A and S EXPRESS DELIVERIES LIMITED

Abbreviated Accounts

28 February 2009

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A and S EXPRESS DELIVERIES LIMITED Abbreviated Balance Sheet as at 28 February 2009

	Notes		2009 £		2008 £
Fixed assets			-		-
Tangible assets	2		9,993		9,903
Current assets					
Debtors		5,357		13,202	
Cash at bank and in hand		157		57	
	-	5,514		13,259	
Creditors: amounts falling	due				
within one year	uuc	(16,899)		(18,260)	
Net current liabilities	_		(11,385)	-	(5,001)
Total assets less current liabilities			(4.202)	_	4 000
liabilities			(1,392)		4,902
Creditors: amounts falling	due				
after more than one year			(1,412)		-
Provisions for liabilities			(1,005)		(372)
Net (liabilities)/assets		- -	(3,809)		4,530
Capital and reserves					
Called up share capital	3		1,000		1,000
Profit and loss account			(4,809)		3,530
Shareholders' funds		-	(3,809)	_	4,530
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The directors are satisfied that the company is entitled to exemption under Section 249A(1) of the Companies Act 1985 and that no member or members have requested an audit pursuant to section 249B(2) of the Act.

The directors acknowledge their responsibilities for:

- (i) ensuring that the company keeps proper accounting records which comply with Section 221 of the Companies Act 1985; and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226 of the Companies Act 1985, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

The accounts have been prepared in accordance with the special provisions relating to small companies within Part VII of the Companies Act 1985. _

S K Phillips Director

Approved by the board on 15 June 2009

A and S EXPRESS DELIVERIES LIMITED Notes to the Abbreviated Accounts for the year ended 28 February 2009

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery Motor vehicles 25% reducing balance / 33% straight line 25% reducing balance

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Leasing and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The corresponding lease or hire purchase obligation is treated in the balance sheet as a liability.

The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding.

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

A and S EXPRESS DELIVERIES LIMITED Notes to the Abbreviated Accounts for the year ended 28 February 2009

2	Tangible fixed assets			£	
	Cost				
	At 1 March 2008			25,473	
	Additions			5,999	
	Disposals			(8,995)	
	At 28 February 2009			22,477	
	Depreciation				
	At 1 March 2008			15,570	
	Charge for the year			2,193	
	On disposals			(5,279)	
	At 28 February 2009			12,484	
	Net book value				
	At 28 February 2009			9,993	
	At 29 February 2008			9,903	
3	Share capital			2009	2008
				£	£
	Authorised: Ordinary shares of £1 each			1,000	1,000
		2009	2008	2009	2008
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	Allotted, called up and fully paid: Ordinary shares of £1 each	1,000	1,000	1,000	1,000

4 Transactions with directors

The directors have made an interest free loan to the company. The balance at the year end was £522. There are no specific repayment provisions.