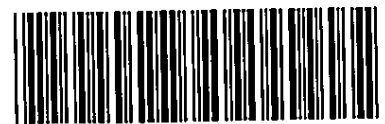


REGISTERED COMPANY NUMBER: 4421138 (England and Wales)
REGISTERED CHARITY NUMBER: 1094458

**Report of the Trustees and
Financial Statements For The Year Ended 31 December 2008
for
St Martin's Centre for Health & Healing**

W H Parker
174 High Street
Harborne
Birmingham
B17 9PP

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COMPANIES HOUSE

St Martin's Centre for Health & Healing

**Contents of the Financial Statements
for the Year Ended 31 December 2008**

	Page
Report of the Trustees	1 to 3
Accountants' Report	4
Statement of Financial Activities	5
Balance Sheet	6 to 7
Notes to the Financial Statements	8 to 13

St Martin's Centre for Health & Healing

**Report of the Trustees
for the Year Ended 31 December 2008**

The trustees who are also directors of the charity for the purposes of the Companies Act 1985, present their report with the financial statements of the charity for the year ended 31 December 2008. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

4421138 (England and Wales)

Registered Charity number

1094458

Registered office

St Martin in the Bull Ring
Edgbaston Street
Birmingham
B5 5BB

Trustees

Dr N Deuchar	Co-opted	
V G Dickens	Co-opted	
S A Ferris	Co-opted	
B A W Foster	Co-opted	
Revd A R Fraser	Co-opted	
Revd N W Johnson	Co-opted	
Canon S W Jones	Appointed by PCC	
S Jones	Appointed by PCC	- appointed 22.5.08
C M Marshall	Appointed by PCC	
Dr C E Parkinson		- resigned 28.7.08
M C Rushen	Appointed by PCC	- appointed 22.5.08
M J Woodward	Appointed by PCC	

Company Secretary

B A W Foster

Accountants

W H Parker
174 High Street
Harborne
Birmingham
B17 9PP

Solicitors

Cobbetts LLP
One Colmore Square
Birmingham
B4 6AJ

Bankers

Lloyds TSB Bank Plc
New Street
Birmingham
B2 4QZ

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Mailing
Kent
ME19 4 JQ

CCLA Investment Management Ltd
80 Cheapside
London
EC2V 6DZ

St Martin's Centre for Health & Healing

Report of the Trustees for the Year Ended 31 December 2008

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charitable company was incorporated on 19 April 2002 and its governing instrument is the company's Memorandum and Articles of Association as amended on 28 July 2003.

Recruitment and appointment of new trustees

The body of trustees who are also directors for the purposes of company law comprises five trustees appointed by the Parochial Church Council of St. Martin in the Bull Ring and up to ten persons co-opted for a fixed period of two years by the trustees for the time being. The chair of trustees is nominated by the Rector of St. Martin's.

Induction and training of new trustees

The board ensures that all members are aware of their responsibilities as trustees.

All trustees are issued with the appropriate literature issued by the charity commission detailing the responsibilities of trustees on their appointment.

Our training is something we will be continuing in the coming year.

Related parties

The charity works closely with the Parochial Church Council of St Martin's in the Bull Ring on all matters relating to the operation of its services. Transactions with the PCC are disclosed in the notes to the accounts.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

OBJECTIVES AND ACTIVITIES

The principle activity of the company in the year was that of promoting for the benefit of the public good physical, mental, spiritual and emotional health in accordance with Christian principles.

2008 has been another challenging year for the centre with both parts of the service being fully utilised by clients. The Help Desk has continued to provide vital advice, support and help to many very needy people within the city centre of Birmingham. In total over 7500 interventions were given with an increasing number of in depth, longer term work being carried out with specific clients. Outreach work has been carried out with staff and volunteers going onto the streets to seek those sleeping rough offering help wherever they can.

The staff team remained at full strength for the year with a coordinator and a job share supervisor's post being supported by sessional supervisors and 36 volunteers. In August Joel Love left and Jennifer Hill as full time supervisor was recruited in November. Graham Stubbs remained as a part time supervisor.

A partnership with YMCA has been explored in the year to work alongside the Help Desk with their Chief Executive joining our board and the Help desk coordinator attending their board meetings. Partnership working continues to be a vital part of the future.

