

# **INNER DIMENSIONS LIMITED**

## **Directors' Report and Financial Statements**

**For the Year Ended 31 March 2006**

**Registered Number 4366667**

### **AMOEBA ASSOCIATES**

Derwent House  
Broad Street  
Kingswinford  
West Midlands  
DY6 9LP

TUESDAY



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16/01/2007

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COMPANIES HOUSE

# INNER DIMENSIONS LIMITED

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# **INNER DIMENSIONS LIMITED**

## **COMPANY INFORMATION**

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**DIRECTORS**                      Mrs O Calliste-Fontaine

**SECRETARY**                     Mr H F Calliste

**COMPANY NUMBER:**    4366667

**REGISTERED OFFICE:**   67 The Avenue  
                                 Acocks Green  
                                 Birmingham  
                                 West Midlands  
                                 B27 6NL

**ACCOUNTANTS:**            Amoeba Associates  
                                 Derwent House  
                                 Broad Street  
                                 Kingswinford  
                                 West Midlands  
                                 DY6 9LP

# INNER DIMENSIONS LIMITED

## DIRECTOR'S REPORT FOR THE YEAR ENDED 31 March 2006

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The director presents her report and the accounts for the year ended 31 March 2006.

### Directors

The directors named on page 3 have served throughout the year and her interests in the Share Capital of the company was as follows:

At 31 March 2006  
Ordinary Shares  
of £1 each

O R Calliste-Fontaine	1
	==

### Principal activities

The principal activity of the business is that of personal development consultancy.

### Director's Responsibilities

The director is required under UK Company law to prepare financial statements for each financial year, which give a true and fair view of the company's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the director is required to:

- a) select suitable accounting policies and apply them consistently;
- b) make judgements and estimates that are reasonable and prudent;
- c) state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- d) prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in operation.


The director is responsible for keeping accounting records, which disclose with reasonable accuracy the financial position of the company and which enable them to ensure that the financial statements comply with applicable law and regulations. She is also responsible for safeguarding the assets of the company

and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

Approval

This report was approved by the director on .....*10<sup>th</sup> January 2007* and signed on accordingly:

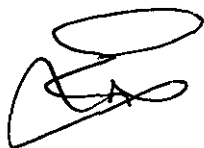
.......... Director.

Accountants Report to the Shareholders on the unaudited accounts of Inner Dimensions Limited

In accordance with the instructions of the company's director and in order to assist the director to fulfil her responsibilities we have prepared the accounts on pages 7 to 9 from the accounting records and from information and explanations supplied to us.

As described on the balance sheet, the company's director is responsible for the preparation of the accounts, and she believes that the company is exempt from an audit.

We have not performed an audit in accordance with Auditing Standards or procedures in accordance with the Statement of Standards for Reporting Accountants and accordingly we express no opinion on the accounts.

A handwritten signature in black ink, consisting of a large, stylized 'A' followed by a series of loops and a final flourish.

**Amoeba Associates**

Kingswinford, December 2006

**INNER DIMENSIONS LTD**

**STATEMENT OF FINANCIAL ACTIVITIES**

**For The Period To 31 MARCH 2006**

		Total <u>2006</u> £ (8 mths)	Total <u>2005</u> £ (12 mths)
<b><u>Turnover</u></b>			
Sales		47,757	34,483
		<u>47,757</u>	<u>34,483</u>
<b><u>Cost of Sales</u></b>		(6,449)	(9,811)
<b><u>Operating Costs</u></b>			
Advertising & Promotions	(3)	(100)	(1,498)
Other Operating Charges	(3)	(18,296)	(18,482)
<b><u>Profit Before Interest &amp; Tax</u></b>		<u>22,912</u>	<u>4,693</u>
Interest	(4)	86	94
<b><u>Profit / (Loss) on ordinary activities before taxation</u></b>		<u>22,997</u>	<u>4,786</u>
Taxation	(5)	(3,112)	-
<b><u>Profit / (Loss) for the financial year</u></b>		<u>19,885</u>	<u>4,786</u>
Dividend		-	(4,964)
<b><u>Retained Profit carried forward</u></b>		<u>19,885</u>	<u>(178)</u>

The profit and loss account has been prepared on the basis that all operations are continuing operations.

