

Company No 4421138

Charity No 1094458

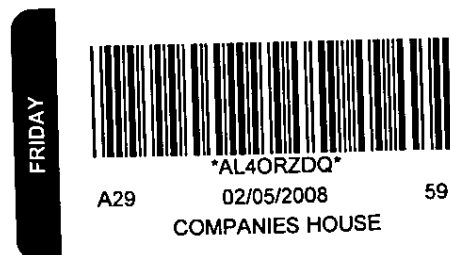
St Martin's Centre for Health and Healing

Report of the Directors and Financial Statements for the year ended

31st December 2007

Reporting Accountants

**W H Parker
174 High Street
Harborne
Birmingham
B17 9PP**



St Martin's Centre for Health and Healing

**Contents of the Financial Statements
for the Year Ended 31 December 2007**

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St Martin's Centre for Health and Healing

**Company Information
for the Year Ended 31 December 2007**

DIRECTORS AND TRUSTEES:

Dr N Deuchar
V G Dickens
S A Ferris
B A W Foster
A Fraser
N Johnson
Revd Canon S W Jones
C M Marshall
Dr C E Parkinson
M J Woodward

SECRETARY:

B Foster

CHIEF EXECUTIVE OFFICER:

T Marks

REGISTERED OFFICE:

St Martin in the Bull Ring
Birmingham
B5 5BB

REGISTERED NUMBER:

4421138 (England and Wales)

CHARITY NUMBER:

1094458

REPORTING ACCOUNTANTS:

W H Parker
174 High Street
Harborne
Birmingham
B17 9PP

SOLICITORS:

Cobbetts LLP
One Colmore Square
Birmingham
B4 6AJ

Bankers:

Lloyds TSB
New Street
Birmingham
B2 4QZ

CCLA Investment Management Ltd
COIF Charity Funds
80 Cheapside
London
EC2V 6DZ

St Martin's Centre for Health and Healing

Report of the Directors for the Year Ended 31 December 2007

The directors present their report with the financial statements of the company for the year ended 31 December 2007

PRINCIPAL ACTIVITY

The principal activity of the company in the year under review was that of promoting for the benefit of the public good physical, mental, spiritual and emotional health in accordance with Christian principles

DIRECTORS

The directors who held office during the period from 1 January 2007 to the date of this report were

L A Cox (*resigned 20/06/07*)

Dr N Deuchar -

V G Dickens -

S A Ferris -

B A W Foster -

A Fraser (*appointed 14/09/07*)

Dr Q Harris (*resigned 12/01/07*)

N Johnson (*appointed 14/09/07*)

Revd Canon S W Jones -

C M Marshall -

Dr C E Parkinson -

M J Woodward -

The directors of the company are trustees for the purposes of charity law

GOVERNANCE

The charitable company was incorporated on 19 April 2002 and its governing instrument is the company's Memorandum and Articles of Association

As set out in the Articles of Association the body of trustees comprises five trustees appointed by the Parochial Church Council of St. Martin in the Bull Ring and up to ten persons co-opted for a fixed period of two years by the trustees for the time being. The chair of trustees is nominated by the Rector of St Martin's

RELATIONSHIP WITH ST MARTIN'S PAROCHIAL CHURCH COUNCIL (The PCC)

The charity works closely with the PCC on all matters relating to the operation of its services. Transactions with the PCC are disclosed in the notes to the accounts.

REVIEW OF THE ACTIVITIES OF THE CHARITY

2007 has been another very busy year for the Centre with the work of the Help Desk and the Counselling service providing much needed support and help to a large number of people. The Help Desk provided 8363 interventions offering support to a wide range of people including the homeless, the lonely, and those with serious mental health problems.

Our counselling service offered 3614 appointments in the year with 2535 of these being taken up. Such work has only been possible because of the commitment of the staff and volunteers. These services have been delivered by a committed staff team of 8 with significant changes in the staff team in the year. In March 07 Mike Murkin the director left for a new post and after a period of 4 months Tim Marks was appointed on a part time basis. In November Rachael Parish was appointed as Coordinator of the Help Desk after the departure of Jacki Graham and Becky Considine joined the team as administrator in Dec 07 after the departure of Val Egan. In addition around 60 volunteers help out week by week.

St Martin's Centre for Health and Healing

**Report of the Directors
for the Year Ended 31 December 2007 (continued)**

REVIEW OF THE ACTIVITIES OF THE CHARITY (continued)

The Board policy for holding reserves is up to 3 months of average expenditure

The Board ensures that the Centre continues to adhere to the wide range of policies and procedures adopted by the three organisations that are based within St Martin in the Bull Ring. During the last year a number of the policies have been reviewed and updated

Health & Safety - an updated policy covers all the main requirements for the health and safety of visitors, staff, clients and volunteers

Building and contents are insured with an insurance company that specialise in churches and charities insurance.

