

Company No 4421138

Charity No 1094458

St Martin's Centre for Health and Healing

Report of the Directors and Financial Statements for the year ended 31st December 2005

Auditors

**William H Parker & Co
90 Edgbaston Road
Smethwick
West Midlands
B66 4LB**



St Martin's Centre for Health and Healing

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for the Year Ended 31 December 2005**

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St Martin's Centre for Health and Healing

**Company Information
for the Year Ended 31 December 2005**

DIRECTORS AND TRUSTEES: L A Cox
Dr Neil Deuchar
V G Dickens
B Foster
J M Greenwood
Dr Q Harris
Revd C S Jones
Revd Canon F Longbottom
C M Marshall
Dr Christine Parkinson
Dr P R W Turner
M J Woodward

SECRETARY: B Foster

REGISTERED OFFICE: St Martin's in the Bull Ring
Birmingham
B5 5BB

REGISTERED NUMBER: 4421138 (England and Wales)

AUDITORS: William H Parker & Co
90 Edgbaston Road
Smethwick
West Midlands
B66 4LB

SOLICITORS: Cobbetts LLP
One Colmore Square
Birmingham
B4 6AJ

St Martin's Centre for Health and Healing

Report of the Directors for the Year Ended 31 December 2005

The directors present their report with the financial statements of the company for the year ended 31 December 2005.

PRINCIPAL ACTIVITY

The principal activity of the company in the year under review was that of promoting for the benefit of the public good physical, mental, spiritual and emotional health in accordance with Christian principles.

DIRECTORS

The directors during the year under review were:

L A Cox
Dr Neil Deuchar
V G Dickens
B Foster
Revd I D Gow (resigned 23rd October 2005)
L Gow (resigned 23rd October 2005)
J M Greenwood
Dr Q Harris
Revd C S Jones (appointed 18/11/05)
Revd Canon F Longbottom
C M Marshall
Dr Christine Parkinson
Dr P R W Turner
M J Woodward

The directors of the company are trustees for the purposes of charity law.

As set out in the Articles of Association the body of trustees comprises five trustees appointed by the Parochial Church Council of St. Martin's in the Bull Ring and up to ten persons co-opted for a fixed period of two years by the trustees for the time being. The chair of trustees is nominated by the Rector of St. Martin's.

RELATIONSHIP WITH ST MARTINS PAROCHIAL CHURCH COUNCIL AND THE ST MARTIN'S CENTRE

The charity works closely with the PCC and the St Martin's Centre on all matters relating to the operation of its services.

Transactions with related parties are disclosed in the notes to the accounts.

ACCOUNTS

The accounts comply with the requirements of the financial reporting standards for smaller entities and the requirements of the Statement of Recommended Practice for Accounting and Reporting by Charities.

St Martin's Centre for Health and Healing

Report of the Directors for the Year Ended 31 December 2005 (continued)

REVIEW OF THE ACTIVITIES OF THE CHARITY

2005 has again been a good year for the Centre. It has been very challenging but the Centre has grown and continued to provide much needed assistance to many people. Thousands of people have been helped over the last year by our team of dedicated volunteers and staff. Many of the people we try and assist are homeless, many have serious mental health difficulties and many are struggling with the effects of poverty, loneliness or major relationship difficulties. We helped around 160 people a week through our activities. We remain a small organization but have grown in size. When all our paid posts are filled we have 4 full time staff and 2 part time staff. Direct work is undertaken by staff but importantly they also co-ordinate and manage a much larger team of over 60 volunteers. We successfully secured the finance for 2005 to meet our budgeted expenditure. We received a large grant in December towards costs within 2006 and this, together with other income, has built up our reserves to help towards our future needs. We will always remain dependent on grants and income from individuals and organisations wishing to support our work. It is encouraging that this support continued in 2005.

The Board policy for holding reserves is up to 3 months of average expenditure.

The Board ensures that the Centre continues to adhere to the wide range of policies and procedures adopted by the four organisations that are based within St Martin's and the St Martin's Centre.

During the last year a number of the policies have been reviewed and updated. The Personnel Committee (a delegated committee of St Martin's PCC which includes representation from the different organisations at St Martin's) has a programme in place to review and update all policies and procedures.

Health & Safety – an updated policy covers all the main requirements for the health and safety of visitors, staff, clients and volunteers.

Building and contents are insured with an insurance company that specialise in churches and charities insurance.

Public Liability – the Charity insures its obligations and liabilities with an insurance company that specialise in churches and charities insurance.

Employer's Liability – the Charity is insured with an insurance company that specialises in churches and charities insurance.

Consequential Loss – the Charity is insured with an insurance company that specialises in churches and charities insurance.

Professional indemnity for counsellors is provided by an insurance company that specialises in counselling insurance.

Staff and volunteers – the Board consult with the Personnel Committee on all personnel matters. The Director of the Centre and two Board Members serve on this committee. We have a staff handbook and Personnel Folder where all policies and procedures are easily accessible. Volunteers are issued with appropriate volunteer policies covering their specific areas of work.

Policies and procedures are regularly reviewed on behalf of the Board, church officers, committees and the PCC.

St Martin's Centre for Health and Healing

**Report of the Directors
for the Year Ended 31 December 2005 (continued)**

REVIEW OF THE ACTIVITIES OF THE CHARITY (continued)

Budgets – the Board approve budgets and monitors progress on a regular basis.

Service level agreements for services provided between the Centre, The St Martin's Centre and St Martin's Church are agreed annually and may be varied by mutual agreement.

Preparation of final accounts – a duly appointed auditor conducts an audit in accordance with auditing standards issued by the auditing practises board

STATEMENT OF DIRECTORS' RESPONSIBILITIES

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing those financial statements, the directors are required to

select suitable accounting policies and then apply them consistently;
make judgments and estimates that are reasonable and prudent;

prepare the financial statements on the going concern basis unless it
is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

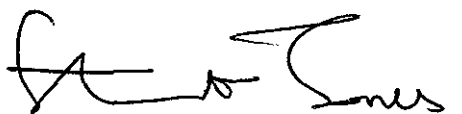
So far as the directors are aware, there is no relevant audit information (as defined by Section 234ZA of the Companies Act 1985) of which the company's auditors are unaware, and each director has taken all the steps that he or she ought to have taken as a director in order to make himself or herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

AUDITORS

The auditors, William H Parker & Co, will be proposed for re-appointment in accordance with Section 385 of the Companies Act 1985.

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

ON BEHALF OF THE BOARD:



Revd Canon Stewart Jones - Director

Date: 5th May 2006

St Martin's Centre for Health and Healing

Report of the Independent Auditors to the Members of St Martin's Centre for Health and Healing

We have audited the financial statements of St Martin's Centre for Health and Healing for the year ended 31 December 2005 on pages six to thirteen. These financial statements have been prepared in accordance with the accounting policies set out therein and the requirements of the Financial Reporting Standard for Smaller Entities (effective January 2005).

This report is made solely to the company's members, as a body, in accordance with Section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

As described on page four the company's directors are responsible for the preparation of financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view and are properly prepared in accordance with the Companies Act 1985. We also report to you if, in our opinion, the Report of the Directors is not consistent with the financial statements, if the company has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding directors' remuneration and other transactions is not disclosed.

We read the Report of the Directors and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion, the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities, of the state of charity's affairs at 31 December 2005 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended and have been properly prepared in accordance with the Companies Act 1985.



William H. Parker & Co
Chartered Certified Accountants
and Registered Auditors
90 Edgbaston Road
Smethwick
West Midlands
B66 4LB

Date: 5 May 2006

St Martin's Centre for Health and Healing

Statement of Financial Activities (Including Income and Expenditure account)

For the Year Ended 31 December 2005

				Year ended 31.12.05	Year ended 31.12.04
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
INCOMING RESOURCES	2.	110,116	137,153	247,269	207,041
RESOURCES USED	3.	40,804	143,529	184,333	176,470
NET INCOMING RESOURCES		<u>69,312</u>	<u>(6,376)</u>	<u>62,936</u>	<u>30,571</u>
TOTAL FUNDS AT 31 JANUARY 2005		81,313	8,971	90,284	59,713
TOTAL FUNDS AT 31 DECEMBER 2005		<u><u>150,625</u></u>	<u><u>2,595</u></u>	<u><u>153,220</u></u>	<u><u>90,284</u></u>

St Martin's Centre for Health and Healing

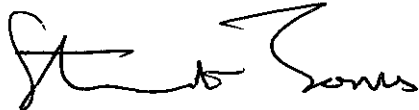
Balance Sheet

As at 31 December 2005

	Notes	31.12.05		31.12.04	
		£	£	£	£
FIXED ASSETS					
Tangible assets	6.		9,552		8,185
CURRENT ASSETS					
Debtors	7.	3,507		68,619	
Short term Deposits		83,533		-	
Cash as Bank		75,154		20,929	
		<u>162,194</u>		<u>89,548</u>	
CREDITORS					
Amounts falling due within one year	8.	<u>18,526</u>		<u>7,449</u>	
NET CURRENT ASSETS			143,668		82,099
TOTAL ASSETS LESS CURRENT LIABILITIES	9.		<u>153,220</u>		<u>90,284</u>
RESERVES					
Unrestricted funds	10.		150,625		81,313
Restricted funds	10.		2,595		8,971
			<u>153,220</u>		<u>90,284</u>

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and with the Financial Reporting Standard for Smaller entities (effective 2005).

