



Companies House

AR01 (ef)

Annual Return



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Company Name: **BL HC Health And Fitness Holdings Limited**

Company Number: **04374665**

Date of this return: **31/08/2015**

SIC codes: **70100**

Company Type: **Private company limited by shares**

Situation of Registered Office: **YORK HOUSE 45 SEYMOUR STREET
LONDON
UNITED KINGDOM
W1H 7LX**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **NDIANA**

Surname: **EKPO**

Former names:

Service Address: **YORK HOUSE 45 SEYMOUR STREET
LONDON
UNITED KINGDOM
W1H 7LX**

Company Director **1**

Type: **Person**

Full forename(s): **SARAH MORRELL**

Surname: **BARZYCKI**

Former names:

Service Address: **YORK HOUSE 45 SEYMOUR STREET
LONDON
UNITED KINGDOM
W1H 7LX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **30/08/1958** *Nationality:* **BRITISH**

Occupation: **HEAD OF FINANCE**

Company Director 2

Type: **Person**
Full forename(s): **CHRISTOPHER MICHAEL JOHN**

Surname: **FORSHAW**

Former names:

Service Address: **YORK HOUSE 45 SEYMOUR STREET
LONDON
UNITED KINGDOM
W1H 7LX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **28/07/1949** *Nationality:* **BRITISH**
Occupation: **COMPANY DIRECTOR**

Company Director 3

Type: **Person**
Full forename(s): **LUCINDA MARGARET**

Surname: **BELL**

Former names:

Service Address: **YORK HOUSE 45 SEYMOUR STREET
LONDON
UNITED KINGDOM
W1H 7LX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **06/09/1964** *Nationality:* **BRITISH**
Occupation: **CHARTERED ACCOUNTANT**

Company Director 4

Type: **Person**

Full forename(s): **TIMOTHY ANDREW**

Surname: **ROBERTS**

Former names:

Service Address: **45 SEYMOUR STREET
YORK HOUSE
LONDON
UNITED KINGDOM
W1H 7LX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **09/07/1964** *Nationality:* **BRITISH**

Occupation: **CHARTERED SURVEYOR**

Company Director **5**

Type: **Person**

Full forename(s): **JEAN-MARC**

Surname: **VANDEVIVERE**

Former names:

Service Address: **YORK HOUSE 45 SEYMOUR STREET
LONDON
UNITED KINGDOM
W1H 7LX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **14/08/1977** *Nationality:* **FRENCH**

Occupation: **COMPANY DIRECTOR**

Company Director **6**

Type: **Person**
Full forename(s): **NIGEL MARK**

Surname: **WEBB**

Former names:

Service Address: **YORK HOUSE 45 SEYMOUR STREET
LONDON
UNITED KINGDOM
W1H 7LX**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **27/11/1963** *Nationality:* **BRITISH**
Occupation: **CHARTERED SURVEYOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	9720364
		<i>Aggregate nominal value</i>	97203.64
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.01
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
EACH ORDINARY SHARE CARRIES ONE VOTE			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	9720364
		<i>Total aggregate nominal value</i>	97203.64

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 31/08/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **9720364 ORDINARY shares held as at the date of this return**
Name: **BL HC PROPERTY HOLDINGS LIMITED**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.