

REGISTERED COMPANY NUMBER: 04303166 (England and Wales)
REGISTERED CHARITY NUMBER: 1090133

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2019
FOR
4 CANCER GROUP

Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
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4 CANCER GROUP

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FOR THE YEAR ENDED 31ST DECEMBER 2019

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4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2019

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st December 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2019**

OBJECTIVES AND ACTIVITIES

Objectives And Aims

Our Mission

The 4 Cancer Group exists to help the whole 'family unit' manage the impact of living with cancer.

Why Do We Exist?

Cancer is the toughest fight most of us will ever face. One in two people (50%) of people in the UK will be diagnosed with cancer at some point in their lives. After diagnosis, life is taken over by hospital visits, uncertainty and often financial worries. Cancer patients will often need to stop working as a result of their diagnosis and it is also common for a family member to give up work to care for someone who is terminally ill. It is no surprise therefore that the incidence of clinical depression is up to five times higher in patients with cancer than the general population (Source: European Journal of Cancer).

Importantly, we recognise that cancer has a profound impact on the whole family unit and not just the diagnosed individual. As a specialist respite charity, we provide relief from the difficulties of living with cancer. We believe in the 'here and now' and strive to help the whole family unit deal with the emotional burden that a cancer diagnosis can bring.

What Do We Do?

Primary Objective:

Our experience since 2001 shows that 'time out' with the family provides tangible benefits for both mental and physical health. Over the past eighteen years we have developed a diverse and flexible respite portfolio which is designed to fit around treatment plans.

From family days out to longer respite breaks in both the UK and abroad, we give families living with cancer something to look forward to at the end of arduous treatment schedules. Our ultimate objective is to 'create memories which last a lifetime'.

Given that a significant number of people we help are terminally ill, the creation of positive memories is of fundamental importance, especially for the family members left behind if the cancer patient later dies. Such trips also help the recently bereaved to come to terms with their loss and gives them a positive focus in the months after a loved one has died.

Designed with relaxation in mind, most of our respite activities also give people the opportunity to keep physically active. Keeping active could help to prevent more than 3,000 cases of cancer every year in the UK. (Source: Cancer Research UK).

Secondary Objectives:

(1) To make grants to UK based cancer care institutions. We recognise that good palliative care can make all the difference to both the cancer patient and their wider family. With a focus on 'end of life' care and support, we make grants to hospices and other care institutions to help people in the latter stages of their illness.

(2) Given that we are committed to continuous improvement, research is a key component of our work. We constantly monitor the impact of our respite programmes to ensure that they are delivering maximum benefit. In addition to our own quantitative and qualitative research, we work closely with Loughborough University and the University of Brighton to ensure we properly understand the needs of the families we help. We are also very interested in the emerging research that both exercise and spending time at altitude can offer a range of health benefits to cancer patients and non-cancer patients alike. Given that elements of our respite programme encourage people to 'get active' and also to spend time in an alpine environment, these are also important areas of focus.

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Targets

To meet our objectives, the Trustees agreed upon a series of medium and long-term targets in late 2016. These can be summarised as follows:

Medium Term Target - A Century Of Respite

By the end of 2016, we had provided 17,951 respite days to 4,062 people since the charity started in 2001. This represented the equivalent of just under 50 years (half a century) of respite days when viewed as a whole (49.2 years). Consequently, the Trustees decided in late 2016 to set a medium-term target to reach 100 years (a century) of respite days and to help a further 4,000 people.

Based on an average of the charity's output for the previous three years, we set an ambitious minimum target to provide 2,000 respite days to circa 400 people every year. By setting a baseline service level we set a target of the end of 2025 to achieve the 100 year target. Given the first 50 years had taken us nearly 16 years to achieve, the target would require us to deliver the same number of respite days in roughly half that time-frame (8-9 years).

When working towards this target we will continue to ensure that we:

- Help the whole 'family unit' manage the impact of living with cancer
- Create memories for families which last a lifetime
- Promote an active lifestyle to help lower cancer incidence and assist in recovery
- Strive to improve the standards of 'end-of-life' care

Target Update

Over the course of 2019 we helped 545 people and provided 2,482 respite days; the equivalent of 6.8 years of respite days.

Compared to last year (2018), we helped 36% less people (853 people versus 545). The shortfall is a direct result of two key members of our respite booking team leaving the charity half way through the year. Unfortunately, we have not been able to recruit new team members with the right level of experience.

To hit our 100 year target by the end of 2025, we needed to have delivered 24,134 days of respite (66.1 years) by the end of 2019. We are very pleased to report therefore that we had delivered 27,160 days by year end which equates to 74.4 years of respite days if viewed as a whole. We are 3,026 respite days (8.29 years) ahead of schedule.

To meet our objective of helping 8,000 people by the end of 2025, we needed to have helped 5,374 people by the end of 2019. We are delighted to report that we had helped 6,095 people by the end of the year. We are nearly two years ahead of schedule.

Year	Number of People	Respite Days Provided	Cumulative Respite Days Provided	Cumulative Years of Respite Delivered
2001	0	0	0	0.00
2002	2	2	2	0.01
2003	35	36	38	0.10
2004	57	91	129	0.35
2005	243	798	927	2.54
2006	195	891	1,818	4.98
2007	180	1,004	2,822	7.73
2008	245	755	3,577	9.80

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2009	255	1,060	4,637	12.70
2010	305	1,648	6,285	17.22
2011	330	1,404	7,689	21.07
2012	390	1,764	9,453	25.90
2013	340	1,421	10,874	29.79
2014	468	2,078	12,952	35.48
2015	539	2,286	15,238	41.75
2016	477	2,713	17,951	49.18
2017	635	2,813	20,764	56.89
2018	853	3,914	24,678	67.61
2019	545	2,482	27,160	74.41

End Of 2025 Target

100 Years

Long Term Target (Post 2025) - 10,000 People / 1,000 People Every Year

When we hit our '100 Years Of Respite' target, we forecast that we will have helped in the region of 8,000 people. The next logical target thereafter is to reach the obvious milestone of helping 10,000 people in total.

