



Accountants and business advisors

# THE BODYCHEF LIMITED

REGISTERED NUMBER 04383801

ABBREVIATED ACCOUNTS

PERIOD ENDED 28 FEBRUARY 2003



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COMPANIES HOUSE

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0645  
29/11/03

# THE BODYCHEF LIMITED

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**ACCOUNTANTS' REPORT ON THE UNAUDITED ABBREVIATED  
ACCOUNTS TO THE DIRECTORS OF  
THE BODYCHEF LIMITED**

As described on the Abbreviated Balance Sheet you are responsible for the preparation of the financial statements for the period ended 28 February 2003 and you consider that the company is exempt from audit under section 249A(1) of the Companies Act 1985.

In accordance with your instructions we have prepared the abbreviated accounts, which comprise the Abbreviated Balance Sheet and the related notes, in order to assist you to fulfil your statutory responsibilities, from the unaudited financial statements prepared for shareholders.



**PKF**

Lowestoft, UK  
25 November 2003

**PKF**

**THE BODYCHEF LIMITED**  
**ABBREVIATED BALANCE SHEET**  
**28 FEBRUARY 2003**

	Notes	2003 £
<b>FIXED ASSETS</b>		
Tangible	2	14,041
<b>CURRENT ASSETS</b>		
Stocks		200
Debtors		1,062
Cash at bank and in hand		411
		<u>1,673</u>
<b>CREDITORS: amounts falling due within one year</b>		<u>(30,802)</u>
<b>NET CURRENT LIABILITIES</b>		<u>(29,129)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><u>(15,088)</u></u>
<b>CAPITAL AND RESERVES</b>		
Called up share capital	3	1
Profit and loss account		(15,089)
		<u><u>(15,088)</u></u>

The company is entitled to the exemption from audit conferred by subsection 1 of section 249A of the Companies Act 1985 and members have not required the company to obtain an audit of its accounts for the year in question in accordance with subsection (2) of section 249B.

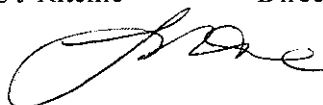
The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 221 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 226 and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Act relating to small companies.

The abbreviated accounts were approved by the board on 25 November 2003

Signed on behalf of the board of directors

Mrs J Ritchie Director



**THE BODYCHEF LIMITED**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**PERIOD ENDED 28 FEBRUARY 2003**

**1 ACCOUNTING POLICIES**

**(a) Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

**(b) Turnover**

Turnover comprises the invoiced value of goods and services supplied by the company, net of trade discounts.

**(c) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures, fittings and office equipment	15 % straight line
Motor vehicles	25 % straight line

**(d) Stocks and work in progress**

Stocks are stated at the lower of cost and net realisable value.

**2 TANGIBLE FIXED ASSETS**

	£
<b>Cost</b>	
Additions	15,369
At 28 February 2003	<u>15,369</u>
<b>Depreciation</b>	
Charge for the period	1,328
At 28 February 2003	<u>1,328</u>
<b>Net book amount</b>	
At 28 February 2003	<u><u>14,041</u></u>
At 27 February 2002	<u><u>-</u></u>

**THE BODYCHEF LIMITED**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**PERIOD ENDED 28 FEBRUARY 2003**

**3 SHARE CAPITAL**

	Authorised £	Allotted, called up and fully paid No	£
Movements in period:			
Ordinary shares of £1 each	100	1	1
	<hr/>	<hr/>	<hr/>
At 28 February 2003			
Ordinary shares of £1 each	100	1	1
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

During the period 1 ordinary share with an aggregate nominal value of £1 was issued for cash at par on incorporation.

PKF