



Companies House

— for the record —

Company Name

HEALTH AND FITNESS HOLDINGS 363s Annual Return LIMITED

Company Type

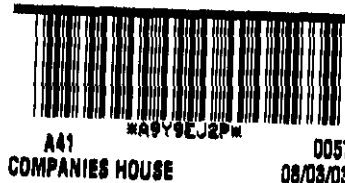
Private Company Limited By Shares

Company Number

4374665

Information extracted from
Companies House records on
25th January 2003

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in cap



Section 1: Company details

Ref: 4374665/01/01

	Current details	Amended details												
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	200 Aldersgate Street London EC1A 4JH	Address <u>TRINITY COURT</u> <u>MOLLY MILLARS LANE</u> <u>WOKINGHAM, BERKS</u> UK Postcode <u>BG4 1 2PY</u>												
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode - - - - -												
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode - - - - -												
> Principal Business Activities <i>Please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes. Please use the most appropriate code in the list, or write a short description of your company's activities.</i>	<i>None held, please enter SIC code or description in the amended details column.</i>	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td><u>7415</u></td> <td><u>HOLDING COMPANIES</u></td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </tbody> </table>	SIC CODE	Description	<u>7415</u>	<u>HOLDING COMPANIES</u>	_____	_____	_____	_____	_____	_____	_____	_____
SIC CODE	Description													
<u>7415</u>	<u>HOLDING COMPANIES</u>													
_____	_____													
_____	_____													
_____	_____													
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Section 2: Details of Officers of the Company

	Current details	Amended details
> Company Secretary <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Company Secretary must be notified on form 288.</i>	Name Michael David BALL Address Mulberry House Trumps Green Road Virginia Water Surrey GU25 4JA	Name <hr/> <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date Michael David BALL ceased to be secretary (if applicable) _ _ / _ _ / _ _ _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i>	Name Michael David BALL Address Mulberry House Trumps Green Road Virginia Water Surrey GU25 4JA Date of birth 12/04/1967 Nationality British Occupation Chartered Accountant	Name <hr/> <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address <hr/> <hr/> <hr/> UK Postcode _ _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Michael David BALL ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

	Current details	Amended details
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Stuart CREED Address Jade House The Avenue, Claverton Down Bath BA2 7AX Date of birth 12/02/1950 Nationality British Occupation Company Director	Name <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address UK Postcode _____ Date of birth 27, 02, 1950 Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Stuart CREED ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
> Director If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column. Particulars of a new Director must be notified on form 288.	Name Kevin Boyd MCCOLLUM Address Whinwood House Beaulieu Road Lyndhurst Hampshire SO43 7DA Date of birth 19/07/1952 Nationality British Occupation Company Director	Name <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985. Address UK Postcode _____ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Kevin Boyd MCCOLLUM ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

Section 3: Total Issued Share Capital**(B)**

- > Please enter the details of the company's total share capital in the space provided below.

Issued share capital details

- > Please fill in the details of total share capital by class (eg. ordinary, preference etc) that has been issued to the company's shareholders.

Class of Share

Number of shares issued

"A" ORDINARY SHARES OF £1175,737

Aggregate Nominal Value of issued shares

£175,737

Class of Share

Number of shares issued

"B" ORDINARY SHARES OF 1p2,146,664

Aggregate Nominal Value of issued shares

£21,466.64

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

Class of Share

Number of shares issued

Aggregate Nominal Value of issued shares

- > Please fill in the total number of issued shares and their total nominal value.

Number of shares issued

2,322,401

Aggregate Nominal Value of issued shares

£197,203.64

- > Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

Section 4: Details of Current Shareholders

(A)

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company.
- > Please copy this page if there is not enough space to enter all the company's current shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (if appropriate)	Date of registration of transfer (if appropriate)
Name <u>ESPORTA GROUP LTD</u> Address <u>TRINITY COURT</u> <u>MOLLY MILLARS LANE</u> <u>WOKINGHAM, BERKS</u> UK Postcode <u>RG4 1 2PY</u>	2,146,664 "B" ORDINARY SHARES OF 1p		
Name <u>ESPORTA GROUP LTD</u> Address <u>TRINITY COURT</u> <u>MOLLY MILLARS LANE</u> <u>WOKINGHAM, BERKS</u> UK Postcode <u>RG4 1 2PY</u>	175,737 "A" ORDINARY SHARES OF £1		
Name _____ Address _____ _____ _____ UK Postcode - - - - -			
Name _____ Address _____ _____ _____ UK Postcode - - - - -			