Every day, nearly 1,000 people in the United Kingdom are told they have some form of cancer (Source: Cancer Research UK). Our longer term objective is therefore to provide respite services for 1,000 people every year. However, we are fully aware that this is a very ambitious target.

Costs Of Respite Delivery

Our objective for 2019 was to maintain a high level of service despite a forecast that funding for the year would be down significantly due (a) the loss of key personnel and (b) the loss of two large fundraising partnerships.

We are pleased to report that spending on respite services in 2019 totalled £262,586 despite an income for the year of £122,097.

Similarly, we aimed to maintain the same ratio of people/respite days compared to 2018. We are pleased to report that in 2019, this stood at 4.55 respite days per person compared to 4.58 in 2018. The corresponding figure for 2017 was lower at 4.42.

The direct cost of delivering a respite day increased in 2019, returning to pre-2016 levels. The increase can be attributed to a change in the type of respite product provided. We are organising more short-breaks for people with a terminal prognosis than ever before and this has directly affected booking patterns. Booking respite closer to the departure date increases the cost significantly. Similarly, we operated a proportionately higher number of sailing days in 2019 which have a higher daily cost.

In 2019, we withdrew £9,922 from our hardship fund which was set up to help the poorest of families who are in very difficult financial circumstances as a direct result of a cancer diagnosis. This fund is used to pay subsistence costs such as train fares and food etc. so that families can enjoy their respite break without worrying about spending money they don't have.

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2019**

Who Are Our Beneficiaries?

We continue to broaden the range of beneficiaries that we help in terms of cancer type, geographical coverage (UK) and age. Our approach is 100% inclusive in that we provide respite for people of all ages, with any type of cancer, with any disability resulting from cancer (where possible) and at any stage of treatment. For example, the youngest patient we have helped was 20 months and the oldest was 79. We have helped families as far South as Cornwall to Fife in Scotland.

Importantly, we recognise that cancer affects the whole family unit and not just the person who is diagnosed with the disease. Because cancer does not discriminate, neither do we. We help people from any background or socio-demographic group and we rely on our extensive network of medical professionals and partner organisations from across the UK to refer families who are most in need of our help.

What We Deliver

For the majority of our beneficiary families, their lives have been totally taken over by cancer. As a consequence of all the hospital appointments, complex treatment plans and assessments, families spend much less time with one another. Holidays and short breaks, traditionally the main time of the year when families spend quality time together, are usually the first casualty. Aside from the time constraints, few families can afford to spend time away from home with one another due to the financial impact of a cancer diagnosis. It is very common for someone to be forced into giving up work to act as a carer.

Our Family Liaison team continue to develop bespoke respite programmes which accommodate delicate health needs, complex treatment schedules, depleted finances and wider family circumstances. The end result is a respite break tailored to each family where all they need to do is turn up and en-joy some special time with one another. For those families who are truly struggling financially, we add spending vouchers or a dining plan to their break so that they can enjoy their time together without worrying about extra costs.

We also experience the tragedy and unpredictability of working with families who are dealing with a terminal diagnosis. It is becoming more common for the patient's health to worsen suddenly and they die before their holiday is taken. In this instance, some families still choose to take their break as a chance to reflect and remember their loved one away from the continual reminders at home.

2019 Respite Portfolio:

- UK sailing days
- UK inland waterway breaks
- UK adventure sailing weekends for teenagers
- UK park holidays
- UK caravan holidays
- Summer sunshine holidays abroad
- Winter mountain holidays
- Overseas cruises

We are very grateful to a number of organisations who continue to provide a very sympathetic service to our beneficiaries. These include Alpine Elements, Britannia Corporate Events, Butlins, Center Parcs, Fred Olsen Cruises, Haven Holidays, Horizon Watersports, Medway Lodge, Neilson Active Holidays, Ocean Elements, River Thames Boat Project, Salty Holidays, Sunsail and TUI Marella Cruises.

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Feedback From People We Have Helped

We measure a number of factors to understand our impact. Both quantitative and qualitative feedback is collected in addition to evaluating the wellbeing of our beneficiaries post-delivery. Of key significance is our research partnership with the University of Brighton who is helping us to continuously improve what we do.

What Our Beneficiaries Said In 2019

Each respite day we deliver is designed to give families a break from the trauma of living with cancer. Whether on a boat, in the middle of a forest, up a mountain or down by the sea, our respite days are full of fresh air, fun and togetherness.

Each break is specifically designed to create lasting memories. We aim to recharge batteries, to re-strengthen bonds and to give families the energy to carry on the daily battle that is 'living with cancer'.

Below is a very small sample of the amazing and moving feedback that we have received from the people we helped this year. The difference we have made to their lives is clear:

"I just wanted to send you a personal email to thank you for the wonderful trip that myself and Mark had. It was truly magical and amazing! It was a complete contrast to both of us having cancer and going into a fantastic holiday. We met some lovely people along the cruise and the places we visited were incredible. It is a great job that you guys do for people who have cancer allowing them the time to heal and experience such an amazing opportunity. I will treasure this holiday and the places we visited and people we met and you guys do a great job, so hopefully a donation can go towards helping someone else have this chance in the same way we did." **Tavinder**

"I often need something to occupy my mind and something to stop me worrying. It was just perfect because there was two other ladies on the day with their families who were a similar age to me. One of them had teenage children as well, which was nice for my daughter. To open up and talk about cancer, the treatment and the things you have been through, it is quite difficult. But one of the other ladies came up to me and introduced herself and we just got talking. We were sitting on the deck of the boat, watching the world go by. We shared one conversation after another. Before we knew it, there was three of us ladies sat there chatting away about all our experiences. It was a long day out, so we just sat there and started to get to know each other. I began to feel very, very comfortable with them." **Karen**

"Being a breast cancer support group we look at wellbeing.... we look at the physical and the emotional support side of things and the opportunity to do something like sailing, I felt, ticked all those boxes. It gave us a challenge and it offered an opportunity in an outdoor environment for our group." **Leonie**

"I suffer a lot with depression. I live alone. I sometimes feel like I live a very insular life. The opportunity to sail pushed me outside of those thoughts and it felt like a huge achievement and boost to be able to perhaps prove to myself that I can do it." **Jill**

"My mind demands a lot of time because of the cancer but the sailing soothed this.... I just sat there and didn't want it to end. I've held onto that moment and I keep looking back at it." **Laura**

"I think what brought us there is cancer, in that we've all had a diagnosis but beyond that we are so much more, and it is so much more that we're doing in that we're all looking after each other as a collective group.... and one that does not have to be about cancer all of the time. When you've been hit in the face with the fragile nature of your mortality, it was about experiencing something new." **Toni**

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2019**

OBJECTIVES AND ACTIVITIES

Significant Activities

2019 Headlines

Our primary objective at the 4 Cancer Group is to provide days out and short-breaks for families affected by cancer. This is what we refer to as "respite".