Public liability- the Charity insures its obligations and liabilities with an insurance company that specialises in churches and charities insurance,

Employer's Liability - the Charity is insured with an insurance company that specialises in churches and charities insurance

Consequential Loss - the Charity is insured with an insurance company that specialises in churches and charities insurance.

Professional indemnity for counsellors is provided by an insurance company that specialises in counselling insurance

Staff and volunteers - the Board consult with the Personnel committee on all personnel matters. We have a Staff Handbook and Personnel Folder where all policies and procedures are easily accessible.

Volunteers are issued with appropriate volunteer policies covering their specific areas of work

Policies and procedures are regularly reviewed on behalf of the Board, church officers, committees and the PCC.

Budgets - the Board approves budgets and monitors progress on a regular basis

Service level agreements for services provided between the Centre and St Martin's Church are agreed annually and may be varied by mutual agreement

St Martin's Centre for Health and Healing

**Report of the Directors
for the Year Ended 31 December 2007 (continued)**

ACCOUNTS AND STATEMENT OF DIRECTORS' RESPONSIBILITIES

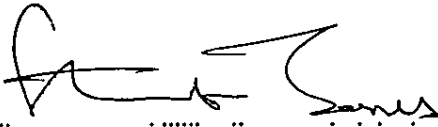
Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the directors are required to

- select suitable accounting policies and then apply them consistently,
- make judgements and estimates that are reasonable and prudent,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

SIGNED ON BEHALF OF THE BOARD:



.....
Revd Canon Stewart Jones - Director

Date 23 April 2008

St Martin's Centre for Health and Healing

Accountants' report to the members on the unaudited accounts of St Martin's Centre for Health and Healing.

We report on the accounts for the year ended 31 December 2007 set out on pages 6 to 13

Respective responsibilities of directors and reporting accountants

As described on page 7, the company's directors are responsible for the preparation of the accounts, and they consider that the company is exempt from an audit. It is our responsibility to carry out procedures designed to enable us to report our opinion.

Basis of opinion

Our work was conducted in accordance with the Statement of Standards for Reporting Accountants, and so our procedures consisted of comparing the accounts with the accounting records kept by the company, and making such limited enquiries of the officers of the company as we considered necessary for the purposes of this report. These procedures provide only the assurance expressed in our opinion.

Opinion

In our opinion

- (a) The financial statements are in agreement with the accounting records kept by the company under s221 of the Companies Act 1985;
- (b) Having regard only to, and on the basis of, the information contained in those accounting records.
 - (i) the financial statements have been drawn up in a manner consistent with the accounting requirements specified in s249C(6) of the Act, and
 - (ii) the company satisfied the conditions for exemption from audit specified in s249(A)4 of the Act as modified by s249A(5) and did not, at any time within that year, fall within any of the categories of the companies not entitled to the exemption specified in s249B(1)



W H Parker
Chartered Certified Accountants
174 High Street Harborne
Birmingham
B17 9 PP
23 April 2008



St Martin's Centre for Health & Healing

STATEMENT OF FINANCIAL ACTIVITIES (Incorporating the Income & Expenditure Account)

For the year ended 31st December 2007

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2007 £	Total Funds 2006 £
INCOMING RESOURCES					
Voluntary income	2(a)	51,149	121,713	172,862	207,325
Activities for generating funds	2(b)	6,984	-	6,984	26,395
Investment income	2(c)	9,511	-	9,511	6,333
TOTAL INCOMING RESOURCES		67,644	121,713	189,357	240,053
RESOURCES EXPENDED					
Costs of generating voluntary income	3(a)	2,325	1,150	3,475	247
Charitable activities	3(b)	77,183	120,472	197,655	200,648
Governance costs	3(c)	588	96	684	739
TOTAL RESOURCES EXPENDED		80,096	121,718	201,814	201,634
NET (OUTGOING)/INCOMING RESOURCES BEFORE OTHER RECOGNISED GAINS & LOSSES		(12,452)	(5)	(12,457)	38,419
Other recognised losses on disposal of fixed assets		(1,832)	-	(1,832)	-
NET MOVEMENT IN FUNDS (Deficit for the year)		(14,284)	(5)	(14,289)	38,419
Reconciliation of funds					
Total funds brought forward 1 January 2007		191,139	500	191,639	153,220
Total funds carried forward 31 December 2007		176,855	495	177,350	191,639



