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288a

Please complete in typescript,
or in bold black capitals.

CHFP025

Appointment of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

4316249

Company Name in full

JARVIS PRIMARY HEALTH LIMITED

Date of
appointment

Day Month Year

21 12 2001

†Date of
Birth

Day Month Year

2 0 1 2 1 9 4 2

Appointment form

Appointment as director

X

as secretary

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

NAME

*Style / Title

DR

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

MICHAEL JEFFREY

Surname

SINCLAIR

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

FLAT 6, 11 HYDE PARK GARDENS

Post town

LONDON

Postcode

W2 2LU

County / Region

Country

†Nationality

BRITISH

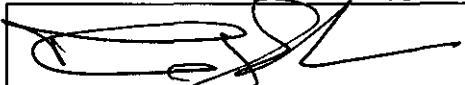
†Business occupation

BUSINESSMAN

†Other directorships
(additional space overleaf)

I consent to act as ** director / ~~secretary~~ of the above named company

Consent signature



Date

21.12.2001

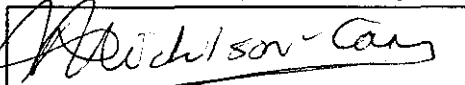
* Voluntary details.

† Directors only.

**Please delete as appropriate

A director, secretary etc must sign the form below.

Signed



Date

21 12 01

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

Lawrence Graham
190 Strand
WC2R 1JN

For and on behalf of
Jarvis Secretaries Ltd

BPL/S3468/2 3604803

Tel 020 7379 0000

DX number DX 39

DX exchange London Chancery Lane

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
or companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Ci



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AQK487AD

0207

COMPANIES HOUSE
Laserform International Ltd

08/01/02

Company Number

4316249

† Directors only.

† Other directorships

See attached sheet

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

DR MICHAEL JEFFREY SINCLAIR

COMPANY NUMBER: 4316249

CURRENT DIRECTORSHIPS	DIRECTORSHIPS IN THE PAST 5 YEARS
Totally Plc	Nationwide Locums Ltd
Sinclair Montrose Trust Ltd	Nationwide Fundraisers (London) Ltd
Hospital Capital Corporation (UK) Ltd	ACR Management Ltd
Montrose Securities Ltd	Notional Rent Ltd
The Caldecott Foundation Ltd	Madison Atlantic Partners Ltd
Montrose Ventures Ltd	Shalom Publications Ltd
Carmel College	Abingworth Atlantic Management Ltd
Sinclair Medical Partners Ltd	Abingworth Atlantic Holdings Ltd
Grovehill Ltd	Olstar Ltd
Independent Maternity Centres Ltd	Citywood Ltd
Cost Rent Management Ltd	
The Healthcare Property Company Ltd	
The Holdings Company Ltd	
Service to the Aged	
Kesher Ltd	
Gibbsfield Ltd	
Kenningdale Ltd	
B.D.S. (Management) Ltd	
The Holding Company Retail Plc	
Union Income Benefit Ltd	
Healthcare Capital Resources Ltd	
Healthcare Property (Leamington Spa) Ltd	
Healthcare Property (Wingate) Ltd	
Union Income Benefit Holdings Plc	
Idesk Plc	

CURRENT DIRECTORSHIPS:	DIRECTORSHIPS IN THE PAST 5 YEARS:
New Moon Publications Plc	
Eastkings Ltd	
E-District.Net Plc	