Over the course of 2019, we helped 545 people and provided 2,482 respite days. This means that on every day of the year there were 6.8 people away on some sort of respite break. On average, each person benefitted from just under five days (4.55) of respite.

A number of long serving team members left us mid-way through 2019 to pursue new opportunities. We would like to formally acknowledge and thank them for their dedication and hard work over their many years of service.

Despite the loss of key personnel, we exceeded our 2019 target to deliver a minimum of 2,000 respite days and to help at least 400 people.

When viewed by the number of people we helped this year, this was the third highest annual total since the charity was set up in 2001. In terms of respite days delivered, this was the fourth highest annual number in the charity's nineteen year history.

Since 2001, we have helped 6,095 people and provided 27,160 respite days. When viewed as whole, this represents 74.4 years of respite.

The departure of two fundraising team members in June affected our ability to raise funds in the second half of 2019. In addition, the loss of two major corporate fundraising partnerships in the marine sector also had a large impact. Income for the year was therefore much lower than forecast.

Consequently, income for the year dropped by three quarters (73%) to £122,097 compared to £446,068 in 2018. Despite the drop in income we worked hard to help the families on our waiting list with the number of people helped in 2019 only dropping by 36%. We operated at a deficit of £204,498 in 2019.

However, there has never been more demand for our services. As NHS and other healthcare professionals become more aware of our work, the frequency of requests for help is increasing. The urgency of requests continues to change too. Many referrals now involve a terminally ill family member. This is affecting respite costs as bookings tend to be made much nearer to departure dates.

At the time of writing (August 2020), the charity's operation is being severely impacted by the COVID-19 pandemic. This is greatly hindering our ability to both provide respite services and also to raise funds.

2019: Key Achievements

- We helped 545 people in 2019, the third highest total by year since 2001
- We provided 2,482 respite days in 2019, the fourth highest total since 2001
- We exceeded our 2019 target to: help at least 400 people / deliver 2,000 respite days
- In 2019, nearly 7 people were away on some sort of respite break every day
- Since 2001 we have delivered 27,160 days of respite - the equivalent of 74.4 years
- We are on track to hit our 'century of respite days' target by the end of 2025
- We completed an office relocation from Kingsclere to Southwick
- We launched the first of five new websites at www.4cancer.org

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OBJECTIVES AND ACTIVITIES

Public benefit, Charitable Cooperation And Fiscal Sponsorship

The activities detailed in this report are a targeted effort to bring families closer together, to help them forget about the cancer that has been dictating their lives and to help them fight on whilst a cure for cancer is found.

We continue to have significant public benefit according to feedback from beneficiary families - as verified by the University of Brighton. Our jointly funded PhD programme with the university is focused on shaping future services to ensure that we are helping families in the best possible way.

The Trustees confirm they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives and in the planning of future activities.

As part of our fiscal sponsorship programme we welcomed two other organisations into the 4 Cancer Group, namely the 'Neil Vines Trust' and 'From Me To You' (the latter became a registered charity in its own right in 2019).

We also continue to work collaboratively alongside other charitable organisations such as NHS Trusts, Macmillan, Sailing Heals, National Community Boats Association, Caring Cancer Trust, CLIC Sargeant, Youth Cancer Trust and The Teenage Cancer Trust in the delivery of quality respite.

During 2019, we continued our work to find like-minded organisations in line with our objective to help more people living with cancer. We have continued to work alongside 'Something to look Forward To' to broaden the geographical area where our services were being advertised.

FINANCIAL REVIEW

Financial Position

Total incoming resources for the year were £122,097 (£446,068 in 2018) and resources expended £326,595 (£481,327 in 2018).

There was a retained deficit for the year on unrestricted activities of £160,735 (2018 deficit £30,337) and this has been deducted from the reserves brought forward of £172,222 to leave £11,487 which will be carried forward.

Reserves Policy

Based on waiting list volume, we usually operate with a reserve fund to pay for 12 to 18 months of services. Given that we operated with a deficit of £204,498 in 2019, we have been forced to downsize this to six months for 2020 until funds increase. Based on the 2019 respite expenditure figure of £262,586, we have allocated £131,293 for this purpose.

In addition, we still retain a building fund of £80,000 to purchase land/buildings to offer a baseline of respite places directly through our own respite facility. We are very concerned about our depleting reserves, especially with the arrival of the COVID-19 pandemic which is drastically affecting our ability to raise funds.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2019

FUTURE PLANS

2020: Looking Forward

The Trustees set a number of focus areas for 2020:

- **Revised Structure:** Due to the departure of several long standing staff members based at our Kingsclere office in 2019, we took the decision to relocate the charity's office from Kingsclere (Newbury) to Southwick (Shoreham). With a revised structure, we will continue to reduce costs and grow new streams of income. We will continue to invest in a range of new websites built with a new Content Management System (CMS). The first website (www.4cancer.org) went live in 2019 and the remainder will follow in 2020 and 2021. We will also continue to invest in our database software (Salesforce). This continued investment will impact our cost base in 2020.

- **Grow Our Impact:** Despite having our third biggest year in terms of the number of people we helped (in 2019), we ended the year with a significant waiting list. Given that the majority of respite trips will be cancelled in 2020 due to the COVID-19 pandemic, we expect the demand for our services by the end of 2020 to be at record levels. Despite falling reserves, we continue to ring-fence funds for helping people in the coming year (now the equivalent of six months of respite activity). The charity is becoming increasingly known in medical circles with NHS, Macmillan, CLIC Sargent and other health workers referring more and more families who are struggling the most psychologically and financially. This has led to an increasing number of terminal nominations. Similarly, this has meant that we have had to adapt our respite offering to be more UK focused as many families are unable to travel far from home due to the complexity of the patient's illness. We continue to work towards our 'Century of Respite' target as detailed in the Targets section.

