | -              |
| William A Cadbury Trust                                 | 15,000         | -              |
| Trustees of Lord Austin Dec'd                           | 1,000          | -              |
| Douglas Turner Trust                                    | 1,000          | -              |
| Joan Lamb Charitable Trust                              | 2,000          | -              |
| NHS Counselling (IAPT)                                  | 70,871         | -              |
| Alfred Hains Charitable Trust                           | 750            | -              |
|   | <u>164,410</u> | <u>105,634</u> |

**3. ACTIVITIES FOR GENERATING FUNDS**

|                          | 31 12 09     | 31 12 08     |
|--------------------------|--------------|--------------|
|                          | £            | £            |
| Room Bookings            | 2,138        | 2,603        |
| Fees                     | -            | 1,250        |
| Counselling service fees | 2,410        | -            |
| CraftworX fees           | 862          | -            |
|                          | <u>5,410</u> | <u>3,853</u> |

**4. INVESTMENT INCOME**

|               | 31 12 09     | 31 12 08     |
|---------------|--------------|--------------|
|               | £            | £            |
| Bank interest | <u>1,324</u> | <u>8,255</u> |

**St Martin's Centre for Health & Healing**

**Notes to the Financial Statements - continued  
for the Year Ended 31 December 2009**

**5 COSTS OF GENERATING VOLUNTARY INCOME**

|                      | 31 12 09      | 31 12 08     |
|----------------------|---------------|--------------|
|                      | £             | £            |
| Fundraising expenses | <u>17,139</u> | <u>5,912</u> |

**6 CHARITABLE ACTIVITIES COSTS**

|                       | Direct costs<br>(See note 7) | Totals         |
|-----------------------|------------------------------|----------------|
|                       | £                            | £              |
| Charitable activities | <u>200,708</u>               | <u>200,708</u> |

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

|  | 31 12 09       | 31 12 08       |
|--|----------------|----------------|
|  | £              | £              |
| Staff costs  | 138,637        | 126,697        |
| Rent   | 16,320         | 16,320         |
| Light , heat and water                                 | 3,725          | 2,765          |
| Telephone  | 2,276          | 1,352          |
| Printing and stationery                                | 2,380          | 1,930          |
| Promotion and publicity                                | -              | 1,491          |
| Counselling service delivery (inc volunteers expenses) | 1,844          | 1,974          |
| Counselling supervision                                | 1,090          | 1,097          |
| Help desk service delivery (inc volunteers expenses)   | 8,879          | 7,706          |
| Repairs and renewals                                   | (173)          | 388            |
| Information technology                                 | 2,522          | 3,009          |
| Insurance  | 2,436          | 2,313          |
| Legal fees   | -              | 2,227          |
| Management fees  | 13,309         | 12,609         |
| Office expenses  | 2,281          | 2,223          |
| Postage  | 472            | 536            |
| Recruitment  | 287            | 36             |
| Training   | 370            | 4,374          |
| NIIS counselling (IAPT) expense                        | 2,400          | -              |
| Depreciation   | 1,569          | 1,616          |
| Loss on sale of assets                                 | -              | (177)          |
| Interest payable and similar charges                   | 84             | 127            |
|  | <u>200,708</u> | <u>190,613</u> |

**8 GOVERNANCE COSTS**

|   | 31 12 09     | 31 12 08     |
|---|--------------|--------------|
|   | £            | £            |
| Board expenses                              | 16           | 340          |
| Accountancy including prior year adjustment | 2,380        | 1,725        |
| Independent examination                     | <u>575</u>   | <u>575</u>   |
|   | <u>2,971</u> | <u>2,640</u> |

**St Martin's Centre for Health & Healing**

**Notes to the Financial Statements - continued  
for the Year Ended 31 December 2009**

**9 NET INCOMING/(OUTGOING) RESOURCES**

Net resources are stated after charging/(crediting)

|                                    | 31 12 09          | 31 12 08          |
|------------------------------------|-------------------|-------------------|
|                                    | £                 | £                 |
| Depreciation - owned assets        | 1 569             | 1,615             |
| Surplus on disposal of fixed asset | -                 | (177)             |
|                                    | <u>          </u> | <u>          </u> |

**10 TRUSTEES' REMUNERATION AND BENEFITS**

Stephen Jones is employed by St Martin's Parochial Church Council an associated charity he was paid a salary of £21 738 (2008 £12 252)

**Trustees' Expenses**

There were no trustees' expenses paid for the year ended 31 December 2009 nor for the year ended 31 December 2008

**11 STAFF COSTS**

|                       | 31 12 09          | 31 12 08          |
|-----------------------|-------------------|-------------------|
|                       | £                 | £                 |
| Wages and salaries    | 127,161           | 119 880           |
| Social security costs | 11 551            | 9,203             |
| Other pension costs   | -                 | 511               |
|                       | <u>          </u> | <u>          </u> |
|                       | <u>138,712</u>    | <u>129,594</u>    |