There are no recognised gains and losses other than those passing through the profit and loss account.

**INNER DIMENSIONS LTD****BALANCE SHEET AS AT****31 MARCH 2006****31 JULY 2005**

£

£

£

£

**Fixed Assets**

Tangible assets 561 805

**Current Assets**

Debtors 9,485 4,240

Cash at Bank and in hand 19,950 4,050

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29,434

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8,291

**Creditors:** amounts falling  
due within one year

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(4,062)

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(3,047)**Net Current Assets**

25,372

5,244

Creditors due beyond one year

-

-

**Net Assets**

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**25,933**

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**6,049****Capital & Reserves**

Share Capital 1 1

Reserves 6,048 6,226

CYR (Profit)/Loss 19,885 (178)

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**25,933**


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**6,049**

The Director has :-

- a) Taken advantage of the Companies Act 1985 in not having these accounts audited under Section 249A(1) [total exemption]
- b) confirmed that no notice has been deposited under Section 249B(2) of the Companies Act 1985
- c) acknowledged their responsibilities for ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985
- d) acknowledged their responsibilities for preparing accounts which give a true and fair view of the company and of its profit/loss (whichever is applicable) for the year then ended in accordance with the requirements of Section 226 of the Companies Act 1985 and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to this company.

The accounts are prepared in accordance with the special provisions of Part VII of the Companies Act relating to small companies (Section 246 (8) of the Act).

  
Director

10/1/07  
Date



INNER DIMENSIONS LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2006

**1. Principal accounting policies**

The financial statements have been prepared in accordance with applicable Accounting Standards in the United Kingdom. A summary of the more important accounting policies, which have been consistently applied, is set out below:

Basis of Preparation of Accounts

The financial statements are prepared in accordance with the historical cost convention.

Turnover

Turnover consists of the invoiced value (excluding VAT) of goods and services supplied to third parties.

Depreciation

Tangible fixed assets for use by the venture are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives, as follows;

Office Equipment	25% straight line basis
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Taxation

The charge for taxation is based on the result of the period and takes into account taxation deferred due to timing differences between the treatment of certain items for accounting and taxation purposes.

Cashflow

The financial statements do not include a cashflow statement because the company, as a private limited company, is exempt from the requirements to prepare such a statement under Financial Reporting Standard Number 1 (Revised) "Cash Flow Statements".

INNER DIMENSIONS LTD

NOTES TO THE FINANCIAL STATEMENTS

FOR THE FINANCIAL YEAR ENDED 31 MARCH 2006

**2. Turnover**

	<b><u>2006</u></b>	<b><u>2005</u></b>
	£	£
Consultancy	47,757	34,483
	<b><u>47,757</u></b>	<b><u>34,483</u></b>

**3. Operating costs**

	£	£
Advertising	100	1,498
Employment	6,600	7,112
Vehicle & Travel costs	5,522	4,680
Telephone	524	647
Office Supply	1,189	584
Depreciation	760	631
Insurance	474	216
Rent & Rates	1,528	753
Legal & Prof. Fee	650	1,308
Subs & Dons	-	951
Charges	72	258
Sundry	976	1,342
	<b><u>18,396</u></b>	<b><u>19,980</u></b>

**4. Net Interest (Receivable) / Payable**

	£	£
Net Interest	(86)	(94)
	<b><u>(86)</u></b>	<b><u>(94)</u></b>

**5. Taxation**

	£	£
UK Corporation tax at 23.75% - current year	(3,112)	-
	<b><u>(3,112)</u></b>	<b><u>-</u></b>

**6. Employee Numbers and Costs**

	<b><u>2006</u></b>	<b><u>2005</u></b>
	£	£
The total costs of all employees in the company were: 1 (1 pyr)		
Wages and salaries	6,000	7,112
	<b><u>6,000</u></b>	<b><u>7,112</u></b>

The average number of employees during the year (including directors) was 1 (PYR: 1)