- **Respite Lodge Fund:** In 2017 we announced the need to purchase land and or buildings so that we could start to supply respite breaks directly to beneficiary families, thereby removing our reliance on third party holiday providers. This was in direct response to the charity's growing inability to source holidays at discounted rates, especially during school holidays. Similarly, the weak Pound (due to Brexit) had meant that our ability to source overseas holidays had also weakened. By owning our own respite facility, we will be able to fix a large percentage of our respite costs whilst also providing availability throughout the year. We launched this new initiative in 2017 with a designation of £80K from our own reserves. Since then we have been working to grow the size of the fund in preparation for direct investment. We had raised an additional £47,000 by end of 2018 but this figure has since dropped to £26K. As we were not in a position to move forward with the project at year end, some pledges were lost due to several trusts redirecting funds to help combat the COVID-19 pandemic.

- **COVID-19:** At the time of writing this report (August 2020), the Trustees would like to make it known that the charity is being severely impacted by the COVID-19 pandemic. Due to the clinical vulnerability of our beneficiaries, most respite trips scheduled to take place in 2020 have had to be cancelled. This has placed a lot of pressure on the already reduced internal team. The Trustees would also like to issue a revenue warning; funds received will be drastically reduced in 2020 (even compared to 2019 levels).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 11 October 2001 (Company Number 4303166) and registered as a Charity on 17 January 202 (Charity Number 1090133).

The Charity initiated its operations on 25 April 2001.

The Company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. Under those Articles, the members of the Board of Directors/Trustees are re-elected at each AGM.

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST DECEMBER 2019**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational Structure

The 4 Cancer Group is made up of six fundraising divisions: Sail 4 Cancer, Ski 4 Cancer, Run 4 Cancer, Bike 4 Cancer, From Me to You and The Neil Vines Trust. We continue to refine our structure so that we can support more families affected by cancer every year.

We started 2019 with five voluntary trustees and finished the year with four. We said farewell to Graham Precey, Sean Donovan and Dr Rachel Melsom and we thank them for their many years of collective support. We also welcomed Pete Tyler (former Managing Director of Neilson Holidays) to the Board.

The charity employed seven people in 2019 (Full Time Equivalent of 0.75 - 3 Part Time) and a number of sub-contractors to assist with finance and marketing. We welcomed Nigel Wright, former Managing Director of Cosmos Holidays, who joined us as interim Finance and Operations Director.

We also have a number of volunteer patrons and ambassadors for each sporting division. These include Admiral Of The Fleet Lord Boyce KG GCB OBE KStJ DL, Sir Ben Ainslie OBE, Andrew Pindar OBE DL, Dee Caffari MBE, Franz Klammer, Graham Bell and Eddie 'The Eagle' Edwards.

From Me to You (FMTY)

'From Me To You' became part of the 4 Cancer Group in 2017 under a fiscal sponsorship model because of their innovative set of complimentary services. Our aim was to help establish 'From Me To You' by helping with centralised insurance, accounting, marketing and IT.

Their aim is to show that something as simple as receiving a letter can make the world of difference to a friend or family member suffering from cancer. We all too often hear that emotional support disappears as patients embark on surgery and treatment, as those close to them just don't know what to say or how to communicate. These services will help the 4 Cancer Group better connect its support services.

We are pleased to announce that 'From Me To You' became a registered charity in its own right in 2019. We were delighted to be able to help this fantastic organisation in its infancy and we wish the growing team at From Me To You all the very best for the future.

Up until the time 'From Me To You' operated as part of the 4 Cancer Group (to the end of June 2019), the team achieved the following:

- Distributed 250-400 donated letters a month to cancer patients
- Increased letter outlets (hospitals and cancer centres) by 50%
- Maintained excellent relationships with letter distributing charity partners and nursing staff
- Extended distribution to cancer patients receiving treatment at home via the Charity Treatment Bag
- Direct letter requests from cancer patients increased by 80%
- Implemented an email and text feedback scheme

Neil Vines Trust

The Neil Vines Trust was established in 2016 to give young people living with cancer the opportunity to enjoy a special escape with their families. Neil's family aim to purchase a lodge in the Cotswolds which will give young people living with cancer and their families the chance to have a special weekend away. This escape from the harsh realities of cancer will give them the opportunity to laugh, relax, explore and create precious memories together. The Neil Vines Trust joined the 4 Cancer Group in 2016 under our fiscal sponsorship model. As at 31 December 2018, the Trust had a restricted fund to the value of £14,718.

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STRUCTURE, GOVERNANCE AND MANAGEMENT

People

Our management approach is to employ a small and efficient team and to bring in experts on a contracted and temporary basis where needed e.g. event management, IT etc. At the start of every year, everyone is set personal objectives in line with the charity's overall aims for the year.

In 2019, the charity employed seven people on both a part-time and full time basis with a Full Time Equivalent (FTE) of 0.75 people. We also had one sub-contractor including one trustee who is paid part-time to manage fundraising and marketing. We also fund 50% of a full time PhD research study at the University of Brighton.

Viewed as a whole, 54% of salaries were focused on delivering charitable (respite) services with 33% being focused on fundraising. The remaining 12% was classified as 'support costs'.

PhD Research Study

On 5 October 2017, Oliver Thurlow joined the '4 Cancer Group' as its chief researcher. Oliver's primary focus was to quantify the impact of the charity's various respite programmes which range from days out to longer short-breaks for families affected by cancer.

The research project will be led by the University of Brighton in partnership with the 4 Cancer Group as part of a jointly funded PhD programme. The four-year study was initiated in late 2017.

Given the 4 Cancer Group's sporting focus, with subsidiaries focused on sailing, skiing, running and cycling, Oliver is also tasked with quantifying the physical health benefits of the charity's various fundraising and respite activities.

Risk Management

The Trustee board reviewed a number of principal risks and uncertainties during 2019, namely:

- The emergence of COVID-19 in early 2020 and its impact on our ability to provide respite services and to raise funds
- The increasing focus upon events as a form of income and the associated impact upon cash flows, efficiency and resources
- The need to be clearer on the purpose of generated surpluses to serve our mission
- The ability to achieve bulk deals from travel providers compared to direct ownership
- The need for fundraising technology to better serve the lifetime of our donors
- The impact that Brexit may have on (a) the costs of overseas holidays, (b) the increasing cost of UK breaks as a consequence of (a), and (c) the diminishing income from Grant & Trust bodies due to lowered interest rates
- The ongoing need to measure the psychological and physiological impact of the charity's services through our PhD partnership
- The opportunities and risks that GDPR and Vulnerable Adults / Child Protection policies will bring to us in 2019 and beyond

The Board has strategies and controls in place to mitigate the operational risks highlighted above.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
04303166 (England and Wales)

Registered Charity number
1090133

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REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2019

Registered Office

Unit 9
The Old Town Hall
Albion Street, Southwick
Brighton
East Sussex
BN42 4AX

Trustees

Sean Donovan (resigned 25/3/2019)
Graham Precey (resigned 31/12/2019)
Chris Stone (resigned 31/3/2020)
Andrew Wilkinson
Rachel Melsom (resigned 31/12/2019)
Peter Tyler
Andrew Hayward

Company Secretary

Andrew Hayward

Independent Examiner

Christopher Robert Tyler FCA DChA FCIE
Chartered Accountant
Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of 4 Cancer Group for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST DECEMBER 2019

STATEMENT OF TRUSTEES' RESPONSIBILITIES - Continued

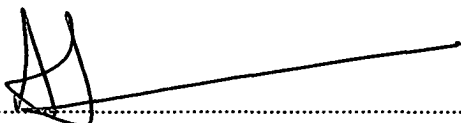
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity SORP;
- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 22 | 12 | 20 and signed on its behalf by:


.....
Andrew Hayward - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
4 CANCER GROUP (REGISTERED NUMBER: 04303166)

Independent Examiner's Report To The Trustees Of 4 Cancer Group ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st December 2019.

Responsibilities And Basis Of Report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

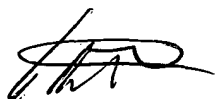
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. Accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Christopher Robert Tyler FCA DChA FCIE
Chartered Accountant
Chariot House Limited
Chartered Accountants
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 26th January 2021

4 CANCER GROUP

STATEMENT OF FINANCIAL ACTIVITIES **(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)** **FOR THE YEAR ENDED 31ST DECEMBER 2019**

	Notes	Unrestricted fund £	Designated £	Restricted funds £	2019 Total funds £	2018 Total funds £
INCOME AND ENDOWMENTS FROM						
Donations and legacies	2	93,763	-	-	93,763	111,583
Charitable Activities						
Sailing Trips and Holidays for Beneficiaries	5	11,950	-	16,200	28,150	137,020
Other trading activities	3	-	-	-	-	197,395
Investment income	4	184	-	-	184	70
Total		105,897	-	16,200	122,097	446,068
EXPENDITURE ON						
Raising funds		59,062	-	-	59,062	170,009
Charitable Activities						
Sailing Trips and Holidays for Beneficiaries	6	202,623	-	59,963	262,586	275,858
Relief and Research funding		-	-	-	-	28,864
Support costs		4,947	-	-	4,947	6,598
Total		266,632	-	59,963	326,595	481,329
NET INCOME/(EXPENDITURE)		(160,735)	-	(43,763)	(204,498)	(35,261)
RECONCILIATION OF FUNDS						
Total funds brought forward		172,222	342,585	54,242	569,049	604,310
TOTAL FUNDS CARRIED FORWARD		<u>11,487</u>	<u>342,585</u>	<u>10,479</u>	<u>364,551</u>	<u>569,049</u>

The notes form part of these financial statements

4 CANCER GROUP (REGISTERED NUMBER: 04303166)**BALANCE SHEET**
31ST DECEMBER 2019

	Notes	Unrestricted fund £	Designated £	Restricted funds £	2019 Total funds £	2018 Total funds £
FIXED ASSETS						
Tangible assets	14	930	-	-	930	2,164
CURRENT ASSETS						
Debtors	15	5,403	-	-	5,403	72,278
Cash at bank		<u>60,118</u>	<u>342,585</u>	<u>10,478</u>	<u>413,181</u>	<u>551,386</u>
		65,521	342,585	10,478	418,584	623,664
CREDITORS						
Amounts falling due within one year	16	(54,963)	-	-	(54,963)	(56,779)
NET CURRENT ASSETS		<u>10,558</u>	<u>342,585</u>	<u>10,478</u>	<u>363,621</u>	<u>566,885</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>11,488</u>	<u>342,585</u>	<u>10,478</u>	<u>364,551</u>	<u>569,049</u>
NET ASSETS		<u>11,488</u>	<u>342,585</u>	<u>10,478</u>	<u>364,551</u>	<u>569,049</u>
FUNDS	17					
Unrestricted funds					354,073	514,807
Restricted funds					<u>10,478</u>	<u>54,242</u>
TOTAL FUNDS					<u>364,551</u>	<u>569,049</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- Ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- Preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

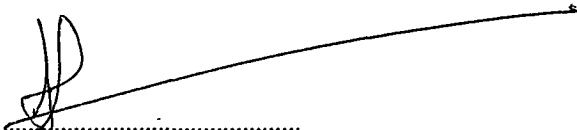
The notes form part of these financial statements

4 CANCER GROUP (REGISTERED NUMBER: 04303166)

BALANCE SHEET - continued
31ST DECEMBER 2019

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22/12/20 and were signed on its behalf by:


.....
Andrew Hayward - Trustee

The notes form part of these financial statements

4 CANCER GROUP

CASH FLOW STATEMENT **FOR THE YEAR ENDED 31ST DECEMBER 2019**

	Notes	2019 £	2018 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(138,389)</u>	<u>154,258</u>
Net cash (used in)/provided by operating activities		<u>(138,389)</u>	<u>154,258</u>
 Cash flows from investing activities			
Purchase of tangible fixed assets		-	(3,398)
Interest received		<u>184</u>	<u>70</u>
Net cash provided by/(used in) investing activities		<u>184</u>	<u>(3,328)</u>
 Change in cash and cash equivalents in the reporting period		<u>(138,205)</u>	<u>150,930</u>
Cash and cash equivalents at the beginning of the reporting period		<u>551,386</u>	<u>400,456</u>
Cash and cash equivalents at the end of the reporting period		<u>413,181</u>	<u>551,386</u>

