### **ANNUAL REPORT**

### PERIOD ENDED 31 MARCH 2002

Charity number: 1089527

Company Limited by Guarantee: 4326334

Helping with Autism......

A02 0351

# AUTISTIC SOCIETY GREATER MANCHESTER AREA CONTENTS

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## AUTISTIC SOCIETY GREATER MANCHESTER AREA LEGAL AND ADMINISTRATIVE INFORMATION

**Directors and Trustees:** W Haley (Chair)

G Kimpton
P Palmer
F Redfern
J Shaw
P Blakeley
R Exley

Company Secretary F Redfern

Treasurer D Franklin

Registered

Charity Number: 1089527

**Registered Office:** Sovereign House

Queen Street Manchester M2 5HR

Principal Office: The Old Town Hall

**Church Street** 

Eccles Manchester M30 0LH

Bankers: Barclays Bank plc

Barclays Business Centre Manchester City Office

PO Box 357 51 Mosley Street Manchester M60 2AU

### **AUTISTIC SOCIETY GREATER MANCHESTER AREA** LEGAL AND ADMINISTRATIVE INFORMATION

Accountants:

Sovereign House Queen Street Manchester M2 5HR

PKF

The charity is a company limited by guarantee and is governed by its memorandum and articles of association Constitution:

The trustees present their annual report together with the financial statements for the period ended 31 March 2002.

Legal and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice – Accounting and Reporting by Charities.

#### Incorporation

The company was incorporated on 21 November 2001. The company commenced its activities on 1 December 2001, on which date the assets and liabilities of Autistic Society Greater Manchester Area (ASGMA), an unincorporated charity (registered charity no: 500547), were transferred into it.

### Objects and principal activity of the charity

The aims and objectives of the Society are as follows:

- To promote the welfare of children, adolescents and adults variously diagnosed as having an autistic spectrum disorder.
- Co-operate with Local Authorities and Voluntary Associations in supplementing the provision of educational, health and social services and provide facilities for education integration and guidance in a constructive environment.

To give help and guidance for parents and providing a meeting ground for parents to enable them to have a better understanding of their common problems.

- To promote a greater knowledge and understanding of autistic persons amongst the public and also amongst those concerned in their education and care through various channels including, but not limited to, information and publicity, lectures, courses and conferences.
- Co-operate with other charities, voluntary bodies and statutory bodies operating in furtherance of the Objects or similar charitable purposes and to exchange information and advice with them.
- To support the aims and objectives of the National Autistic Society.

#### Contact

The main contact person for information about the Society is:

Sue Aspden, Service Development Manager. Tel: 0161 789 1323 Fax: 01706 877588

ASGMA, The Old Town Hall, Church Street, Eccles, Manchester, M30 0LH

#### Results and review of activities

This has been an exciting year for the Society, although one of change and also challenges. This brought about changes to the management structure of the Society along with changes in personnel. However, the Society has continued to provide a wealth of services and support to people with an autistic spectrum disorder and their families through the Autism Information Service, the Aspirations Project and 'Just The Ticket'. This was provided by a team of 3 full time staff, 2 part time staff, 3 sessional workers and 25 volunteers. A new full time recruit joined the Aspirations team in January 2002, taking the total of paid staff in the Society to 6.

The Society would like to thank all those who have provided their services either as a Director, Executive Committee member, Trustee or volunteer during 2001-2002. We are appreciative of Rose McDwyer's contribution as Chair of the Society for over five years (1997-2001), in which we have seen ASGMA go from strength to strength. Change is always a challenge but often brings with it the opportunity to look afresh at the underpinning work of the Society and to evaluate how the Society should move forward in an environment of change and uncertainty.

## **Autism Information Service**

### **Summary**

The Autism Information Service has been provided primarily for parents and carers of people with autism in the Greater Manchester Area. This year has seen changes taking place, yet despite this we have continued to provide information and support to parents and carers as well as professionals.