BALANCE SHEET
At 31st December 2007

	Notes	2007 £	2006 £
FIXED ASSETS			
Tangible fixed assets	6	6,406	7,736
		<u>6,406</u>	<u>7,736</u>
CURRENT ASSETS			
Debtors	7	3,997	11,379
Short term deposits		164,325	174,865
Cash at bank and in hand		12,164	7,689
		<u>180,486</u>	<u>193,933</u>
CREDITORS			
Amounts falling due within one year	8	9,542	10,031
NET CURRENT ASSETS			
		<u>170,944</u>	<u>183,903</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>177,350</u>	<u>191,639</u>
FUNDS			
Unrestricted	10	176,855	191,139
Restricted	10	495	500
		<u>177,350</u>	<u>191,639</u>

The company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 December 2007

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2007 in accordance with Section 249(b)(2) of the Companies Act 1985

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standards for Smaller Entities (effective January 2007)

The financial statements were approved by the Board of Directors on 23 April 2008 and were signed on its behalf by

Revd Canon Stewart Jones - Director

NOTES TO THE FINANCIAL STATEMENTS
For the year ended 31st December 2007

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2007), the requirements of the Statement of Recommended Practice for Accounting and Reporting by Charities (SORP 2005) issued March 2005 and the Companies Act 1985

Incoming Resources

Grants and donations

Income from donations and grants is included in incoming resources when these are receivable.

Other income

Other income is included in the Statement of Financial Activities on an accruals basis

Resources Expended

Resources expended are included in the Statement of Financial Activities on an accruals basis

Tangible Fixed assets

Furniture and equipment taken over from St Martin's PCC on the transfer of the activities to this charity have not been incorporated into these accounts. Other assets are stated at cost less depreciation so as to write off those assets over their anticipated useful lives

Depreciation Rates

Equipment - 20% on the reducing balance.

Computing and electrical equipment - 25% on cost.

Volunteer services

The contributions of volunteers has been considerable but, because of practical difficulties, has not been quantified in the financial statements

Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1

NOTES TO THE FINANCIAL STATEMENTS (continued)
For the year ended 31st December 2007

2 INCOMING RESOURCES	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	2007	2006
			£	£
2(a) Voluntary income				
Counselling - individuals	11,118	-	11,118	8,480
Counselling - organisations	1,500	-	1,500	-
Counselling - supervision	880	-	880	1,147
Donations				
Individuals	8,014	-	8,014	7,839
Organisations	1,763	-	1,763	5,850
Meal Vouchers	-	1,000	1,000	1,000
Big Lottery Fund	-	86,731	86,731	96,550
Henry Smith Charity	10,000	-	10,000	15,000
Other Trusts*	5,800	120	5,920	9,245
Vodafone UK Foundation	-	-	-	10,000
Heart of Birmingham Teaching				
Primary Care Trust	-	21,034	21,034	20,297
Birmingham City Council				
Health & Social Care Department	-	12,828	12,828	13,661
Help Desk Donation - St Martin's PCC	8,000	-	8,000	8,000
Fundraising	308	-	308	7,462
Tax recoverable	3,765	-	3,765	2,794
	51,149	121,713	172,862	207,325
2(b) Activities for generating funds				
Room Bookings	4,831	-	4,831	2,474
External Consultancy	-	-	-	18,111
Workshops & Conferences	225	-	225	3,377
Fees	1,928	-	1,928	2,433
	6,984	-	6,984	26,395
2(c) Investment income				
Bank interest	9,511	-	9,511	6,333
	9,511	-	9,511	6,333

*In addition to those separately listed in the accounts the following charitable trusts gave amounts of under £5,000

Northern Counties Trustees, Gentlemen's Night Out, Holte & Bracebridge Trust, Wm Dudley Trust, The Cole Charitable Trust, Sidney Black Trust, G H Collins Trust, Limoges Trust, The Oakley Charitable Trust, John Arris Trust

NOTES TO THE FINANCIAL STATEMENTS (continued)
For the year ended 31st December 2007

3 RESOURCES USED

	Unrestricted Funds £	Restricted Funds £	Total Funds 2007 £	Total Funds 2006 £
3(a) Costs of generating voluntary income				
Fundraising expenses	2,325	1,150	3,475	247
	<u>2,325</u>	<u>1,150</u>	<u>3,475</u>	<u>247</u>

3(b) Charitable activities

Bank charges	38	50	88	39
Salaries and training etc (Big Lottery Fund)	32,253	33,760	66,013	55,781
Rent	-	15,000	15,000	15,000
Contingency	-	-	-	186
Counselling service delivery (inc vol exps)	39	1,075	1,114	1,539
Counselling supervision	-	11,011	11,011	4,987
Help desk service delivery (inc vol exps)	-	8,111	8,111	8,297
Heat, light & water	744	2,519	3,264	2,912
Repairs and maintenance	487	1,000	1,487	325
Inlight grant	-	-	-	1,000
Information technology	1,635	3,606	5,241	2,475
Insurance	-	2,790	2,790	2,663
Legal fees	-	15	15	437
Management fees	-	16,241	16,241	15,288
Office expenses	381	456	837	671
Postage	-	743	743	583
Printing and Stationery	40	3,190	3,230	2,448
Promotion and Publicity	1,523	-	1,523	2,400
Recruitment	4,189	-	4,189	1,803
Salaries	31,135	18,475	49,609	69,863
Staff Transport Subsidy	-	-	-	1,057
Telephone	-	1,803	1,803	2,097
Training	867	500	1,367	5,034
Depreciation	1,756	125	1,881	2,328
Bad debt	-	-	-	122
Accountancy including prior year adjustment	2,095	-	2,095	1,313
	<u>77,183</u>	<u>120,472</u>	<u>197,655</u>	<u>200,648</u>

