



Companies House
— for the record —

TM01 (ef)

**Termination of Appointment
of Director or Corporate Director**



XG08KWKL

Company Name: **Health and Fitness Holdings Limited**

Company Number: **04374665**

Received for filing in Electronic Format on the: **10/08/2011**

Resignation Details

Date of resignation: **21/07/2011**

Name: **MR JOG DHODY**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Liquidator, Administrator, Administrative Receiver, Receiver, Receiver Manager, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.