#### **Parent Telephone Network**

The year started with seven parents in the Parent Telephone Network. However 2001-2002 has seen some changes within the team. Two members have left due to changes within their personal circumstances and by the end of the year only one new member had replaced them. Brenda Nally, from the National Autistic Society's Family Services Development Project who managed the Network, on behalf of ASGMA for the last 4 years, moved on to another job at the end of January. Mari Saeki replaced her as the new Project Officer.

Despite these set backs the team continued to respond to the calls of parents and to take a proactive role in approaching parents who contacted the National Autistic Family Services Development Project. During the year they took approximately 56 calls and made 121 calls. These calls lasted between 5 minutes and two hours.

Members of the Network have been given continued support through regular meetings and through access to training opportunities. They attended courses on 'Issues in Asperger syndrome' and 'Autism & Behaviour'.

One of the members set up the Asian Parent Group, which was closely linked to the Network. Initially a few parents attended a support group meeting designed for parents to come and talk and share their feelings. Robina has found that one to one contact works well in the initial stages when trying to encourage parents to get involved.

#### Parent Resource Pack

A number of events occurred at the close of 2000-2001 and early in 2002-2003, which lead ASGMA to carefully consider how to take the pack forward based on the following: -

As a temporary measure, a voluntary lending service was set up between those parents who had had a pack for over 12 months and parents wishing to order a pack for the first time. This strategy overcame the immediate difficulty of ASGMA running out of stock of the packs. However, the number of people wishing to obtain new packs out grew those able to lend their pack and therefore a waiting list was established.

The GM Consortium website <a href="www.autismgm.org.uk">www.autismgm.org.uk</a> has utilised the local section of the pack and the responsibility for updating material is now with each local authority within Greater Manchester and will be co-ordinated through the NAS Family Services Development Project.

Although ASGMA did not publicise the availability of the pack during the year, over 22 packs were requested for distribution.

#### **Autism Helpline**

During the year the Autism Helpline received approximately 100 calls. The table below outlines how these calls were distributed.

Area of call	Number of calls taken	Parent/Carer/ Friend/family	Students	Professional
Bolton	3	1	1	1
Bury	4	3	0	1
Manchester	12	7	1	4
Oldham	5	2	1	2
Rochdale	8	7	0	1
Salford	10	5	0	5
Stockport	4	4	0	0
Tameside	1	1	0	0
Trafford	6	4	0	2
Wigan	6	4	0	2
North West	15	10	0	5
Other	25	19	0	6
Total	99	67	3	29

The response to these calls varied from giving information over the phone to sending out information, leaflets and parent packs.

#### **Awareness Events**

This comprises of attendance at exhibitions, talks, presentations,

- ➤ During 2001-2002 ASGMA gave presentations to a variety of 8 organisations in order to raise awareness of the condition and the work of the Society.
- ➤ We attended 3 Exhibitions Bolton (2 days), Wigan & Oldham providing manned exhibition stands in order to give support and information to parents and professionals.
- ➤ ASGMA represented parents at 2 conferences Understanding the White Paper Valuing People and Access to Services GM Consortium Convention.

#### Newsletter

Changes within the production of the Newsletter took place during the year. After 4 years of producing the Newsletter, Rose McDwyer stepped down & Pat Kasili took over this role but even with these changes we managed to distribute 5 newsletters through the year to our members.

#### **General Meetings**

In response to evaluation from members about our speaker meetings it was decided to instigate a change – to arrange 4 meetings within the year and to introduce social events as well as speaker meetings. However, during 2001-2002, due to strategical changes within the Society – ASGMA becoming incorporated to company limited by Guarantee, it was necessary to organise not only the AGM but also an EGM and only one additional event was organised.

#### **Multi-Agency Autism Service Development Groups**

ASGMA was represented at all 10 Multi- Agency Autism Group meetings throughout the year.

The Trafford Group reconvened during the year after a period of in activity.

In addition ASGMA was represented at the Strategic Planning days for Oldham, Salford, Rochdale and Manchester Education.

#### Conclusion

In a year where there has been some turmoil for the organisation, the ASGMA has been able to maintain its support to parent/carers and professionals through providing information and advice in a variety of formats and Parent/Carers have been able to have a voice through representation at meetings and conferences.

