

REGISTERED COMPANY NUMBER 4421138 (England and Wales)
REGISTERED CHARITY NUMBER 1094458

**Report of the Trustees and
Financial Statements For The Year Ended 31 December 2010
for
St Martin's Centre for Health & Healing**

W H Parker
174 High Street
Harborne
Birmingham
B17 9PP

TUESDAY



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COMPANIES HOUSE

**Contents of the Financial Statements
for the Year Ended 31 December 2010**

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 13

St Martin's Centre for Health & Healing

Report of the Trustees for the Year Ended 31 December 2010

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2010. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
4421138 (England and Wales)

Registered Charity number
1094458

Registered office
St Martin in the Bull Ring
Edgbaston Street
Birmingham
B5 5BB

Trustees

Dr N Deuchar	Co-opted	
V G Dickens	Co-opted	
S A Ferris	Co-opted	
Dr M Forrest	Co-opted	- appointed 29 3 10
Revd A R Fraser	Co-opted	
Mrs S E Harley	Co-opted	- appointed 13 6 11
Revd N W Johnson	Co-opted	
Canon S W Jones	Appointed by PCC	
S Jones	Appointed by PCC	- resigned 14 8 10
C M Marshall	Appointed by PCC	
M C Rushen	Appointed by PCC	
M J Woodward	Appointed by PCC	

Company Secretary
M J Woodward

Independent Examiner

Richard J Sargeant
The Association of Chartered Certified Accountants
W H Parker
174 High Street
Harborne
Birmingham
B17 9PP

Solicitors

Cobbetts LLP
One Colmore Square
Birmingham
B4 6AJ

Bankers

Lloyds TSB Bank Plc	CAF Bank Ltd	CCLA Investment Management Ltd
New Street	25 Kings Hill Avenue	80 Cheapside
Birmingham	Kings Hill	London
B2 4QZ	West Mailing	EC2V 6DZ
	Kent	
	ME19 4 JQ	

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charitable company was incorporated on 19 April 2002 and its governing instrument is the company's Memorandum and Articles of Association as amended on 28 July 2008.

**Report of the Trustees
for the Year Ended 31 December 2010**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The body of trustees who are also directors for the purposes of company law comprises five trustees appointed by the Parochial Church Council of St Martin in the Bull Ring and up to ten persons co-opted for a fixed period of two years by the trustees for the time being. The chair of trustees is nominated by the Rector of St Martin's.

Induction and training of new trustees

The board ensures that all members are aware of their responsibilities as trustees.

All trustees are issued with the appropriate literature issued by the charity commission detailing the responsibilities of trustees on their appointment.

Our training is something we will be continuing in the coming year.

Organisational structure

The day to day management of the charity is delegated to the chief executive Mr Rob Jones.

Related parties

The charity works closely with the Parochial Church Council of St Martin's in the Bull Ring on all matters relating to the operation of its services. Transactions with the PCC are disclosed in the notes to the accounts.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Such risks and the systems that are in place to mitigate their effects are reviewed on a regular basis and appropriate actions taken.

**Report of the Trustees
for the Year Ended 31 December 2010**

OBJECTIVES AND ACTIVITIES

The principle activity of the company continued to be promoting, for the benefit of the public good, physical, mental, spiritual and emotional health in accordance with Christian principles

The Centre for Health and Healing aims, through its Help Desk and Counselling Service, to alleviate the suffering and distress of the most vulnerable and excluded people in and around the city. The majority of people who use these services experience multiple disadvantage and are often some of the most 'damaged' people in society. Many arrive at the Centre in crisis with nowhere else to turn, having been assessed and deemed as unsuitable for, or having 'exhausted', most other services available to them.

2010 has been an extremely busy year for the Centre for Health and Healing. Both services have experienced an increase in numbers, together with a rise in the complexity and need that clients present with.

Help Desk

The beneficiaries of the Help Desk are people who have multiple needs, including homelessness (rough sleepers, and the 'hidden homeless') or are at risk of becoming homeless, mental health problems, physical health needs, issues with addiction, a high incidence of criminal behaviour, perpetrators and victims of domestic violence, physical, sexual and emotional abuse, family breakdown, unemployment, financial difficulties and poverty, and asylum and immigration difficulties.

The Help Desk has continued to provide vital advice, support and help to many very needy people within the city centre of Birmingham. In total over 12000 interventions were given with an increasing number of in-depth, longer term work being carried out with specific clients.

The service provides specialist Mental Health Befriending and Mentoring, advice, practical help with independent living skills, advocacy, onward referral and a listening service. Clients are provided with access to a range of specialist workers, to help with Mental Health issues, problems with addiction, Housing issues (including emergency accommodation), benefits advice and personal finance. In addition in-depth resettlement activities are undertaken. Clients are also assisted in accessing opportunities previously closed to them such as in employment, voluntary work and learning opportunities. The service also acts as a Gateway/Assessment centre, linking individuals with appropriate external agencies. Clients are supported throughout the referral process and beyond to ensure a successful and sustained outcome.

The Help Desk also operates an Out Reach Service, going out onto the streets of Birmingham in the evenings and early mornings. This service aims to build relationships with Rough Sleepers, offering advice, care and support and encouraging individuals to attend the Help Desk for more structured help.

The staff team has expanded to include a fulltime Co-ordinator, three part-time supervisors and over 38 volunteers.

Counselling Service

The Counselling Service enables clients to understand, come to terms with and tackle often painful experiences. Counsellors support clients in developing a greater sense of self awareness, understanding of relationships and past experiences and assist in the development of more effective coping strategies and life skills. Working together the aim is for the client to move towards living in a more resourceful, harmonious and satisfying way.

The service has an acknowledged expertise in the areas of, personality and eating disorders, Anxiety & Depression, Addiction, Abuse and Family work, and specialises in working with people who present with multiple or complex difficulties, who are frequently excluded from using other services.

Managed by a full time coordinator and supported by 36 qualified volunteer counsellors, in 2010 the Counselling Service saw 1042 clients.

The NHS funded (The Birmingham and Solihull Mental Health Foundation Trust) Improving Access to Psychological Services Training scheme saw the 21 Cognitive Behavioural Trainee Therapist offer over 7500 sessions to clients/patients.

In April 2010 the Counselling Service commenced delivery of specialist counselling in several G.P. surgeries in Edgbaston working with patients with Eating and Personality Disorders. This 12 month contract worth £96,000 was secured as part of a competitive tendering process.

FINANCIAL REVIEW

Principal funding sources are the NHS related IAPT programme, Heart of Birmingham PCT Service Level Agreement, G.P. Surgery Counselling contract, Birmingham City Council grant and a £39,000 donation from the Bullring Shopping Centre Management company. Funding from Charitable Trust represents a small but significant income stream.

**Report of the Trustees
for the Year Ended 31 December 2010**

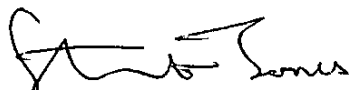
FINANCIAL REVIEW

Reserves Policy

It is the policy of the charity to try and hold unrestricted reserves, not designated for a specific use, equivalent to 3 months unfunded operating expenditure. The Trustees believe this will enable the charity to be maintained in good order should there be a significant drop in funding, while Trustees consider how additional funds are raised.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD

A handwritten signature in black ink, appearing to read 'S W Jones', written over a horizontal line.