The counselling service continues to be very effective in offering professional, confidential counselling sessions to 3458 clients. The issues in counselling continue to cover a wide range of needs and we have been fortunate to have a wide range of counselling skills to meet the demand. The service is managed by a full time coordinator and a part time assistant as well as 36 volunteer counsellors. Work with the Birmingham Law Centre led to counselling for asylum seekers and an art therapist has also offered vital support to clients.

In April Tim Marks left as Director and in view of the reduced funds of the centre he was not replaced. To tackle the funding issue the board appointed three fundraisers in July, one of whom gave his services for free. After three months to simplify the task only one fundraiser was retained on two days a week. Rob Jones has helped prepare a new lottery bid and many other applications to funding bodies. We have yet to secure funding to ensure the operation of the Centre for all of 2009, but strenuous efforts are being made to secure funding. We have faith that God will provide. Contingency arrangements have been made to continue services at a lower level of activity.

**Report of the Trustees
for the Year Ended 31 December 2008**

FINANCIAL REVIEW

Reserves policy

The Board policy for holding reserves is 3 months of average expenditure.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with the United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

ON BEHALF OF THE BOARD :



Canon S W Jones - Trustee

15 May 2009

**Report of the Accountants to the Trustees of
St Martin's Centre for Health & Healing**

We report on the financial statements for the year ended 31 December 2008 set out on pages five to thirteen.

Respective responsibilities of trustees and reporting accountants

As described on pages six to seven the charitable company's trustees are responsible for the preparation of the financial statements, and consider that the charitable company is exempt from an audit. It is our responsibility to carry out procedures designed to enable us to report our opinion.

Basis of opinion

Our work was conducted in accordance with the Statement of Standards for Reporting Accountants, and so our procedures consisted of comparing the financial statements with the accounting records kept by the charitable company, and making such limited enquiries of the officers of the charitable company as we considered necessary for the purposes of this report. These procedures provide only the assurance expressed in our opinion.

Basis of preparation of the accounts

As indicated in note 1 the trustees have drawn up the accounts on a going concern basis which presupposes the continued availability of funding to enable the charity to continue to operate. We are not required to and have not performed any procedures to corroborate the trustees' views, and we therefore express no opinion on this matter.

Opinion

In our opinion:

- (a) the financial statements are in agreement with the accounting records kept by the charitable company under Section 221 of the Companies Act 1985;
- (b) having regard only to, and on the basis of, the information contained in those accounting records:
 - (i) the financial statements have been drawn up in a manner consistent with the accounting requirements specified in Section 249C(6) of the Act; and
 - (ii) the charitable company satisfied the conditions for exemption from an audit of the financial statements for the year specified in Section 249A(4) of the Act and did not, at any time within that year, fall within any of the categories of companies not entitled to the exemption specified in Section 249B(1).



W H Parker
174 High Street
Harborne
Birmingham
B17 9PP

15 May 2009

St Martin's Centre for Health & Healing

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 December 2008

	Notes	Unrestricted funds £	Restricted funds £	31.12.08 Total funds £	31.12.07 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	31,904	106,334	138,238	172,859
Activities for generating funds	3	3,853	-	3,853	6,984
Investment income	4	8,255	-	8,255	9,511
Total incoming resources		44,012	106,334	150,346	189,354
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income	5	3,641	2,271	5,912	3,475
Charitable activities					
Charitable activities	6	89,035	101,578	190,613	197,389
Governance costs	8	-	2,640	2,640	2,779
Total resources expended		92,676	106,489	199,165	203,643
NET INCOMING/(OUTGOING) RESOURCES					
		(48,664)	(155)	(48,819)	(14,289)
RECONCILIATION OF FUNDS					
Total funds brought forward		176,854	495	177,349	191,638
TOTAL FUNDS CARRIED FORWARD		128,190	340	128,530	177,349

The notes form part of these financial statements

St Martin's Centre for Health & Healing

**Balance Sheet
At 31 December 2008**

	Notes	Unrestricted funds £	Restricted funds £	31.12.08 Total funds £	31.12.07 Total funds £
FIXED ASSETS					
Tangible assets	12	4,298	340	4,638	6,405
CURRENT ASSETS					
Debtors: amounts falling due within one year	13	6,218	-	6,218	3,997
Cash at bank		127,116	-	127,116	176,489
		<u>133,334</u>	<u>-</u>	<u>133,334</u>	<u>180,486</u>
CREDITORS					
Amounts falling due within one year	14	(9,442)	-	(9,442)	(9,542)
NET CURRENT ASSETS		<u>123,892</u>	<u>-</u>	<u>123,892</u>	<u>170,944</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>128,190</u>	<u>340</u>	<u>128,530</u>	<u>177,349</u>
NET ASSETS		<u>128,190</u>	<u>340</u>	<u>128,530</u>	<u>177,349</u>
FUNDS	15				
Unrestricted funds				128,190	176,854
Restricted funds				340	495
TOTAL FUNDS				<u>128,530</u>	<u>177,349</u>

The notes form part of these financial statements

Balance Sheet - continued
At 31 December 2008

The charitable company is entitled to exemption from audit under Section 249A(2) of the Companies Act 1985 for the year ended 31 December 2008.

The trustees have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2008 in accordance with Section 249B(2) of the Companies Act 1985.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Board of Trustees on 15 May 2009 and were signed on its behalf by:



Canon S W Jones - Trustee

**Notes to the Financial Statements
for the Year Ended 31 December 2008**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The accounts have been prepared on the going concern basis which presupposes that the charity will be able to operate for the foreseeable future. It continues to be reliant on grant funding to meet its day to day running costs. Future funding is not yet in place to sustain operations beyond the next few months and so the basis on which the accounts have been drawn up may not be appropriate.

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2007), the Companies Act 1985 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

Grants and donations

Income from donations and grants is included in incoming resources when these are receivable.

Other income

Other income is included in the Statement of Financial Activities on an accruals basis.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Furniture and equipment taken over from St Martin's PCC on the transfer of the activities to this charity have not been incorporated into these accounts. Other assets are stated at cost less depreciation so as to write off those assets over their anticipated useful lives.

Depreciation Rates :

Equipment - 20% on the reducing balance.

Computing and electrical equipment - 25% on cost.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteer services

The contributions of volunteers has been considerable but, because of practical difficulties, has not been quantified in the financial statements.

Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

Notes to the Financial Statements - continued
for the Year Ended 31 December 2008

2. VOLUNTARY INCOME

	31.12.08	31.12.07
	£	£
Grants (see below)	105,634	137,513
Counselling - individuals	11,050	11,118
Counselling - organisations	-	1,500
Counselling - supervision	180	880
Donations - individual	11,856	8,012
Donations - organisations	4,175	1,763
Help Desk Donation - St Martin PCC	2,000	8,000
Fundraising	-	308
Tax recoverable	3,343	3,765
	<u>138,238</u>	<u>172,859</u>

Grants received, included in the above, are as follows:

	31.12.08	31.12.07
	£	£
John Arris Trust	-	2,000
The Big Lottery Fund	68,236	86,731
Birmingham City Council Health & Social Care Department	13,020	12,828
Sidney Black Trust	-	300
Church Urban Fund	2,000	-
The Cole Charitable Trust	-	500
G H Collins Trust	-	500
Wm. Dudley Trust	-	120
Gentlemen's Night Out	-	250
Heart of Birmingham Primary Care Trust	21,378	21,034
Holte & Bracebridge Trustees	-	500
Joseph Hopkins Trust	700	-
Jarman Trust	200	-
Hugh Kenrick Trust	100	-
Limoges Trust	-	1,000
Meal Packs	-	1,000
Northern Counties Trustees	-	500
The Oakley Charitable Trust	-	250
Henry Smith Charity	-	10,000
	<u>105,634</u>	<u>137,513</u>

3. ACTIVITIES FOR GENERATING FUNDS

	31.12.08	31.12.07
	£	£
Room Bookings	2,603	4,831
Fees	1,250	1,928
Workshops & conferences	-	225
	<u>3,853</u>	<u>6,984</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2008

4. INVESTMENT INCOME

	31.12.08	31.12.07
	£	£
Bank interest	<u>8,255</u>	<u>9,511</u>

5. COSTS OF GENERATING VOLUNTARY INCOME

	31.12.08	31.12.07
	£	£
Fundraising expenses	<u>5,912</u>	<u>3,475</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7)	Totals
	£	£
Charitable activities	<u>190,613</u>	<u>190,613</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.08	31.12.07
	£	£
Staff costs	126,697	126,011
Rent	16,320	15,000
Light , heat and water	2,765	3,263
Telephone	1,352	1,803
Printing and stationery	1,930	3,230
Promotion and publicity	1,491	1,523
Counselling service delivery (inc volunteers expenses)	1,974	1,114
Counselling supervision	1,097	623
Help desk service delivery (inc volunteers expenses)	7,706	8,111
Repairs and renewals	388	1,487
Information technology	3,009	5,241
Insurance	2,313	2,790
Legal fees	2,227	15
Management fees	12,609	16,241
Office expenses	2,223	837
Postage	536	743
Recruitment	36	4,189
Training	4,374	1,367
Depreciation	1,616	1,881
Loss on sale of assets	(177)	1,832
Interest payable and similar charges	127	88
	<u>190,613</u>	<u>197,389</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2008