#### Looking to the future -

- We hope to increase the level of provision of the service.
- One of the first tasks of 2002-2003 will be to reassess the future of the Parent Pack.
- Produce a new design for the ASGMA leaflet to tie in with the move to Old Town Hall, Eccles.
- Re launch the members meetings.

## **Aspirations**

Aspirations provides opportunities for young people with a diagnosis of Asperger syndrome who live within Greater Manchester to access social and leisure activities. The Project was initiated in 1999 and provides a range of social and leisure opportunities alongside a variety of supporting services.

At the start of 2001-2002 there was currently a small team working with 14-25 year olds with Asperger syndrome. Since 1999, the project staff has grown from Project Co-ordinator to include a full time Community Support Worker in Oct 2000, working with 15-16 year olds. In January 2002 we employed a second Community Support Worker, working with 14-15 year olds. Their work is supported by a team of sessional workers and volunteers.

#### Summary

#### 16-25 years

- Since the project began 117 young people have been informed about the project
- 56 young people have been referred to the project and 48 have participated in activities
- Referrals of 2 new young people per month

#### 14-15 year olds (Jan-March 2002)

- 9 young people were referred to the project
- 9 assessments were made
- 7 activities on a 1:1 basis were organised
- 3 young people were on a waiting list

#### **Summary of Activities 16-25yrs**

Activity	Frequency of activity	No. of young people
Social Committee	2 per year	
Summer Activities	9 days out	72 places provided
Regional support groups:		<del></del>
Stockport group	monthly	14 members
Manchester Group	monthly	15 members
Bolton/Wigan Group	monthly	6 members
General Activities:		
Small group	44 activities during year	
1:1 support	517 hours	
Specialist Counselling	Usually 1 hr/week for 10 weeks	6 clients
Walking Group	Monthly	21 members
Commonwealth Games Volunteering Training Course	30 hours	11 members
Discussion Group	Quarterly	9 members
First Take Video	4 evenings, 3 days + 1 weekend	6 members
Social Skills workshops	32 sessions (2hrly)	7 young people
Race Night	1 event in year	20 members

#### **Future Developments (2002-2003)**

The aim is to continue the main programme of activities to provide social and leisure activities for the present members and future referrals.

**Eccles Town Hall** – Proposed move into new premises in the Old Town Hall, Eccles, providing Office Accommodation for staff, a resource library, IT Suite, counselling/meeting room, a large room for ASGMA meetings and a 'drop in' facility for the young people.

Aspirations Girls Group – Aim is to set up a group where the female members can choose activities that are more appropriate to their needs. such as shopping trips and the chance to spend time with other girls.

**Over 25+ Group -** As the number of referrals to Aspirations increases there is increasing evidence that a group for people over the age of 25 years needs to be developed. During 2002-2003 evidence will be gathered to support the development of this work.

14-17 year Group - The following will be developed during 2002-2003

- A programme of 4 summer activities over the school holidays July/August 2002.
- Encourage the development of an email network/ chat forum for members.
- Saturday afternoon youth club.
- Develop links with other youth agencies to encourage able integration.
- Develop links with other agencies in order to explore opportunities for special projects for the group; e.g. arts/drama/advocacy/volunteering projects.

#### Conclusion

The Aspirations project continues to grow in numbers and in strength. It is three years since the project was first developed and the evidence from the number of referrals and activity attendance indicates the continued need and growth for such a specialised service.

## 'Just The Ticket'

'Just The Ticket' is the annual trip to the cinema for children with special needs. This year the outing took place on 14<sup>th</sup> March at UCI at the Trafford Centre. This was the fourth event ASGMA had organised and proving ever popular with schools from across Greater Manchester. All 412 seats were booked well in advance with the children being given the chance to watch Disney's 'Monsters Inc'. The auditorium was closed to other members of the public, enabling us to provide a sensitive environment for these children. Uncle Chris provided live entertainment before the film, with drinks, popcorn and gifts.

#### **Statistics**

Total number of seats available	412
Total number of seats booked	412
Number of children	283
Number of adults/carers	128
Approx number of children with Autism	138

This event has previously been organised as a fundraising event and we would like to thank all those who have contributed in terms of cash donations as well as gifts in Kind.