The notes form part of these financial statements

4 CANCER GROUP

NOTES TO THE CASH FLOW STATEMENT **FOR THE YEAR ENDED 31ST DECEMBER 2019**

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2019 £	2018 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(204,498)	(35,261)
Adjustments for:		
Depreciation charges	1,234	1,234
Interest received	(184)	(70)
Decrease in debtors	66,875	149,770
(Decrease)/increase in creditors	<u>(1,816)</u>	<u>38,585</u>
Net cash (used in)/provided by operations	<u>(138,389)</u>	<u>154,258</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/1/19 £	Cash flow £	At 31/12/19 £
Net cash			
Cash at bank	<u>551,386</u>	<u>(138,205)</u>	<u>413,181</u>
	<u>551,386</u>	<u>(138,205)</u>	<u>413,181</u>
Total	<u>551,386</u>	<u>(138,205)</u>	<u>413,181</u>

The notes form part of these financial statements

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31ST DECEMBER 2019**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)', Financial Reporting Standard FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The trustees/directors consider that there are no material uncertainties about the company's ability to continue as a going concern. The trustees have taken advantage of the various sources of Government support during the COVID-19 pandemic and consider that it will not have a significant impact on the company's ability to continue trading. Income from trading activities is expected to reduce due to the lockdown conditions and steps are being taken to make cost savings. The trustees regard any impact to be short term rather than affecting the company's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

Income

All income is recognised in the Statement of Financial Activities (SOFA) once the charity has legal entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from donations is accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. The value of voluntary work is not included in the financial statements.

Grants are recognised in full in the SOFA in the year in which they are receivable. Grants for the purchase of fixed assets are credited to restricted income when they are receivable. Where the use of the asset is restricted, depreciation is charged against the restricted fund. Where the use of the asset is not restricted it is transferred to the general fund.

Other income, including investment income and commissions, is recorded on an accruals basis.

For legacies, entitlement is taken on a case by case basis as the earlier on the date on which: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. If the legacy is in the form of an asset other than cash or an asset listed on a recognised stock exchange, recognition is subject to the value of the asset being able to be reliably measured and title to the asset has passed to the charity. Where legacies have been notified to the charity or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

1. ACCOUNTING POLICIES - continued

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure, including irrecoverable VAT, is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Costs of generating voluntary income includes relevant fundraising and publicity costs.

Charitable activities

Costs of charitable activities comprise direct expenditure. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Support costs

Support costs include those costs, such as independent examiners' fees, associated with constitutional and statutory requirements.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life :

Fixtures and fittings - 20% on cost

Computer equipment - 50% on cost

Assets costing less than £500 are written off to the Statement of Financial Activities.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

2. DONATIONS AND LEGACIES

	2019	2018
	£	£
Donations	<u>93,763</u>	<u>111,583</u>

3. OTHER TRADING ACTIVITIES

	2019	2018
	£	£
Fundraising events	<u>-</u>	<u>197,395</u>

4. INVESTMENT INCOME

	2019	2018
	£	£
Deposit account interest	<u>184</u>	<u>70</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2019	2018
		£	£
Grants	Sailing Trips and Holidays for Beneficiaries	<u>28,150</u>	<u>137,020</u>

Grants received, included in the above, are as follows:

	2019	2018
	£	£
The February Foundation	-	5,000
Drapers Charitable Fund	-	500
Joan Braithwaite Sailing Trust	-	10,000
Englefield Charitable Trust	-	1,000
The Dixie Rose Findlay Charitable Trust	-	2,000
The Lynn Foundation	500	-
The Hedley Foundation	-	3,000
Souter Charitable Trust	3,000	-
29th May 1961 Charitable Trust	2,000	-
Lord Stewartby	-	250
Mrs Kathleen Laurence	-	750
Blakemore Foundation	-	100
The Hintze Family Charitable Foundation	-	1,000
Ian Askew Charitable Trust	-	500
Stevenson Family Charitable Trust	-	250
The J T H Charitable Trust	-	500
The Swire Charitable Trust	-	5,000
The Harapan Trust	300	200
High Sheriff of Berkshire - Graham Barker	-	500
Gladys Wightwick Trust	-	1,000
Carried forward	<u>5,800</u>	<u>31,550</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2019	2018
	£	£
Brought forward	5,800	31,550
Brigadier D V Phelps 1966 Trust	-	1,000
Marston Charitable Trust	100	250
Enid Slater Charitable Trust	-	500
Moto in Community Trust	500	1,520
The Bergman Lehane Trust	-	250
Hubert Blake Charitable Trust	-	1,000
Miss Pamela Marie Victoria Charman	-	1,500
The Majorie and Arnold Ziff Charitable Foundation	-	250
S & R Charitable Trust	-	25
Michael Cornish Charitable Trust	-	1,000
M J Hindley Charitable Trust	-	300
Christopher Laing Foundation	-	500
The Edward & Dorothy Cadbury Trust	1,000	1,000
The Jim Cousins Trust	-	1,000
The W M Mann Foundation	-	1,500
Cala Homes Community Bursary	1,600	1,500
Baron Davenport	-	500
Santander Charitable Giving	-	5,000
Leicestershire & Rutland Masonic Charity	-	1,500
The Michael & Anna Wix Charitable Trust	-	100
The Childwick Trust	-	12,500
The Henhurst Charitable Trust	-	1,000
May Hearnshaws Charity	-	3,000
Awards for All	-	10,000
The David Gibbons Foundation	-	1,600
The R S Brownless Charitable Trust	-	200
Sir John Eastwood Foundation	-	1,000
W O Street Charitable Foundation	-	3,000
Joan Wilkinson Charitable Trust	-	3,000
The Dumbreck Charity	500	500
Groundwork UK - Tesco	-	37,475
The Terry Hunt Fund	-	12,000
Payne-Gallwey Charitable Trust	3,000	-
G J Ward Charitable Trust	500	-
Ammco Charitable Trust	500	-
Ada Oliver Charitable Trust	500	-
J P Jacobs Charitable Trust	50	-
DouglasHeath	500	-
Hudson Charitable Trust	1,000	-
Marjorie and Geoffrey Jones Charitable Trust	1,500	-
Alan Jenkins Stokes Charitable Trust	500	-
Jones 1986 Charitable Trust	1,600	-
Doris Field Charitable Trust	1,000	-
Carried forward	20,150	137,020

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2019 £	2018 £
Brought forward	20,150	137,020
Hope Market Charity	3,200	-
Frognal Trust	2,000	-
Sir John and Lady Amory's Charitable Trust	300	-
Florence Turner Trust	500	-
St Michael and All Saints Churches	2,000	-
	<u>28,150</u>	<u>137,020</u>

The following amounts have been carried forward and included within creditors due within one year:

Amounts raised in respect to the Lodge £42,200 (2018: £25,500).

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs (see note 8) £	Totals £
Sailing Trips and Holidays for Beneficiaries	243,613	18,973	262,586
Support costs	-	4,947	4,947
	<u>243,613</u>	<u>23,920</u>	<u>267,533</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2019 £	2018 £
Staff costs	52,015	89,545
Consultancy fees	17,305	12,750
Sailing Trips and Holidays for Beneficiaries	139,214	137,479
Premises costs	12,770	11,572
Telephone and Internet	2,556	1,948
Postage and Stationery	2,333	1,582
Travel and Subsistence	4,500	6,193
Insurance	1,277	1,476
Computer Costs	4,459	7,322
General Expenses	744	117
Bank Charges	562	3,552
Accountancy and Taxation	4,644	1,088
Relief and Research Funding	-	20,000
Grants	-	8,864
Depreciation	1,234	1,234
	<u>243,613</u>	<u>304,722</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31ST DECEMBER 2019

8. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Sailing Trips and Holidays for Beneficiaries	18,973	-	18,973
Support costs	<u>2,607</u>	<u>2,340</u>	<u>4,947</u>
	<u>21,580</u>	<u>2,340</u>	<u>23,920</u>

Support costs, included in the above, are as follows:

Management

	Sailing Trips and Holidays for Beneficiaries £	Support costs £	2019 Total activities £	2018 Total activities £
Wages	10,373	1,367	11,740	4,131
Consultancy fees	<u>8,600</u>	<u>1,240</u>	<u>9,840</u>	-
	<u>18,973</u>	<u>2,607</u>	<u>21,580</u>	<u>4,131</u>

Governance costs

	2019 Support costs £	2018 Total activities £
Independent Examination	2,340	2,280
Legal fees	-	<u>187</u>
	<u>2,340</u>	<u>2,467</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019 £	2018 £
Depreciation - owned assets	<u>1,234</u>	<u>1,234</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

10. TRUSTEES' REMUNERATION AND BENEFITS

One Trustee, Andrew Hayward, received remuneration of £12,250 in connection with his role as marketing consultant.

Trustees' expenses

There were £472 paid in Trustee expenses for the year ended 31st December 2019.

11. STAFF COSTS

Staff costs during the year were as follows:

	2019	2018
	£	£
Wages and salaries	88,972	141,495
Social security costs	4,585	9,249
Pension cost	2,046	3,676
	<u>95,603</u>	<u>154,420</u>

The average monthly number of employees during the year was as follows:

	2019	2018
General management	0.75	1
Family liaison managers (2 part time)	2	2
Finance manager (1 part time)	0.5	1
Fundraising manager (1 full time)	<u>0.5</u>	<u>1</u>
	<u>3.75</u>	<u>5</u>

The charity considers its key management personnel to comprise the trustees with the Operations Manager being the conduit between the trustees and the small team that we have. Total employment benefits to key management personnel including pension contributions were £2,047.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2018

	Unrestricted fund £	Designated £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	111,581	-	2	111,583
Charitable activities				
Sailing Trips and Holidays for Beneficiaries	19,145	-	117,875	137,020
Other trading activities	181,785	-	15,610	197,395
Investment income	<u>70</u>	<u>-</u>	<u>-</u>	<u>70</u>
Total	312,581	-	133,487	446,068
EXPENDITURE ON				
Raising funds	98,348	-	71,661	170,009

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2018 - continued

	Unrestricted fund £	Designated £	Restricted funds £	Total funds £
Charitable activities				
Sailing Trips and Holidays for Beneficiaries	209,108	-	66,750	275,858
Relief and Research funding	28,864	-	-	28,864
Support costs	6,598	-	-	6,598
Total	342,918	-	138,411	481,329
NET INCOME/(EXPENDITURE)	(30,337)	-	(4,924)	(35,261)
Transfers between funds	57,415	(57,415)	-	-
Net movement in funds	27,078	(57,415)	(4,924)	(35,261)
RECONCILIATION OF FUNDS				
Total funds brought forward	145,144	400,000	59,166	604,310
TOTAL FUNDS CARRIED FORWARD	<u>172,222</u>	<u>342,585</u>	<u>54,242</u>	<u>569,049</u>

13. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1st January 2019 and 31st December 2019	<u>1,021</u>
AMORTISATION	
At 1st January 2019 and 31st December 2019	<u>1,021</u>
NET BOOK VALUE	
At 31st December 2019	<u>-</u>
At 31st December 2018	<u>-</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

14. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1st January 2019 and 31st December 2019	<u>1,892</u>	<u>8,791</u>	<u>10,683</u>
DEPRECIATION			
At 1st January 2019	652	7,867	8,519
Charge for year	<u>310</u>	<u>924</u>	<u>1,234</u>
At 31st December 2019	<u>962</u>	<u>8,791</u>	<u>9,753</u>
NET BOOK VALUE			
At 31st December 2019	<u>930</u>	<u>-</u>	<u>930</u>
At 31st December 2018	<u>1,240</u>	<u>924</u>	<u>2,164</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Other debtors	2,000	44,344
Prepayments and accrued income	<u>3,403</u>	<u>27,934</u>
	<u>5,403</u>	<u>72,278</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Trade creditors	4,627	8,422
Social security and other taxes	437	4,170
Other creditors	1,347	-
Accrued expenses	6,352	18,687
Funding in advance	<u>42,200</u>	<u>25,500</u>
	<u>54,963</u>	<u>56,779</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