8. GOVERNANCE COSTS

	31.12.08	31.12.07
	£	£
Board expenses	340	96
Accountancy including prior year adjustment	1,725	2,095
Independent examination	575	588
	<u>2,640</u>	<u>2,779</u>

9. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	31.12.08	31.12.07
	£	£
Depreciation - owned assets	1,615	1,756
(Surplus)/deficit on disposal of fixed asset	(177)	1,832
	<u></u>	<u></u>

10. TRUSTEES' REMUNERATION AND BENEFITS

Stephen Jones is employed by St Martin's Parochial Church Council an associated charity he was paid a salary of £12,252 since been appointed a Trustee.

Martin Woodward is a partner in Cobbetts LLP to who the charity paid fees of £2,012 in the year.

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 December 2008 nor for the year ended 31 December 2007.

11. STAFF COSTS

	31.12.08	31.12.07
	£	£
Wages and salaries	119,880	119,186
Social security costs	9,203	9,919
Other pension costs	511	267
	<u>129,594</u>	<u>129,372</u>

No employee was paid £60,000 or more.

The average monthly number of employees during the year was as follows:

	31.12.08	31.12.07
Administration	1	1
Counselling	2	2
Director	-	1
Helpdesk	2	3
	<u>5</u>	<u>7</u>

Numbers stated are approximate full time equivalents.

Notes to the Financial Statements - continued
for the Year Ended 31 December 2008

12. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 January 2008	13,868
Additions	140
Disposals	(746)
At 31 December 2008	<u>13,262</u>
DEPRECIATION	
At 1 January 2008	7,462
Charge for year	1,615
Eliminated on disposal	(453)
At 31 December 2008	<u>8,624</u>
NET BOOK VALUE	
At 31 December 2008	<u>4,638</u>
At 31 December 2007	<u>6,406</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.08 £	31.12.07 £
Taxation recoverable under gift aid	2,931	774
Prepayments and accrued income	<u>3,287</u>	<u>3,223</u>
	<u>6,218</u>	<u>3,997</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.08 £	31.12.07 £
Social security and other taxes	3,119	-
Associated charities	884	4,052
Accrued expenses	<u>5,439</u>	<u>5,490</u>
	<u>9,442</u>	<u>9,542</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2008

15. MOVEMENT IN FUNDS

	At 1.1.08 £	Net movement in funds £	At 31.12.08 £
Unrestricted funds			
General fund	176,854	(48,664)	128,190
Restricted funds			
Wm. Dudley Trust	120	(30)	90
Measures Trust	375	(125)	250
	<u>495</u>	<u>(155)</u>	<u>340</u>
TOTAL FUNDS	<u>177,349</u>	<u>(48,819)</u>	<u>128,530</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	44,012	(92,676)	(48,664)
Restricted funds			
The Big Lottery Fund	68,236	(68,236)	-
Birmingham City Council Health & Social Care Department	13,020	(13,020)	-
Church Urban Fund	2,000	(2,000)	-
Wm. Dudley Trust	-	(30)	(30)
Heart of Birmingham Primary Care Trust	21,378	(21,378)	-
Joseph Hopkins Trust	700	(700)	-
Meal Packs	1,000	(1,000)	-
Measures Trust	-	(125)	(125)
	<u>106,334</u>	<u>(106,489)</u>	<u>(155)</u>
TOTAL FUNDS	<u>150,346</u>	<u>(199,165)</u>	<u>(48,819)</u>

The Big Lottery Fund is a restricted fund in respect of the Help Desk Co-ordinator, the counselling co-ordinator and other administration, service delivery and office costs.

Birmingham City Council Social Care & Health Department is a restricted fund in respect of the Help Desk Supervisor's salary.

Heart of Birmingham Teaching Primary Care Trust is a restricted fund to provide counselling intervention.

16. RELATED PARTY DISCLOSURES

The charity is associated with St Martin's Parochial Church Council by reason of that council's ability to appoint members.

Rent of £16,320 and Management charges of £19,629 has been paid to St Martin's Parochial Church Council. the balance due to them at the year end is £789.