

THE COMPANIES ACT 2006
PRIVATE COMPANY LIMITED BY SHARES
NOTIFICATION OF PASSING A WRITTEN RESOLUTION

BY

HEALTH AND FITNESS HOLDINGS LIMITED
Registered number 04374665
(the "Company")

NOTICE is hereby given that on *10th August* 2010 the following special resolution was duly passed by means of written resolution under Chapter 2 of Part 13 of the Companies Act 2006

SPECIAL RESOLUTION

THAT the issued share capital of the Company be reduced by the cancellation and extinguishing of 4,200,000,000 ordinary shares of £0.01 each in the capital of the Company and that an amount equal to the amount of the share capital so reduced be credited to the Company's reserves

Signed
Director

Date

[Signature]
10/8/10

TUESDAY



A13 *AS31WMF3* 298
10/08/2010
COMPANIES HOUSE