ON BEHALF OF THE BOARD



Revd Canon Stewart Jones - Director

Approved by the Board on 5 May 2006

Notes to the Financial Statements

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective 2005) and the requirements of the Statement of Recommended Practice for Accounting and Reporting by Charities.

Grants and donations

Income from donations and grants is included in incoming resources when these are receivable.

Tangible Fixed assets

Furniture and equipment taken over from St Martin's PCC on the transfer of the activities to this charity have not been incorporated into these accounts. Other assets are stated at cost less depreciation which has been provided at 15% per annum on the reducing balance so as to write off the cost of those assets over their anticipated useful lives.

Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

St Martin's Centre for Health and Healing

Notes to the Financial Statements

2. INCOMING RESOURCES

			Year ended 31.12.05	Year ended 31.12.04
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
Bank interest	3,728	-	3,728	2,828
Tax recoverable	3,096	-	3,096	3,172
Counselling - individuals	6,303	-	6,303	5,949
Counselling - supervision	512	-	512	870
LAS Client Counselling	775	-	775	425
Donations:				
Friends of CHH	8,031	-	8,031	8,380
Meal Vouchers	-	1,000	1,000	1,000
Organisations	7,447	-	7,447	7,880
Fees	4,732	-	4,732	2,866
Fundraising	3,472	-	3,472	2,360
Mountain Climb	1,580	-	1,580	-
Grants:				
Big Lottery Fund	-	70,500	70,500	67,741
Church Urban Fund	-	-	-	6,000
Henry Smith Charity	40,000	-	40,000	-
The Douglas Turner Trust	5,000	-	5,000	-
*Other Trusts	13,450	4,163	17,613	23,940
Vodafone UK Foundation	-	10,000	10,000	10,000
Heart of Birmingham Teaching Primary Care Trust	-	16,357	16,357	20,000
Birmingham City Council Health & Social Care Department	-	15,133	15,133	9,440
The Joseph Rank Trust	-	20,000	20,000	25,000
Help Desk Fee - BPC	10,000	-	10,000	7,992
Room Bookings	1,990	-	1,990	1,198
	<u>110,116</u>	<u>137,153</u>	<u>247,269</u>	<u>207,041</u>

*In addition to those separately listed in the accounts the following charitable trusts gave amounts of under £5,000.

The John Avins Trust, The Bewley Charitable Trust, Birmingham University Guild of Students (BUGS), The Church Urban Fund
 George Henry Collins Charity, The William Dudley Trust, Evening Mail Charity Trust, The Gentlemen's Night Out,
 Holte and Bracebridge Charity, The Joseph Hopkins Charity, The Langdale Trust, The Limoges Trust, Northern Counties Trust,
 The Rank Foundation, The Roughley Charitable Trust, The Rowlands Trust,
 The Oakley Charitable Trust, The Charles Shorto Charitable Trust, Sir John Sumners Trust,
 The Mary Webb Trust, The W.E.D. Charitable Trust, The Westhill Endowment Trust, The Westward Trust

Notes to the Financial Statements

3. RESOURCES USED

			Year ended 31.12.05	Year ended 31.12.04
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
Board expenses	377	-	377	379
Bank charges	36	-	36	26
Salaries and training etc. (Big Lottery Fund)	-	55,482	55,482	57,470
Rent	7,400	7,600	15,000	15,000
Contingency	65	-	65	20
Service evaluation	2,250	-	2,250	-
Counselling service delivery (inc vol exps)	1,700	400	2,100	1,103
Counselling supervision	846	-	846	-
Help desk service delivery (inc vol exps)	-	3,573	3,573	4,902
Heat and light	3,428	-	3,428	2,103
Repairs and maintenance	560	-	560	562
Fundraising expenses	323	-	323	17
Inlight grant	300	-	300	4,257
Information technology	4,381	360	4,741	2,862
Insurance	2,625	-	2,625	2,364
Legal fees	94	-	94	50
Audit fees - current year	2,350	-	2,350	880
Management fees and accountancy	15,983	-	15,983	17,931
Office expenses	246	-	246	122
Postage	1,045	-	1,045	663
Printing and Stationery	3,567	-	3,567	2,093
Promotion and Publicity	1,364	-	1,364	1,988
Recruitment	2,954	-	2,954	1,928
Salaries	7,810	52,014	59,824	54,062
Staff Transport Subsidy	846	-	846	1,000
Telephone	1,685	-	1,685	1,331
Training	700	-	700	2,240
Depreciation	1,228	458	1,686	1,444
Prior period expense and errors	283	-	283	(327)
Grant from Vodafone UK Foundation used to defray general costs	(20,000)	20,000	-	-
Grant from Big Lottery Fund used to defray general costs	(3,642)	3,642	-	-
	<u>40,804</u>	<u>143,529</u>	<u>184,333</u>	<u>176,470</u>