"An Excellent Event - we would love to come again"

"Many thanks for all the excellent organisation....cinema environment was more `child friendly"

"All the children and the staff enjoyed the event tremendously......and want to come again!"

#### Plans for the future

'Just the Ticket'

- is likely that it will be organised bi-annually, as this event is very time consuming to organise,
- is likely to be organised purely to benefit children with special needs and in particular children with autism – not as a fundraising event.

#### **Directors**

The directors who served during the period were:-

12 December 2002

D Tomlinson (resigned 11 July 2002)

A Hodges (resigned 8 October 2002)

W Haley

**G** Kimpton

P Palmer (resigned 11 July 2002)

J Shaw

F Redfern was appointed a director of the company on 11 July 2002.

#### **Basis of preparation**

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

By order of the board

Secretary

## AUTISTIC SOCIETY GREATER MANCHESTER AREA STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the financial activities of the charity during the year and of its state of affairs at the end of the year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 1985. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for ensuring that the trustees' report is prepared in accordance with company law in the United Kingdom.

# ACCOUNTANT'S REPORT ON THE UNAUDITED FINANCIAL STATEMENTS TO THE DIRECTORS OF AUTISTIC SOCIETY GREATER MANCHESTER AREA

As described on the balance sheet you are responsible for the preparation of the financial statements for the period ended 31 March 2002 and you consider that the company is exempt from audit under section 249A (1) of the Companies Act 1985. In accordance with your instructions we have prepared these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

**PKF** 

**Manchester, UK** 8 January 2003

### AUTISTIC SOCIETY GREATER MANCHESTER AREA STATEMENT OF FINANCIAL ACTIVITIES PERIOD ENDED 31 MARCH 2002

			2002	
	Notes	Unrestricted	Restricted	Total
INCOMING RESOURCES Activities for generating funds:		£	£	£
Donations and proceeds from fundraising Other income	2	2,390 25	29,256	31,646 25
Interest receivable		3,167		3,167
TOTAL INCOMING RESOURCES		<u>5,582</u>	29,256	34,838
RESOURCES EXPENDED Costs of generating funds:				
Fundraising	_	5,354		5,354
Direct charitable expenditure	3	29,041	7,767	36,808
Management and administration	4	<u>3,598</u>		3,598
TOTAL RESOURCES EXPENDED		<u>37,993</u>	7,767	45,760_
NET (OUTGOING)/ INCOMING RESOURGE FOR THE PERIOD	CES	(32,411)	21,489	(10,922)
AMOUNT TRANSFERRED FROM				
ASGMA AT 1 DECEMBER 2001		78,113	41,366	119,479
BALANCES CARRIED FORWARD AT				
31 MARCH 2002		<u>45,702</u>	<u>62,855</u>	108,557

BALANCE SHEET 31 MARCH 2002

	<b>N</b>	2002
	Notes	££
FIXED ASSETS Tangible	7	1,939
CURRENT ASSETS Debtors Cash at bank	8	324 106,294
NET CURRENT ASSETS		106,618
NET ASSETS		108,557
ACCUMULATED FUNDS Restricted Unrestricted	10 10	62,855 45,702

The financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

W. Haley

The financial statements were approved by the board on 12 December 2002

Signed on behalf of the board of directors

**Directors** 

#### NOTES TO THE FINANCIAL STATEMENTS PERIOD ENDED 31 MARCH 2002

#### 1 ACCOUNTING POLICIES

#### (a) Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective March 2000) and the Statement of Recommended Practice "Accounting and Reporting by Charities".

#### (b) Incoming resources

Income comprising donations, subscriptions and fund raising events are accounted for on receipt.

#### (c) Resources expended

Resources expended are accounted for on an accruals basis and are allocated to the cost category to which they relate.

#### (d) Tangible fixed assets

Tangible fixed assets are stated at cost or valuation less depreciation. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their estimated useful lives on the following basis:

Office equipment

25% reducing balance method

#### (e) Pension

The company makes contributions to the personal pension plans of its employees and the pension charge in the SOFA represents the amount payable by the company to these plans during the period.