Section 4B: Details of Former Shareholders

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name <u>CLIFFORD CHANCE NOMINEES LTD</u> Address <u>200 ALDERSGATE STREET</u> <u>LONDON</u> UK Postcode <u>EC1A 4JT</u>	1 SUBSCRIBER SHARE (ORDINARY £1)	22/5/02
Name <u>KINGSWAY NOMINEES LTD</u> Address <u>65 KINGSWAY</u> <u>LONDON</u> UK Postcode <u>WC2B 6QT</u>	101,170 "B" ORDINARY SHARES OF 1p	5/9/02
Name <u>RIT CAPITAL PARTNERS PLC</u> Address <u>27 ST JAMES PLACE</u> <u>LONDON</u> UK Postcode <u>SW1A 1NR</u>	138,035 "B" ORDINARY SHARES OF 1p	5/9/02
Name <u>STUART JOHN CREED</u> Address <u>JADE HOUSE</u> <u>THE AVENUE,</u> <u>CLAVERTON DOWN, BATH</u> UK Postcode <u>BA2 7AX</u>	32,811 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>STUART CREED AND VERONICA ANN CREED</u> Address <u>JADE HOUSE,</u> <u>THE AVENUE, CLAVERTON DOWN</u> <u>BATH</u> UK Postcode <u>BA2 7AX</u>	34,027 "A" ORDINARY SHARES OF £1	5/9/02

Section 4B: Details of Former Shareholders

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name <u>ALEXANDER DRYSDALE</u> Address <u>OLD FARM HOUSE, SILVER LANE</u> <u>PADWORTH</u> <u>READING, BERKS</u> UK Postcode <u>RG7 - 4QR</u>	57 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>HENRY DRYSDALE</u> Address <u>OLD FARM HOUSE, SILVER LANE,</u> <u>PADWORTH</u> <u>READING, BERKS</u> UK Postcode <u>RG7 - 4QR</u>	57 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>PHILIPPA DRYSDALE</u> Address <u>OLD FARM HOUSE, SILVER LANE</u> <u>PADWORTH</u> <u>READING, BERKS</u> UK Postcode <u>RG7 - 4QR</u>	183 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>ROBIN DRYSDALE</u> Address <u>OLD FARM HOUSE, SILVER LANE</u> <u>PADWORTH</u> <u>READING, BERKS</u> UK Postcode <u>RG7 - 4QR</u>	2,143 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>MICHAEL FALLOWS AND KENNETH WEATHERLEY</u> Address <u>11 GREVILLE DRIVE</u> <u>EDGBASTON</u> <u>BIRMINGHAM</u> UK Postcode <u>B14 - 2UU</u>	7,700 "A" ORDINARY SHARES OF £1	5/9/02

Section 4B: Details of Former Shareholders

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred.
- > Please copy this page if there is not enough space to enter all the company's former shareholders.

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name <u>GILLIE MCCOLLUM</u> Address <u>WHINWOOD HOUSE, BEAULIEU ROAD</u> <u>LYNDHURST</u> <u>HAMPSHIRE</u> UK Postcode <u>SO43 7DA</u>	2,302 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>KEVIN MCCOLLUM</u> Address <u>WHINWOOD HOUSE, BEAULIEU ROAD</u> <u>LYNDHURST</u> <u>HAMPSHIRE</u> UK Postcode <u>SO43 7DA</u>	16,793 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>KEVIN MCCOLLUM AND GILLIE MCCOLLUM</u> Address <u>WHINWOOD HOUSE, BEAULIEU ROAD</u> <u>LYNDHURST</u> <u>HAMPSHIRE</u> UK Postcode <u>SO43 7DA</u>	53,726 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>KEVIN MCCOLLUM AND GILLIE LYNETTE MCCOLLUM</u> Address <u>WHINWOOD HOUSE, BEAULIEU ROAD</u> <u>LYNDHURST</u> <u>HAMPSHIRE</u> UK Postcode <u>SO43 7DA</u>	15,350 "A" ORDINARY SHARES OF £1	5/9/02
Name <u>KENNETH WEATHERLEY AND JANE OLIVE STEVENSON</u> Address <u>8 LANGTONS COLLET, SUN LANE</u> <u>ALRESTORD</u> <u>HAMPSHIRE</u> UK Postcode <u>SO24 - - -</u>	10,588 "A" ORDINARY SHARES OF £1	5/9/02



Companies House
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363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

Signature



(Director / Secretary)

Date

06 / 03 / 2003

*This date must not be earlier than the
return date at 2 below*

What to do now

*Complete this page then send the whole of the Annual Return and the
declaration to the address shown at 4 below.*

2. Date of this return

- ☐ This AR is made up to
15/2/2003

If you are making this return up to an earlier date,
please give the date here

— / — / —

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **15th February 2004**
please give the new date here:

— / — / —

4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies
Companies House
Crown Way
Cardiff CF14 3UZ

OR

For members of the Hays Document
Exchange service
DX 33050 Cardiff

***Have you enclosed the filing fee with the company number written on the
reverse of the cheque?***

Contact Address

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Contact Name

MICHAEL BALL

Telephone number inc code

0118 - 912 3504

Address

ESPORTA GROUP LTD, TRINITY COURT,
MOLLY MILLARS LANE,
WOKINGHAM, BERKS

DX number if applicable

DX exchange

Postcode

RG41 2PY