In accordance with Section 555 of the Companies Act 2006

SH01

Return of allotment of shares



	You can use the WebFiling service to file this form online. Please go to www companieshouse gov uk											
•	What this form is for You may use this form to give notice of shares allotted following incorporation			ing	X	You cannot unotice of sha on formation for an allotm	of the comp		*A3i	Information please BYKA3* 0/2014 #134		
1	Com	pany d	etails	<u> </u>						A12		NES HOUSE
Company number	0	4 3	8	3	8	0	1				→ Filling i	
Company name in full	The	Body	 Chef	Lin	nıte	id	<u>'</u>					complete in typescript or in ck capitals
												are mandatory unless for indicated by *
2	Allot	ment d	ates	0	,							
From Date	d	5	m _O	<u>"</u> 9	-	y 2	ď	y y			Allotme If all shalls	nt date res were allotted on the
To Date	d	<u>i</u>	m	m	-	У	у	y [y]			same da 'from da allotted	y enter that date in the te' box If shares were over a penod of time, e both 'from date' and 'to
3	Shar	es allo	tted								· · · · · · · · · · · · · · · · · · ·	
		se give (d, including bossary)	nus shares		complete	cy details are not ed we will assume currency and sterling
Class of shares (E g Ordinary/Preference etc)		Cun	ency (9		Numb	er of shares ed	Nominal value of each share		paid ng share n) on each	Amount (if any) unpaid (including share premium) on each share	
B ordinary sha	res							1276540	0.01		0.0827	
	If the allotted shares are fully or partly paid up otherwise than in cash, please state the consideration for which the shares were allotted						Continuation page Please use a continuation page if necessary					
Details of non-cash consideration												
If a PLC, please attach valuation report (if appropriate)												

\$	Statement of capi	tal						
	Section 4 (also Section 5 and Section 6, if appropriate) should reflect the company's issued capital at the date of this return							
4	Statement of capi	tal (Share capital in p	ound sterling (£))	, <u>, , , , , , , , , , , , , , , , , , </u>				
Please complete the ta issued capital is in ster	able below to show earling, only complete S	ach class of shares held ection 4 and then go to	in pound sterling. If all yo Section 7	our				
Class of shares (E.g. Ordinary/Preference et	ass of shares g Ordinary/Preference etc)		Amount (if any) unpaid on each share	Number of shares 2	Aggregate nominal value 3			
A ordinary shar	ces	0 01	0 00	500000	£ 50,000 00			
B ordinary shar	res	0 092273	0 00	2275861	£ 22,758.61			
B ordinary shar	res	0 04080087	0.00	2339524	£ 23,395 24			
B ordinary shar	res	0.0827	0 00	1276540	£ 12,765 40			
		· · · · · · · · · · · · · · · · · · ·	Totals	10891925	£ 108,919 25			
5	Statement of cap	ital (Share capital in c	other currencies)	***********	· _			
Class of shares E.g. Ordinary / Preference etc.)		Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares ②	Aggregate nominal value 3			
			Totals					
		·						
Currency				Non-transfer of the second	Aggregate nominal value 3			
Class of shares (E.g. Ordinary/Preference et	tc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of shares 2	Aggregate nominal value			
			Totals					
6	Statement of cap	ital (Totals)		·	•			
	Please give the total number of shares and total aggregate nominal value of issued share capital Total aggregate nominal value of Please list total aggregate values in different currencies separately.							
	example \$100 + \$100 etc							
Total number of shares	110,031,323	£108,919.25						

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2 Total number of issued shares in this class

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		Prescribed particulars of rights			
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Section 4 and Section 5	attached to shares The particulars are			
Class of share	A ordinary shares	a particulars of any voting rights, including rights that arise only in			
Prescribed particulars	Voting each share is entitled to one vote in any circumstances	certain circumstances, b particulars of any nghts, as respects dividends, to participa in a distribution.			
	Dividends each share is entitled equally to dividend payments or any other distribution	c particulars of any rights, as respects capital, to participate in a distribution (including on			
	Distributions on a winding up: each share is entitled equally to participate in a distribution arising from a winding up of the company	winding up), and d whether the shares are to be redeemed or are liable to be redeemed at the option of the			
	Redemption the A ordinary shares are not redeemable	company or the shareholder and any terms or conditions relating to redemption of these shares			
Class of share	B ordinary shares	A separate table must be used for each class of share			
Prescribed particulars	Voting each share is entitled to one vote in any circumstances	Continuation page Please use a Statement of Capital continuation page if necessary			
	Dividends each share is entitled equally to dividend payments or any other distribution				
	Distributions on a winding up each share is entitled equally to participate in a distribution arising from a winding up of the company				
	Redemption the B ordinary shares are not redeemable.				
Class of share					
Prescribed particulars					
8	Compature				
	Signature	3 Societas Europaea			
Signature	I am signing this form on behalf of the company Signature	If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person			
		signing has membership Person authorised			
	This form may be signed by Director ②, Secretary, Person authorised ③, Administrator, Administrative receiver, Receiver, Receiver manager, CIC manager	Under either section 270 or 274 of the Companies Act 2006			

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Presenter information	Important information				
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be	Please note that all information on this form will appear on the public record.				
visible to searchers of the public record	Where to send				
Contact name Christina O'brien	You may return this form to any Companies Hous address, however for expediency we advise you to				
Company name Browne Jacobson LLP	return it to the appropriate address below				
Address Mowbray House Castle Meadow Road	For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff For companies registered in Scotland. The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,				
Posttown Nottingham					
County/Region	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)				
Country United Kingdom	For companies registered in Northern Ireland.				
DX DX 718130 Nottingham 27	The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street,				
Telephone 0115 976 6000	Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1				
✓ Checklist	Further information				
We may return the forms completed incorrectly or with information missing. Please make sure you have remembered the following: The company name and number match the information held on the public Register You have shown the date(s) of allotment in section 2 You have completed all appropriate share details in section 3 You have completed the appropriate sections of the Statement of Capital You have signed the form	Further information For further information please see the guidance notes on the website at www companieshouse gov uk or email enquiries@companieshouse gov uk This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk				