

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Please complete in typeso	ript,
or in bold black capitals.	
CHFP000	

**Company Number** 

THE	BODYCHEF	LIMITEN	
<u></u>			

			Day	Month	Year	
Date of termination of appointment		0 1 1	0 9	2101013		
		as director			as secretary	Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.
Please insert details as previously notified to Companies House	NAME	*Style / Title	М	a		*Honours etc
		Forename(s)	R	ussec	- JOHN	,
	•	Surname	R	ITCH	18	
	e.		Day	Month	Year	_
		†Date of Birth	0 9	ن ان	1191613	

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A serving director, secretary etc must sign the form below.

Signed

Date

11/9/03

\* Voluntary details.

† Directors only.

\*\* Delete as appropriate

PKF

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DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.



27/09/03

Form revised 1999

**COMPANIES HOUSE**