Canon S W Jones - Trustee

7 September 2011

**Independent Examiner's Report to the Trustees of
St Martin's Centre for Health & Healing**

I report on the accounts for the year ended 31 December 2010 set out on pages six to thirteen

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under Section 43 of the 1993 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 43(7)(b) of the 1993 Act), and
- to state whether particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

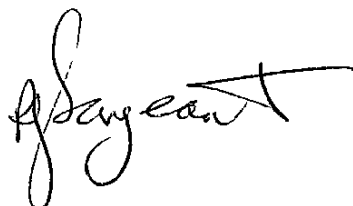
Independent examiner's statement

In connection with my examination, no matter has come to my attention

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006, and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met, or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



Richard J Sarjeant
The Association of Chartered Certified Accountants
W H Parker
174 High Street
Harborne
Birmingham
B17 9PP

7 September 2011

St Martin's Centre for Health & Healing

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 December 2010**

		Unrestricted funds £	Restricted funds £	31 12 10 Total funds £	31 12 09 Total funds £
	Notes				
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	83,195	273,315	356,510	196,117
Activities for generating funds	3	-	-	-	5,410
Investment income	4	430	-	430	1,324
Total incoming resources		83,625	273,315	356,940	202,851
RESOURCES EXPENDED					
Costs of generating funds					
Costs of generating voluntary income	5	-	-	-	17,139
Charitable activities	6	98,272	257,879	356,151	200,708
Governance costs	8	15	3,271	3,286	2,971
Total resources expended		98,287	261,150	359,437	220,818
NET INCOME/(EXPENDITURE) FOR THE YEAR before transfers					
		(14,662)	12,165	(2,497)	(17,967)
Gross transfers between funds	16	4,549	(4,549)	-	-
Net income/(expenditure) for the year		(10,113)	7,616	(2,497)	(17,967)
RECONCILIATION OF FUNDS					
Total funds brought forward		88,582	21,981	110,563	128,530
TOTAL FUNDS CARRIED FORWARD		78,469	29,597	108,066	110,563

The notes form part of these financial statements

St Martin's Centre for Health & Healing

**Balance Sheet
At 31 December 2010**

		Unrestricted funds £	Restricted funds £	31 12 10 Total funds £	31 12 09 Total funds £
	Notes				
FIXED ASSETS					
Tangible assets	12	6,224	30	6,254	4,148
CURRENT ASSETS					
Debtors amounts falling due within one year	13	2,251	-	2,251	2,434
Cash at bank		85,775	29,568	115,343	118,093
		<u>88,026</u>	<u>29,568</u>	<u>117,594</u>	<u>120,527</u>
CREDITORS					
Amounts falling due within one year	14	(15,782)	-	(15,782)	(14,112)
NET CURRENT ASSETS		<u>72,244</u>	<u>29,568</u>	<u>101,812</u>	<u>106,415</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>78,468</u>	<u>29,598</u>	<u>108,066</u>	<u>110,563</u>
NET ASSETS		<u>78,468</u>	<u>29,598</u>	<u>108,066</u>	<u>110,563</u>
FUNDS	16				
Unrestricted funds				78,468	88,582
Restricted funds				29,598	21,981
TOTAL FUNDS				<u>108,066</u>	<u>110,563</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2010

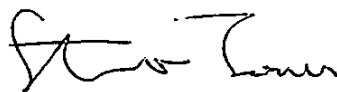
The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 December 2010 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the Board of Trustees on 7 September 2011 and were signed on its behalf by



Canon S W Jones -Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 December 2010**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The accounts have been prepared on the going concern basis which presupposes that the charity will be able to operate for the foreseeable future. It continues to be reliant on grant funding, including grants linked to service level agreements, to meet its day to day running costs.

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

Grants and donations

Income from donations and grants is included in incoming resources when these are receivable.

Other income

Other income is included in the Statement of Financial Activities on an accruals basis.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Furniture and equipment taken over from St Martin's PCC on the transfer of the activities to this charity have not been incorporated into these accounts. Other assets are stated at cost less depreciation so as to write off those assets over their anticipated useful lives.

Depreciation Rates

Equipment - 20% on the reducing balance

Computing and electrical equipment - 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Volunteer services

The contributions of volunteers has been considerable but, because of practical difficulties, has not been quantified in the financial statements.

Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

Notes to the Financial Statements - continued
for the Year Ended 31 December 2010

2 VOLUNTARY INCOME

	31 12 10	31 12 09
	£	£
Grants (see below)	336,109	164,410
Counselling - individuals	8,128	12,097
Counselling - supervision	223	70
Donations - individual	5,105	6,229
Donations - organisations	-	2,480
Help Desk Donation - St Martin PCC	2,308	5,000
Tax recoverable	2,848	4,031
Help desk individual donations	572	1,140
Help desk organisation donations	1,217	660
	<u>356,510</u>	<u>196,117</u>

Grants received, included in the above, are as follows

	31 12 10	31 12 09
	£	£
The Big Lottery Fund	-	16,019
Birmingham City Council Health & Social Care Department	20,775	19,463
Heart of Birmingham Primary Care Trust	18,255	21,807
Lloyds TSB Foundation	9,000	16,500
William A Cadbury Trust	-	15,000
Trustees of Lord Austin Dec'd	-	1,000
Douglas Turner Trust	-	1,000
Joan Lamb Charitable Trust	1,000	2,000
Birmingham Mental Health Trust (IAPT)	163,910	70,871
Alfred Hains Charitable Trust	-	750
South Birmingham PCT (GP Surgery)	68,169	-
Bull Ring	39,000	-
The Workman Trust	15,000	-
The Dumbreck Charity	1,000	-
	<u>336,109</u>	<u>164,410</u>

3 ACTIVITIES FOR GENERATING FUNDS

	31 12 10	31 12 09
	£	£
Room Bookings	-	2,138
Counselling service fees	-	2,410
CraftworX fees	-	862
	<u>-</u>	<u>5,410</u>

4 INVESTMENT INCOME

	31 12 10	31 12 09
	£	£
Bank interest	430	1,324
	<u>430</u>	<u>1,324</u>

5 COSTS OF GENERATING VOLUNTARY INCOME

	31 12 10	31 12 09
	£	£
Fundraising expenses	-	17,139
	<u>-</u>	<u>17,139</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2010

6 CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 7) £	Totals £
Charitable activities	356,151	356,151

7 DIRECT COSTS OF CHARITABLE ACTIVITIES

	31 12 10 £	31 12 09 £
Staff costs	258,012	138,637
Rent	28,643	16,320
Light , heat and water	3,323	3,725
Telephone	4,136	2,276
Printing and stationery	5,518	2,380
Counselling service delivery (inc volunteers expenses)	1,825	1,844
Counselling supervision	1,035	1,090
Help desk service delivery (inc volunteers expenses)	3,831	8,879
Repairs and renewals	154	(173)
Information technology	2,189	2,522
Insurance	3,021	2,436
Management fees	18,150	13,309
Office expenses	7,040	2,281
Postage	721	472
Recruitment	-	287
Training	3,216	370
NHS counselling (IAP I) expense	12,893	2,400
Depreciation	2,443	1,569
Interest payable and similar charges	1	84
	<u>356,151</u>	<u>200,708</u>

8. GOVERNANCE COSTS

	31 12 10 £	31 12 09 £
Board expenses	15	16
Accountancy including prior year adjustment	2,671	2,380
Independent examination	600	575
	<u>3,286</u>	<u>2,971</u>

9. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting)

	31 12 10 £	31 12 09 £
Depreciation - owned assets	<u>2,443</u>	<u>1,569</u>

10 TRUSTEES' REMUNERATION AND BENEFITS

Stephen Jones was employed by St Martin's Parochial Church Council an associated charity he was paid a salary of £14,731 (2009 £21,738)

Trustees' Expenses

There were no trustees' expenses paid for the year ended 31 December 2010 nor for the year ended 31 December 2009

Notes to the Financial Statements - continued
for the Year Ended 31 December 2010

11. STAFF COSTS

	31 12 10 £	31 12 09 £
Wages and salaries	235,875	127,161
Employer's national insurance costs	22,137	11,551
Other pension costs	-	-
	<u>258,012</u>	<u>138,712</u>

No employee was paid £60,000 or more

The average monthly number of employees during the year was as follows

	31 12 10	31 12 09
Administration	2	1
Counselling	5	3
Director	1	1
Helpdesk	3	3
	<u>11</u>	<u>8</u>