17. MOVEMENT IN FUNDS

	At 1/1/19 £	Net movement in funds £	At 31/12/19 £
Unrestricted funds			
General fund	172,222	(160,734)	11,488
Respite - providing respite to families affected by cancer who are already talking to but are not ready to travel yet.	250,000	-	250,000
Website - monies set aside for website development to provide a better respite process and improve our digital fundraising capabilities.	12,585	-	12,585
Building - monies set aside to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.	<u>80,000</u>	<u>-</u>	<u>80,000</u>
	514,807	(160,734)	354,073
Restricted funds			
The Neil Vines Trust	14,753	(14,753)	-
Groundwork UK - Sailing for the Community	11,000	(11,000)	-
From Me to You	17,989	(17,989)	-
Young carers	-	2,000	2,000
Teen weekends for those living in the South or South East England	7,000	(7,000)	-
Families living in Devon	-	300	300
Families living in Nottinghamshire	-	1,600	1,600
The Terry Hunt Fund	3,500	(3,500)	-
Families living in Oxfordshire	-	3,921	3,921
Families living in Worcester	-	2,457	2,457
Families living in Leicestershire	<u>-</u>	<u>200</u>	<u>200</u>
	<u>54,242</u>	<u>(43,764)</u>	<u>10,478</u>
TOTAL FUNDS	<u>569,049</u>	<u>(204,498)</u>	<u>364,551</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,897	(266,631)	(160,734)
Restricted funds			
The Neil Vines Trust	-	(14,753)	(14,753)
Groundwork UK - Sailing for the Community	-	(11,000)	(11,000)
From Me to You	-	(17,989)	(17,989)
Those living in West Midlands	1,000	(1,000)	-
Young carers	2,000	-	2,000
Teen weekends for those living in the South or South East England	-	(7,000)	(7,000)
Families living in Devon	300	-	300
Families living in Nottinghamshire	1,600	-	1,600
The Terry Hunt Fund	-	(3,500)	(3,500)
Families living in Oxfordshire	4,600	(679)	3,921
Families living in Worcester	3,200	(743)	2,457
Respite care	3,000	(3,000)	-
Families living in Leicestershire	500	(300)	200
	<u>16,200</u>	<u>(59,964)</u>	<u>(43,764)</u>
TOTAL FUNDS	<u>122,097</u>	<u>(326,595)</u>	<u>(204,498)</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/1/18 £	Net movement in funds £	Transfers between funds £	At 31/12/18 £
Unrestricted funds				
General fund	145,144	(30,337)	57,415	172,222
Respite - providing respite to families affected by cancer who are already talking to but are not ready to travel yet.	250,000	-	-	250,000
Research - providing funding for further secondary and primary research at Univeristy of Brighton into the effects of attitude and exercise on cancer prognosis and recovery.	20,000	-	(20,000)	-
Website - monies set aside for website development to provide a better respite process and improve our digital fundraising capabilities.	50,000	-	(37,415)	12,585
Building - monies set aside to purchase land/buildings to offer a baseline of respite places directly through our own respite facility.	80,000	-	-	80,000
	545,144	(30,337)	-	514,807
Restricted funds				
The Neil Vines Trust	15,368	(615)	-	14,753
Equipment	329	(329)	-	-
Those living in Greater Manchester area	3,000	(3,000)	-	-
Teenage breaks and must live in Lancashire	1,000	(1,000)	-	-
Groundwork UK - Sailing for the Community	30,000	(19,000)	-	11,000
From Me to You	9,469	8,520	-	17,989
Teen weekends for those living in the South or South East England	-	7,000	-	7,000
The Terry Hunt Fund	-	3,500	-	3,500
	59,166	(4,924)	-	54,242
TOTAL FUNDS	<u>604,310</u>	<u>(35,261)</u>	<u>-</u>	<u>569,049</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31ST DECEMBER 2019

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	312,581	(342,918)	(30,337)
Restricted funds			
The Neil Vines Trust	46	(661)	(615)
Equipment	-	(329)	(329)
Those living in Greater Manchester area	-	(3,000)	(3,000)
Teenage breaks and must live in Lancashire	-	(1,000)	(1,000)
Groundwork UK - Sailing for the Community	37,475	(56,475)	(19,000)
From Me to You	15,566	(7,046)	8,520
Those living in Hertfordshire or Oxon	500	(500)	-
Those living in West Midlands	1,000	(1,000)	-
Young people living in Witney	1,000	(1,000)	-
Families living in Scotland	1,500	(1,500)	-
Families living in Reading	1,500	(1,500)	-
Young people under 25 living in Birminham and West Midlands	500	(500)	-
18 year old DH, friend and their mothers	1,500	(1,500)	-
Young carers	13,000	(13,000)	-
Families with Cancer	3,800	(3,800)	-
Teen weekends for those living in the South or South East England	12,500	(5,500)	7,000
Families living in North West England	3,000	(3,000)	-
Families living in Devon	1,600	(1,600)	-
Families living in Nottinghamshire	1,000	(1,000)	-
Families living in Lancashire	3,000	(3,000)	-
Young carers in Lancashire	3,000	(3,000)	-
Young Carers Family Break Project	15,000	(15,000)	-
The Terry Hunt Fund	12,000	(8,500)	3,500
Teanage Sailing Breaks	5,000	(5,000)	-
	<u>133,487</u>	<u>(138,411)</u>	<u>(4,924)</u>
TOTAL FUNDS	<u>446,068</u>	<u>(481,329)</u>	<u>(35,261)</u>

4 CANCER GROUP

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31ST DECEMBER 2019**

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st December 2019.

19. STATUTORY INFORMATION

4 Cancer Group is a Charitable Company, limited by guarantee, registered in England and Wales and has no share capital. No one member has overall control of the Charity.

The Company's registered number and registered office address can be found in the Legal and Administrative Information section of the accounts.