Because the support costs and activities are so intrinsically linked with the core costs of the delivery of charitable services it is not practicable to further analyse these expenses. Fundraising costs represent time apportioned salary costs.

	Unrestricted Funds £	Restricted Funds £	Total Funds 2007 £	Total Funds 2,006 £
3(c) Governance costs				
Board expenses	-	96	96	151
Independent examination	588	-	588	588
	<u>588</u>	<u>96</u>	<u>683</u>	<u>739</u>

NOTES TO THE FINANCIAL STATEMENTS (continued)
For the year ended 31st December 2007

4 STAFF COSTS

	2007 £	2006 £
Wages and salaries	119,186	101,897
Social security costs	9,919	9,620
Other pension costs	267	1,061
	<u>129,372</u>	<u>112,578</u>

The average number of employees for the year was 6, no employee was paid £60,000 or more

None of the trustees were remunerated or were reimbursed for any expenses by the charity during the year

5 TAXATION

The company's charitable income is exempt from corporation tax

6 TANGIBLE FIXED ASSETS

	Fixtures and equipment £
COST	
At 1 January 2007	14,537
Additions	2,383
Disposals	(3,053)
At 31 December 2007	<u>13,868</u>
DEPRECIATION	
At 1 January 2007	6,802
Charge for the year	1,881
Disposals	(1,221)
At 31 December 2007	<u>7,462</u>
Net Book value at 31/12/07	<u>6,406</u>
Net Book value at 31/12/06	<u>7,736</u>

7 DEBTORS

	2007 £	2006 £
Taxation & social security	273	-
Other debtors	3,724	11,379
	<u>3,997</u>	<u>11,379</u>

NOTES TO THE FINANCIAL STATEMENTS (continued)
For the year ended 31st December 2007

8 CREDITORS FALLING DUE WITHIN ONE YEAR

	2007	2006
	£	£
Amounts owed to PCC St Martin's in the Bull Ring	4,052	7,956
Other creditors	5,490	2,075
	<u>9,542</u>	<u>10,031</u>

9 ANALYSIS OF NET ASSETS BY FUND

	Unrestricted Funds	Restricted Funds	Total
	£	£	£
Fixed assets	6,031	375	6,406
Current assets	180,366	120	180,486
Current liabilities	(9,542)	-	(9,542)
Fund balance	<u>176,855</u>	<u>495</u>	<u>177,350</u>

10 FUND DETAILS

	Balance at 01/01/2007	Income in 2007	Outgoings 2007	Balance at 31/12/2007
	£	£	£	£
Unrestricted Funds -	191,139	67,644	(81,928)	176,855
	<u>191,139</u>	<u>67,644</u>	<u>(81,928)</u>	<u>176,855</u>
Restricted Funds -				
Big Lottery Fund	-	86,731	(86,731)	-
Birmingham City Council				
Health & Social Care Department	-	12,828	(12,828)	-
Heart of Birmingham Teaching				
Primary Care Trust	-	21,034	(21,034)	-
Meal Vouchers	-	1,000	(1,000)	-
Other Trusts	500	120	(125)	495
	<u>500</u>	<u>121,713</u>	<u>(121,718)</u>	<u>495</u>
Total Funds	<u>191,639</u>	<u>189,357</u>	<u>(203,646)</u>	<u>177,350</u>



NOTES TO THE FINANCIAL STATEMENTS (continued)
For the year ended 31st December 2007

10 RESTRICTED FUNDS

The Big Lottery Fund is a restricted fund in respect of the Help Desk Co-ordinator, the counselling co-ordinator and other administration, service delivery and office costs

Heart of Birmingham Teaching Primary Care Trust is a restricted fund to provide counselling intervention

Birmingham City Council Social Care & Health Department is a restricted fund in respect of the Help Desk Supervisor's salary

11 ASSOCIATED UNDERTAKINGS

The charity is associated with St Martin's Parochial Church Council by reason of that council's ability to appoint members

Rent of £15,000 and Management charges of £16,241 has been paid to St Martin's Parochial Church Council, the balance due to them at the year end is £4,052.