12. TANGIBLE FIXED ASSETS

	Plant and machinery etc £
COST	
At 1 January 2010	14,341
Additions	<u>4,549</u>
At 31 December 2010	<u>18,890</u>
DEPRECIATION	
At 1 January 2010	10,193
Charge for year	<u>2,443</u>
At 31 December 2010	<u>12,636</u>
NET BOOK VALUE	
At 31 December 2010	<u>6,254</u>
At 31 December 2009	<u>4,148</u>

13. DEBTORS. AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 12 10 £	31 12 09 £
Taxation recoverable under gift aid	2,241	2,411
Prepayments and accrued income	<u>10</u>	<u>23</u>
	<u>2,251</u>	<u>2,434</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2010

14. CREDITORS AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 12 10 £	31 12 09 £
Social security and other taxes	6,124	3,928
Associated charities	1,398	2,399
Accrued expenses	8,260	7,785
	<u>15,782</u>	<u>14,112</u>

15. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid within one year

	31 12 10 £	31 12 09 £
Expiring		
In more than five years	<u>20,155</u>	<u>20,155</u>

16. MOVEMENT IN FUNDS

	At 1 1 10 £	Net movement in funds £	Transfers between funds £	At 31 12 10 £
Unrestricted funds				
General fund	88,582	(14,663)	4,549	78,468
Restricted funds				
Wm Dudley Trust	60	(30)	-	30
Measures Trust	125	(125)	-	-
NHS Counselling (IAPT)	21,796	(17,247)	(4,549)	-
South Birmingham PCT (GP surgery)	-	28,754	-	28,754
Help Desk Clothing Fund	-	814	-	814
	<u>21,981</u>	<u>12,166</u>	<u>(4,549)</u>	<u>29,598</u>
TOTAL FUNDS	<u>110,563</u>	<u>(2,497)</u>	<u>-</u>	<u>108,066</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2010

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	83,625	(98,288)	(14,663)
Restricted funds			
Birmingham City Council Health & Social Care Department	20,775	(20,775)	-
Heart of Birmingham Primary Care Trust	18,255	(18,255)	-
Meal Packs	1,000	(1,000)	-
NHS Counselling (IAPT)	163,909	(181,156)	(17,247)
South Birmingham PCT (GP surgery)	68,169	(39,415)	28,754
Help Desk Clothing Fund	1,207	(393)	814
Wm Dudley Trust	-	(30)	(30)
Measures Trust	-	(125)	(125)
	<u>273,315</u>	<u>(261,149)</u>	<u>12,166</u>
TOTAL FUNDS	<u>356,940</u>	<u>(359,437)</u>	<u>(2,497)</u>

Birmingham City Council Social Care & Health Department is a restricted fund in respect of the Help Desk Supervisor's salary

Heart of Birmingham Teaching Primary Care Trust is a restricted fund to provide counselling intervention

NHS Counselling Improving Access to Psychological Therapies (IAPT) Services is a new restricted fund to provide counselling intervention services until 2011 using a grant from the NHS Capital expenditure from the fund of £4,549 has been transferred to general fund assets

South Birmingham PCT (GP surgery) is a new restricted fund to provide counselling on referral from GPs until March 2011 using a grant from the NHS

17. RELATED PARTY DISCLOSURES

The charity is associated with St Martin's Parochial Church Council (The PCC) by reason of that council's ability to appoint members

During the year the charity has paid rent and room hire charges of £ 28,643 to the PCC and £32,146 in respect of management time, shared property, information technology and other costs. The amount owing to the PCC at the year end was £1,398

a complaint are available from the College or on the website of the OIAHE <http://oiahe.org.uk> The postal address is Office of the Independent Adjudicator for High Education, Fifth Floor, Thames Tower, Station Road,

final decision of a College's disciplinary or complaints appeal body. Full details of the OIAHE and how to make a complaint are available from the College or on the website of the OIAHE <http://oiahe.org.uk>. The postal