#### (f) Fund Accounting

Funds held by the charity are either:

Unrestricted funds - those funds which are available for use at the discretion of the trustees in furtherance of the general objects of the charity, and which have not been designated for other purposes.

Restricted funds - those funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

### NOTES TO THE FINANCIAL STATEMENTS PERIOD ENDED 31 MARCH 2002

### 2 DONATIONS AND FUNDRAISING

2	DONATIONS AND FUNDRAISING	
		2002 £
	Fundraising events	2,003
	Subscriptions	198
	Donations	189
	Grants	29,256
		31,646
3	DIRECT CHARITABLE EXPENDITURE	
		2002
		£
	Donations and projects	4,654
	Asperger Syndrome Project	553
	Telephone network	2,325
	Salaries	26,629
	Pension cost	1,000
	Printing and publications	2,774
	Rent	516
	Travelling expenses	3,711
		<u>42,162</u>
4	MANAGEMENT AND ADMINISTRATION OF THE CHARITY	
		2002
		£
	Entertaining	188
	Light and heat	52
	Advertising	1,480
	Equipment costs and renewals	192 760
	Sundry expenses	769 30
	Legal and professional  Bank charges	109
	Depreciation	778
	Deproduction	3,598

#### NOTES TO THE FINANCIAL STATEMENTS PERIOD ENDED 31 MARCH 2002

#### 5 TOTAL RESOURCES EXPENDED

Total resources expended included payroll costs as follows:

	2002
	£
Wages and salaries	24,725
Social security cost	1,904
Pension cost	1,000
	<u>27,629</u>

#### 6 TRUSTEES' (DIRECTORS') REMUNERATION

No trustee (director) received any emoluments. No amounts were paid to trustees during the period in respect of expenses.

#### 7 FIXED ASSETS

		Office
		equipment
	Cont	£
	Cost	4 507
	Transferred from ASGMA	1,537
	Additions	1,180
	At 31 March 2002	2,717
	Depreciation	
	Charge for the period	778
	At 31 March 2002	778
	Net book value	
	At 31 March 2002	1,939
8	DEBTORS	
		2002
		£
	Prepayments	324

#### 9 MEMBERS' LIABILITY

The Autistic Society Greater Manchester Area is a company limited by guarantee not exceeding £1 per member.

### NOTES TO THE FINANCIAL STATEMENTS PERIOD ENDED 31 MARCH 2002

### **10 ACCUMULATED FUNDS**

Restricted funds Transferred from ASGMA Net incoming resources for the period At 31 March 2002	£ 41,366 21,489 62,855
Unrestricted funds Transferred from ASGMA Net outgoing resources for the period At 31 March 2002	78,113 (32,411) 45,702

## ASGMA FUNDERS PERIOD ENDED 31 MARCH 2002

### We wish to thank all our funders for their support, who this year include:

**AGMA** 

Barclays Bank plc

Big Chance Lottery

**Bolton MBC Voluntary Sector Grant** 

**Cheshire Building Society** 

Children in Need

David Solomon's Charitable Trust

**Douglas Valley Community** 

**Evanthall Family Charitable Trust** 

G & L Ainsworth Family Benevolent Fund

Health for Bolton 2001

John Lewis

Lankelly Foundation

Lee Bakirgain Family Trust

Manchester Guardian Society Charitable Trust

Neighbourhood Support Fund

Northern Rock Foundation

Oldham MBC

Pennine Township Fund (Rochdale)

Percy Bilton Charity

Rochdale Township

Salford - Joint Finance

Stockport MBC

Stockport PCT

The Stoller Charitable Trust

Trafford - Joint Finance

# AUTISTIC SOCIETY GREATER MANCHESTER AREA ASGMA FUNDERS PERIOD ENDED 31 MARCH 2002

Wigan – Joint Finance
Wigan MBC Voluntary Sector Grants

Thanks also to those individuals and groups who have also kindly made donations to our work along with all those who provided support for `Just The Ticket'.