No employee was paid £60,000 or more

The average monthly number of employees during the year was as follows

|                | 31 12 09          | 31 12 08          |
|----------------|-------------------|-------------------|
| Administration | 1                 | 2                 |
| Counselling    | 3                 | 2                 |
| Director       | 1                 | -                 |
| Helpdesk       | 3                 | 4                 |
|                | <u>          </u> | <u>          </u> |
|                | <u>8</u>          | <u>8</u>          |

Notes to the Financial Statements - continued  
for the Year Ended 31 December 2009

**12 TANGIBLE FIXED ASSETS**

|                       | Plant and<br>machinery etc<br>£ |
|-----------------------|---------------------------------|
| <b>COST</b>           |                                 |
| At 1 January 2009     | 13,261                          |
| Additions             | 1,080                           |
| At 31 December 2009   | <u>14,341</u>                   |
| <b>DEPRECIATION</b>   |                                 |
| At 1 January 2009     | 8,624                           |
| Charge for year       | 1,569                           |
| At 31 December 2009   | <u>10,193</u>                   |
| <b>NET BOOK VALUE</b> |                                 |
| At 31 December 2009   | <u>4,148</u>                    |
| At 31 December 2008   | <u>4,637</u>                    |

**13 DEBTORS AMOUNTS FALLING DUE WITHIN ONE YEAR**

|               | 31 12 09<br>£ | 31 12 08<br>£ |
|---------------|---------------|---------------|
| Other debtors | <u>2,434</u>  | <u>6,218</u>  |

**14 CREDITORS AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                              | 31 12 09<br>£ | 31 12 08<br>£ |
|------------------------------|---------------|---------------|
| Taxation and social security | 3,928         | 3,119         |
| Other creditors              | <u>10,184</u> | <u>6,323</u>  |
|                              | <u>14,112</u> | <u>9,442</u>  |

**15. OPERATING LEASE COMMITMENTS**

The following operating lease payments are committed to be paid within one year

|                                     | 31 12 09<br>£ | 31 12 08<br>£ |
|-------------------------------------|---------------|---------------|
| Expiring<br>In more than five years | <u>20,155</u> | <u>16,320</u> |

Notes to the Financial Statements - continued  
for the Year Ended 31 December 2009

16 MOVEMENT IN FUNDS

|                           | At 1 1 09<br>£ | Net movement<br>in funds<br>£ | At 31 12 09<br>£ |
|---------------------------|----------------|-------------------------------|------------------|
| <b>Unrestricted funds</b> |                |                               |                  |
| General fund              | 128,190        | (39 608)                      | 88,582           |
| <b>Restricted funds</b>   |                |                               |                  |
| Wm Dudley Trust           | 90             | (30)                          | 60               |
| Measures Trust            | 250            | (125)                         | 125              |
| NHS Counselling (IAPF)    | -              | 21 796                        | 21,796           |
|                           | <u>340</u>     | <u>21,641</u>                 | <u>21,981</u>    |
| <b>TOTAL FUNDS</b>        | <u>128 530</u> | <u>(17 967)</u>               | <u>110,563</u>   |

Net movement in funds, included in the above are as follows

|   | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement in<br>funds<br>£ |
|---|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                               |                            |                            |                           |
| General fund  | 56 939                     | (96 547)                   | (39 608)                  |
| <b>Restricted funds</b>                                 |                            |                            |                           |
| The Big Lottery Fund                                    | 16,021                     | (16,021)                   | -                         |
| Birmingham City Council Health & Social Care Department | 19 463                     | (19,463)                   | -                         |
| Heart of Birmingham Primary Care Trust                  | 21,807                     | (21,807)                   | -                         |
| Meal Packs  | 1 000                      | (1,000)                    | -                         |
| Counselling Co-ordinator                                | 16 000                     | (16,000)                   | -                         |
| NHS Counselling (IAPF)                                  | 70,871                     | (49,075)                   | 21,796                    |
| Alfred Hains Charitable Trust                           | 750                        | (750)                      | -                         |
| Wm Dudley Trust   | -                          | (30)                       | (30)                      |
| Measures Trust  | -                          | (125)                      | (125)                     |
|   | <u>145,912</u>             | <u>(124 271)</u>           | <u>21,641</u>             |
| <b>TOTAL FUNDS</b>                                      | <u>202,851</u>             | <u>(220,818)</u>           | <u>(17,967)</u>           |

The Big Lottery Fund is a restricted fund in respect of the Help Desk Co-ordinator, the counselling co-ordinator and other administration, service delivery and office costs

Birmingham City Council Social Care & Health Department is a restricted fund in respect of the Help Desk Supervisor's salary

Heart of Birmingham Teaching Primary Care Trust is a restricted fund to provide counselling intervention

Counselling Co-ordinator is a fund to pay the salary of the Counselling Co-ordinator

NHS Counselling Improving Access to Psychological Therapies (IAPT) Services is a new fund in the year funded by the NHS until 2011 to provide counselling intervention

**Notes to the Financial Statements - continued  
for the Year Ended 31 December 2009**

**17 RELATED PARTY DISCLOSURES**

The charity is associated with St Martin's Parochial Church Council by reason of that council's ability to appoint members

Rent of £16,320 and Management charges of £23,220 has been paid to St Martin's Parochial Church Council, the balance due to them at the year end is £2,399