Notes to the Financial Statements

4. STAFF COSTS

	Year ended 31.12.05 £	Year ended 31.12.04 £
Wages and salaries	101,999	100,744
Social Security costs	9,620	9,668
	<u>111,619</u>	<u>110,412</u>

None of the employees were paid more than £50,000.

The average number of employees was	<u>5.5</u>	<u>6</u>
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None of the trustees were remunerated or were reimbursed for any expenses during the year.
Mr L A Cox who is the chief executive of St Martin's Centre, a related charity, was remunerated by that charity and received emoluments of £30,600 and pension contributions of £918 in connection with that employment.

5. TAXATION

The company's charitable income is exempt from corporation tax.

6. TANGIBLE FIXED ASSETS

	Office equipment etc. £
COST	
At 01.01.05	10,973
Additions	3,053
At 31.12.05	<u>14,026</u>
DEPRECIATION	
Brought forward 01.01.05	2,788
Charge for year	1,686
At 31.12.05	<u>4,474</u>
NET BOOK AMOUNT	
At 31.12.05	<u>9,552</u>
At 01.01.05	<u>8,185</u>

St Martin's Centre for Health and Healing

Notes to the Financial Statements

Notes to the Financial Statements		Year ended 31.12.05 £	Year ended 31.12.04 £	
7. DEBTORS - Amounts falling due within one year				
Amounts due from St Martin's Parochial Church Council		833	67,064	
Other debtors		2,674	1,555	
		<u>3,507</u>	<u>68,619</u>	
8. CREDITORS - Amounts falling due within one year				
Amounts owed to St Martin's Centre		2,503	2,030	
Taxation and Social security		2,932	2,309	
Other creditors		13,091	3,110	
		<u>18,526</u>	<u>7,449</u>	
9. ANALYSIS OF NET ASSETS BY FUND				
	Unrestricted Funds £	Restricted Funds £	Total Funds £	
Fixed assets	6,957	2,595	9,552	
Current assets	162,194	-	162,194	
Current liabilities	(18,526)	-	(18,526)	
	<u>150,625</u>	<u>2,595</u>	<u>153,220</u>	
10. FUND MOVEMENTS				
	Balance at 01.01.05 £	Incoming resources £	Resources Expended £	Balance at 31.12.05 £
Unrestricted Funds	<u>81,313</u>	<u>110,116</u>	<u>(40,804)</u>	<u>150,625</u>
Restricted funds				
Big Lottery Fund	(3,776)	70,500	(66,724)	-
Heart of Birmingham Teaching Primary Care Trust	-	16,357	(16,357)	-
Birmingham City Council Health & Social Care Department	-	15,133	(12,538)	2,595
The Joseph Rank Trust	-	20,000	(20,000)	-
Help Desk and outreach	987	4,163	(5,150)	-
Vodafone UK Foundation	10,000	10,000	(20,000)	-
Meal vouchers	1,000	1,000	(2,000)	-
Other trusts	760	-	(760)	-
	<u>8,971</u>	<u>137,153</u>	<u>(143,529)</u>	<u>2,595</u>
	<u>90,284</u>	<u>247,269</u>	<u>(184,333)</u>	<u>153,220</u>

Notes to the Financial Statements

11. RESTRICTED FUNDS

The Big Lottery Fund is a restricted fund in respect of the Help Desk Co-ordinator, the Counselling Co-ordinator and other administration, service delivery and office costs.

Birmingham City Council Social Care & Health Department grant is a restricted fund in respect of the Help Desk Supervisor's salary and a one off grant for IT equipment.

The Joseph Rank Trust grant is in respect of the Centre director's salary.

Vodafone UK Foundation grant is restricted by the terms of an agreement but can be used for general costs.

12. ASSOCIATED UNDERTAKINGS

The charity is associated with St Martin's Parochial Church Council by reason of that council's ability to appoint members.

Rent of £15,000 has been paid to St Martin's Parochial Church Council, and amounts towards help desk costs of £11,000 including meal vouchers have been received.

Management charges of £14,364 have been paid to St Martin's Centre.