

Please complete in typescript, or in bold black capitals. CHFP001

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

	Company Number	4240534			
	Company Name in full	Sterling Teesland (Teesdale) Limited			
Appointment form  Notes on completion appear on reverse.	Date of	Day Month Year Day Month Year			
	appointmen				
	Appointment as director	X as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.			
	NAME *Style / Title	Mr *Honours etc			
	n Forename(s)	Michael LAS			
	Surname	Armstrong			
	Previous Forename(s)	Previous Surname(s)			
	Usual residential address	CATESTILL WILL MORD			
	Post town	CATES IN LAR MAND  Postcode 1965 9ha			
	County / Region	Country			
	†Nationality	BRITISH †Business occupation DIRECTOR			
	†Other directorships (additional space overleaf)	SEE ATTACHED SCHEOLLE			
* Voluntary details. † Directors only.	Consent signature	Consent/to act as ** director / sixxxxxx the above named company  Date    Consent/to act as ** director / sixxxxxx the above named company  A director, secretary etc must sign the form below.			
** Delete as approp	wiate Signed	Date 8.1.02 (**a director / secretary / administrator / administrative receiver / receiver manager / receiver)			
Please give the	he name, address,	Mrs L M F Zajac			
telephone number and, if available, a DX number and Exchange of		Europa House, 20 Esplanade			
the person Co	ompanies House should re is any query	Scarborough YO11 2AQ Tel 01723-500208			
Contact II u ici		DX number DX exchange			
A22 *A589U789* 0632 COMPANIES HOUSE 26/01/02		When you have completed and signed the form please send it to the Registrar of Companies at:  Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Welse			
		for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB			
Form revised July 1998		for companies registered in Scotland DX 235 Edinburgh			

	Company Number	4240534	 
† Directors only.	†Other directorships		 
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## NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years.

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

## Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

## DIRECTORSHIPS FOR MICHAEL LARS ARMSTRONG

Capitol Homes Limited

Sterling Atlantic Limited

Sterling Capitol Bradford Limited

Sterling Capitol Developments North Limited

Sterling Capitol Estates Limited

Sterling Capitol Group Limited

Sterling Capitol Holdings Limited

Sterling Capitol Investments Limited

Sterling Capitol Land Limited

Sterling Capitol Projects Limited

Sterling Capitol Properties (South Yorkshire) Limited

Sterling Capitol Properties Plc

Sterling Capitol Securities Plc

Sterling Capitol Developments Plc

Capitol Projects Limited

Sterling Teesland Limited

Sterling Teesland (Teesdale) Limited

MAM Development Services Limited

08.01.02